

ShiningBRIGHT

ONE SPIRIT DIVERSE VOICES

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SUMMER 2004

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THE VISITOR

Dowsing the
spirit of place

Awakening and
healing the
rainbow body

Spiritual surgery

Healing the healers

JON MARC
IN AUSTRALIA



THE SOUTHERN CROSS ACADEMY OF LIGHT

A non-denominational organisation offering a support network of loving service physically, emotionally and spiritually for all

THE SOUTHERN CROSS ACADEMY OF LIGHT

VISION & VALUES

The Southern Cross Academy of Light is creating
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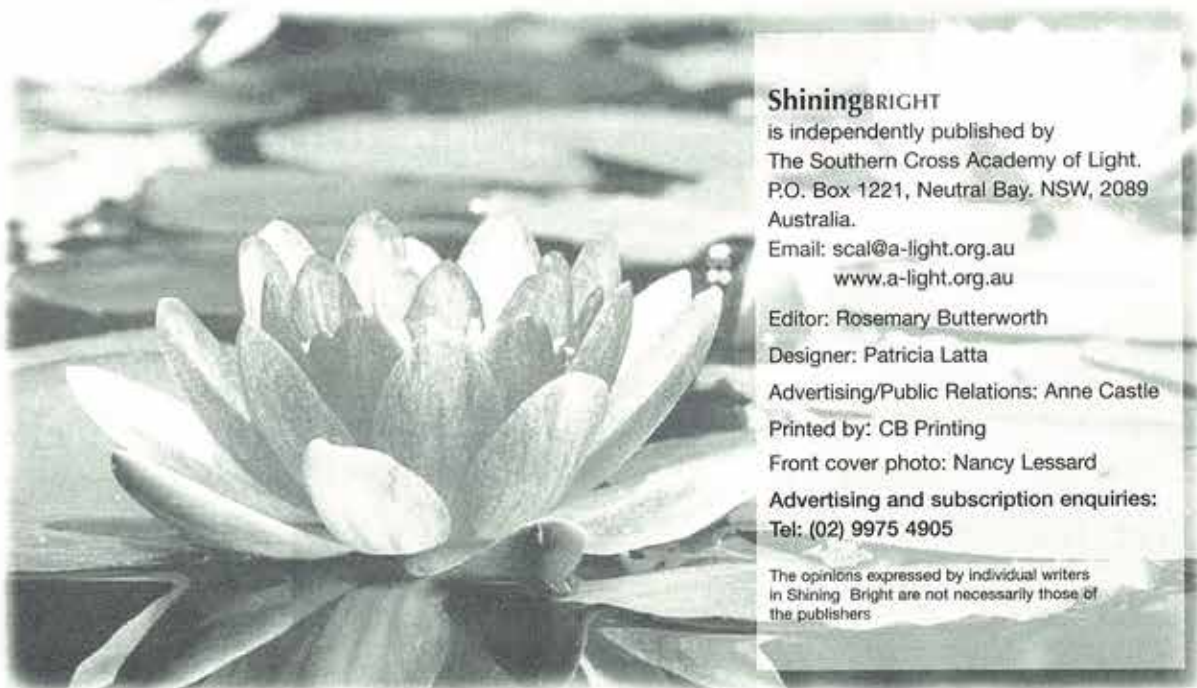
Honouring our stewardship and responsibility for the planet

PEACEFUL LIVING

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AWARENESS AND LOVE OF THE SELF

Loving, honouring and nurturing the physical body as the Temple of the Soul.



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Rosemary Bittenworth

from the EDITOR

Events sometimes are stranger than fiction. Seated across the breakfast table was a man with amazing energy. He had needed a place to stay so my husband and I had invited him to stay with us before he returned home. He had come to Sydney to speak at one of the Academy's branches. We

had not met him before.

So, here we all sat, exchanging pleasantries, when I felt a 'shiver' go through me. Emotion welled up in me as I looked into his eyes as I seemed to be remembering something. My whole body was experiencing a 'shock wave' as I 'just knew' that I had done something to this man before, long, long ago. It didn't make sense as I had only just met him.

My lips trembled and my eyes misted over as I said, "Please forgive me for whatever I may have done to you." "I know that I have wronged or injured you in some way."

He didn't think me crazy at all. He simply stood up and put out his arms to me and held me tightly and replied.

"I forgive you and ask you to forgive me for anything that I might have done to you."

It was complete. My whole body relaxed as something from ages gone by was released.

So here we were in 2003 clearing out the past – from who knows when – energy of injuring another that had been carried around in my energy field until the circumstances were right to clear it.

It is hard to imagine when our fulltime work is service to others, that in another lifetime we may be been the 'baddie'. This is a world of polarity and I have chosen to experience it. That has meant I have chosen to experience, in some lifetimes, the dark as well as the light. In order to understand 'hot', I needed to experience 'cold', 'sweet', 'sour', 'happy', 'sad', 'good', 'bad'. How could I discern one without having known the other?

It is a good game to play, to go deep inside yourself and ask – "Who is this person?" "Have I met them before, long ago?" "Why am I meeting them now?"

And when something happens that we don't like, it is good to say, "What have we here?" For maybe it is not just an accident – maybe we have attracted it to us and it is a perfect tool on our way to enlightenment.

To all our readers and on behalf of The Southern Cross Academy of Light, I would like to wish you a joyous, happy and abundant 2004.

Love and Blessings

THE SOUTHERN CROSS ACADEMY OF LIGHT

ShiningBRIGHT



FRONT COVER
Jon Marc

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January 24 Workshop "From Delusion To Evolution"

January 25 Workshop "Repairing The Net of Time"

Lim Say Fon - Spiritual Teacher from Singapore

January 26 Public Meeting/Neutral Bay Branch

January 27-30 Lim Say Fon Private Sessions

February 1 Workshop "Awakening The Soul with Mantras, Mudras & Chanting"

FEBRUARY

Roger Miles & Suzanne Stallard

February 18 Public Talk on Spiritual Surgery

February 19-20 Private sessions

February 21-22 Workshop "Spiritual Surgery & Intuitive Healing Workshop"

Jessie Ayani – Master Shaman, Author & Spiritual Teacher (USA)

February 28-29 Workshop "Awakening & Healing The Rainbow Body"

Alicia Power – International Clairvoyant, Coach & Channel

February 29 Workshop "The Empowered Soul"

MARCH

Ashan

March 6 – 7 Workshop "How To Manifest Yourself"

Bathed In Sound - featuring Dian Booth (violin)

March 12 "Experience walking The Labyrinth to The Sound of The Peace Choir, Crystal Bowls, Violin, Sacred Gongs"

Dian Booth – Sound Therapist from Central Australia

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MAY

Don Conreux – The Gong Master from New York

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IRELAND AND THE GODDESS

by Geraldine Taylor-Wood

"Shake your family tree and an Irishman is sure to fall out!"

So goes the old adage, and who amongst us has not at some time been captivated by the magic of the 'Emerald Isle'. Its poets and writers, saints and mystics go back into antiquity. Some say there were more saints per square mile in Ireland than anywhere else in the world.

Myth has it that one day St. Patrick, the Patron Saint of Ireland, was fishing off the British coast when he 'hooked' Ireland out of the sea. St. Patrick was born in AD 387 and was known for leading all of the snakes and serpents out of the land. Here we encounter strong symbolic suggestions that he typified the Christian thinking of that time, to rid land of its Paganism and earth cults, in order to impose the orders of the Patriarchy.

Snakes have throughout the ages represented the primordial energy of the feminine, amongst them the Cretan Snake Goddess, and Shakti the female aspect of Kundalini.

St. Columba from Ireland founded a monastery on the beautiful and mysterious island of Iona, what he called his

"spiritual power house". He also set up monasteries in Italy and died there. On our last sacred sites tour to Italy, I saw his relics in Bobbio where the tomb was surrounded by golden harps carved in marble attesting to his Irish roots.

The harp has always been an emblem of Ireland and lately I was told by the harpist of Chalice Well, Glastonbury in England, that when harpists strike a chord here on the earthly plane, it is mirrored by angels in the heavens. There is also a legend that says the Angels left Ireland and floated across the waters to England, playing harps as they went - subtle yet strong symbolism encoded here also.



Celtic crosses

The Goddess and Her Landscape.

For 7,000 years there has been a belief in the Goddess. She was neither named nor sought, but was nature and the land herself. No stones had yet been arranged to honour her. Her vaginal shaft filled with life-giving waters, as yet unclaimed by saints and oracles who sat at the well head. Thus the earth goddess, pure and virginal was simply the green beautiful earth, lush and fertile.

As religion entered the land of the Goddess, she took form, and the early stone circles, hilltop sanctuaries and holy wells were her abode. One of the multitude of disciples honouring her is the well known and revered Bride, or Brigid.

At the sites of Cill Dare or "Church of Oak", now stands the "Church of Ireland Cathedral". On this ancient site, nineteen holy women would tend the

sacred fires to celebrate the spirit of the Goddess. Each woman took her turn to tend the fires and on the nineteenth night, the Priestess, and later the Abbess would incant "Brigid, Brigid, guard your fire. This is your night". These fire ceremonies were, it is believed, held at Beltane and were also referred to as the "May Jewels". The May flowers were always a part of this magical ceremony which

continued on page 4

"Shake your family tree and an Irishman is sure to fall out!"



Irish Round Tower at St. Kevin's Monastery, Glendalough

continued from page 3

was the inner 'wedding', being the blessed transcendence of duality to the union of One. A Bride takes on St Bride's name and rituals when donning her white bridal dress and veil, and is bedecked in flowers and adorned with a head-dress. The new or virgin moon was always Bride's moon.

The fire ceremonies were held until the dissolution of the monasteries in the 1500's. Well hidden from view on a Bishop's tomb is a Sheela-na-gig in all her glory. Her legs are parted and her pubic hair is showing! The tomb is 500 years old.

"Tara's Hill" dates back to the first century. This is a ceremonial site which became the seat of the **High Kings of Ireland**. It is considered to be the most sacred hilltop in all of the land. Legend has it that Tara was the Gaelic Goddess Tea, who bought the Stone of Destiny here. This five foot high granite stone was used for royal inaugurations. Tea, battle queen of death and fertility would mate with the nine kings and rulers. By the sexual act, the man validated his right to kingship, and she chose who would be king. Her choice was sacrosanct across the counties of Ireland.

After years of strife, this land so rich in ancient history is now blessed with a renewal, and once more their time is come. A time to move forward out of the tangle of politics and restrictive religion and into a new era.

Let us assist the angels by imbibing the land with blessings and grace, and a prayer that the people now move forward to a time of hope and, please God, peace.

Come join us on a sacred pilgrimage to Ireland, Iona, Glastonbury and Scotland.

See ad this page for details.



Where One realises the indivisible unity of life,
sees nothing else,
hears nothing else,
knows nothing else,
that is the Infinite.

Where one sees separateness,
hears separateness,
knows separateness,
that is finite.

The infinite is beyond death,
but the finite cannot escape death.

Chandogya Upanishad

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Dowsing the Spirit of Place

by Alanna Moore[©]

In my work as a geomancer I assess the invisible hazards in the environment that can influence our wellbeing for better or worse. Looking at the overall 'feng shui' of a home or building site can involve checking out a lot more than the Chinese geomancers of old could have dreamed of. And being in Australia means addressing the haunted aspects of our landscape, so that people can avoid building on desecrated Aboriginal sites.

In times long past, people sought out sites where Earth energies were most concentrated - in springs, caves, rocky outcrops, mountain tops etc. Some became the sacred sites, which, if approached properly with reverence and ritual, could inspire prophesy or enhance healing, fertility or initiation. The intense energetic atmosphere of a site is a blend of the life force (ch'i) and consciousness of the Earth, humans and nature spirits (aka devas), with cosmic connections too.

As a dowser I've learned about the importance of these factors in the landscape, and having had many travels around Australia and New Zealand in the last few years, I've been meeting some very interesting nature spirits. (I'm fortunate in that my partner

Billy can actually see them.)

Myth, or just another dimension?

We know that ancient cultures tended to anthropomorphise the landscape, that Aboriginal lore sees the land inhabited often with huge spirit beings, in human and animal form. It never seems to occur to the average person that these beings are actually really out there, inhabiting the land, except where perhaps their sites may have been destroyed.

There are various 'species' of deva, with the 'Wandjina' and rainbow serpents being fairly common in Australia. Lizard or crocodile headed/human torsoed beings are found in Australia. The 'tanifwha' is a well known guardian spirit, in New Zealand and is given due respect by the Maori. When a highway re-alignment threatened the riverside home of a 'tanifwha' in New Zealand last November, works were stopped until the local Maori tribe and Transit NZ could come to some agreement to keep the 'tanifwha' happy. I hope it still has its home intact, because I know that 'tanifwhas' like to move around their territory.

Some people say that the bunyip is the equivalent (water) spirit in Australia.

What do you do with a wounded dragon?

Of course the Chinese have been warning us for millennia about disturbing 'Earth dragons', by mining, the building of rail and roads, blocking of wells etc. The consequences can be disturbing for local people too as whole areas 'downstream' might be thus rendered unpleasant to live in.

Earth acupuncture is often used by geomancers to harmonise Earth ch'i. This can be by erecting standing stones or 'Towers of Power'. These installations can transform the energetic character of a place and also attract nature spirits. They can help create a sacred site in one's own back yard.

Healing the Land

Australian landscapes have been particularly traumatized by the ignorant destruction of its sacred sites (while in Europe, colonising forces kept the sites for re-consecration to new gods). This has cast many shadows of sadness across the land. Sites of massacres are numerous.

Saying "sorry" to the land itself is needed in many areas. Earth healing work is best done with as much public participation as possible, suggests Slovenian geomancer, author and artist, Marko Pogacnik. He is engaged by local authorities in his own country to revive energetic centres, using Earth acupuncture (carved standing stones), and ritual singing, meditation and visualisation techniques. Pogacnik's books are highly recommended (they are published by Findhorn Press).

Future geomancy

I have a dream of a future time in Australia when local Council geomancers will be consulted before major developments are allowed. They would be concerned with maintaining the energetic harmony of a community, by the preservation of its mythic sites and places of power, and by their designation of the unhealthy places to avoid.

The latter is actively encouraged in places like Switzerland, where local Council subsidies exist to employ a dowser's services before moving or building. By helping the community avoid zones of geopathic stress, discomfort and disease may be avoided, and so in their wisdom, they must see this as good prophylactic medicine.

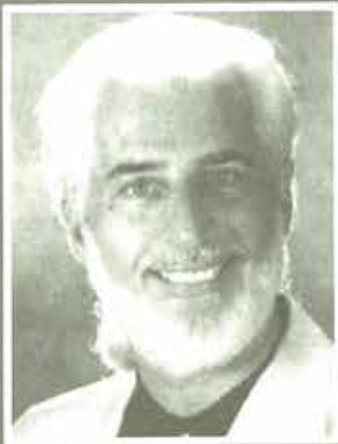
About the author

Alanna Moore has over 20 years experience with geomancy in Australasia, is the author of four books, and is currently making video films on these subjects. She comes to Sydney in February to run more workshops. Email: info@geomantica.com Web: www.geomantica.com



Ken Page

is coming to Sydney
& the Blue Mountains
in February 2004



Ken Page is a respected international spiritual teacher and healer - a gifted empath, futurist and intuitive. He has a way of touching your heart with his teaching. Ken is also the creator of "Heart and Soul Healing" and has seen over 13,000 individuals worldwide in his ongoing healing practice, assisting them to achieve full self-empowerment and creatorship.

EVENTS WITH KEN PAGE WILL INCLUDE:

Southern Cross Academy of Light meetings:

- Neutral Bay – February 2 • Inner West – February 3 • Northern Beaches – February 5

1 Day Workshop:

Healing the Healers – Staying Healthy While Helping Others

- Sydney - February 21st • Blue Mountains - February 14th

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More detail on workshops at www.a-light.org.au & more on Ken at www.kenpage.com

HEALING THE HEALERS:

Staying Healthy while Helping Others

by Ken Page and Nancy Nester

The Energy Connection:

As we help others, we are actually healing ourselves. Often, however, we do not fully or completely understand this symbiotic energy connection to all life. We assist others without any real thought to the resulting effect that energy can have upon our family and ourselves. So, if our intentions are good, and our heart is in the right place, why do we sometimes feel so tired; as if our own life force was literally being drained from us? Why do we get sick, emotionally, mentally or physically?

When Nancy and I began our own healing paths, we soon noticed that many fellow practitioners of various healing modalities would get sick, or worse, weakened or broken. We witnessed not only physical sickness but emotional and mental dis-harmony. People who are in service and put themselves out there to help others have such compassion for their human or animal friends, and yet find their nervous systems getting burned out or their energy compromised in some way.

Wanting to help others is innate in each of us. There may be no dramatic occurrence or experience that sets us in motion. We may not always know exactly what is wrong, but we are aware intuitively or instinctively on some level, that there is an imbalance, that something is just not quite right.

The philosophy of our own personal power and our shared purpose for being alive has been spoken about, discussed and taught in many arenas - both intellectually and spiritually. Merely telling you that your own sense of Self - your own power and self-esteem - is necessary, even vital for your good health, will not encourage you to read any further. Surely this is not new information being presented. Rather, our hope is that you will find a new awareness of the inner-workings of Universal energy - the life force generated by your body's own existence.


In the interim, while I am in Australia in early 2004, I would like to show you ways in which you can maintain your own energetic balance of life - to see within yourself the causes for dis-harmony so you can care for yourself both spiritually as well as physically.

Dis-harmony, dis-ease does not begin within our physical body. Energetically, every emotional, mental or even spiritual thought and action has a corresponding re-action within the physical body

Certainly every human being experiences a series of

challenges or 'tests' throughout their lifetime; often coming in the form of a loss, either health, wealth, family or personal status. Loss can present us with an opportunity to explore deeply the reasoning behind our condition. When everything around us feels like slippery or shaky ground, we all want to look heaven-ward for answers. So now the issues that were previously misunderstood become our greatest teachers.

Reaching the level of understanding that we are all one with creation, we now know how our energy directly affects the collective. Is it possible as we start to heal ourselves that we actually can change the consciousness of our past and free others who might be trapped or stuck in this whole quagmire of energy?

Ken page will be speaking at The Southern Cross Academy of Light, Neutral Bay Branch on the 2nd February and at Inner West on the 4th February. For details of his workshops and private sessions, phone Martha Heeren on (02) 9569 8525 

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Awakening and Healing the Rainbow Body

by Jessie Ayani Ph. D.

Though deploring the violence and suffering that appear to be part of the human experience, I have come to understand that the greatest tragedy in the long history of mankind was a singular event - The Fall. It does not concern me which cultural myth is referenced for this "fall from grace", nor whom one blames for the lowering of the veil. What concerns all of us is the consequential loss of consciousness that occurred with The Fall and our unrelenting struggle to regain that consciousness - to know who we are and why we are here.

It is to that end that we strive to expand our consciousness, heal ourselves in mind, body and spirit, and embody greater light. As I pursued these goals in my own life I found, to my surprise, that all gained must be lost. It was through detachment from knowledge, concepts, dogma (both Old and New Age), and the fears of survival so dear to ego, that I found liberation. The gift of surrender has been the opening to vision and, in particular, a vision unexpected, excitingly possible, and luminous. Let me try to share a brief overview of this vision.

We are compressed light geometry - sacred geometry. Our light geometry templates our holographic bodies in a series of scaffolds, which appear spectral in accordance with the Hindu chakra colors. We are born within the limitations of our consciousness to be sure, but we incarnate with all of these scaffolds of our conscious world aligned. The energy of our soul's intent is apparent in the newborn's eyes - it is flowing as if through hollow bamboo.



Unfortunately, the unconscious nature of life on Earth puts stress on the scaffolding of light geometry causing the geometry to become distorted and cluttered with filamentous pathways of thought and emotion. In the physical world, the result is degeneration, illness and eventual death. It didn't used to be this way on Earth. All of us are questing to awaken and heal our rainbow bodies. We are trying to rightfully reclaim the consciousness that our fifth dimensional template has never lost - the consciousness of our own immortality, which existed on Earth before The Fall.

The path of liberation I will describe in lecture and workshop is based on the Master's disciplines of self-observation and self-correction. It rewards us with a direct connection to God. It is with great joy that I anticipate sharing more of this vision with many of you this February in Sydney.



The Southern Cross Academy of Light presents Jessie Ayani Phd - Master Sharman



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Workshop - February 28 and 29

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Jessie Ayani Ph.D.

Master Shaman, Jessie Ayani received her spiritual training in the Andes, working the Q'ero Elders under the guidance of Americo Yabar. She has journeyed to Peru taking groups of spiritual seekers since 1994 (see www.heartofthesun.com).

Her own active spiritual path began in martial arts and Taoism which she used to balance a career in scientific research.

Jessie has a strong background in immunology, cellular biology, nutrition, biochemistry and molecular biology which she combines with the energetic knowledge to help others understand how the body works, how it becomes diseased, how it can heal and how it can achieve rejuvenation. For this reason, her workshops often represent the critical turning point in a participant's quest for wellness, enlightenment and self-realization.

One of Jessie's unique gifts is the ability to take others on a transcendent journey to the higher dimensions. She feels we must all become interdimensional navigators to make a smooth transition to the fifth dimension with Mother Earth.

Jessie's writing has evolved with her spiritual path over

the last 7 years. Her first book, *Kintui, Vision of the Incas*, and her second book, *The lineage of the Codes of Light*, have been described as a powerful truth-in-myth because they contain code-activating Truth. Reading it is the equivalent of a profound light activation. In her new release, *The Brotherhood of the Magi*, she turns to fiction to reach a wider audience of those awakening to their own magic. It is a love story with promise for the future of relationship at the same time it is full of fun, magic and characters of profound mastery.

Her passion is to see the light of God-awareness in the eyes of those who hear the truth she speaks. Jessie lives on North America's holy Mountain, Mount Shasta in Northern California. Her professional life is a rewarding mixture of writing, publishing, teaching workshops both nationally and internationally and leading aspiring adepts to the places on this Earth where spirit might touch them with magic.

Jessie says, all of us are questing to awaken and heal our rainbow bodies. We are trying to rightfully reclaim the consciousness that our fifth dimensional template has never lost the consciousness of our own immortality, which existed on Earth before the Fall.



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appear that discord is taking place, you can find pathways to better respond to the gifts that might be disguised in the experience. You will come to understand illness and disease in terms of the Soul's journey, that you might better understand *how to read the messages inherent in illness*, to aid the healing process, or just come to terms with what is.



If we are to help others, we must first help ourselves.

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Bali

Bali - the island of a thousand temples, Island of the Gods also known as the Island of *Tirtha* (Holy Water), where Holy Water is used for cleansing, purifications and strengthening, as an agent of the Power of God.

CONNECTED to the Holy Land India and with as much mystery as Tibet, Bali has much to offer the spiritual seeker who is searching for higher ground and deepening their inner connection to the Divine. This Sacred Journey and retreat is for the serious spiritual aspirant who wants to deepen their connection to Divine Heart and Divine Mind. The processes and teachings are designed to clear ego and allow access to pure consciousness within. By Divine grace we will be blessed to receive very powerful energies - some of the highest available on the planet - to enrich our soul presence. Awakening with ease and grace is the beauty and delight of this journey, delivering a truly transforming experience that can bring about profound shifts in consciousness.

Tri Tirthayatra is a holy pilgrimage that encompasses the mandala of Bali's sacred temples. Through prayer, meditation, mantra and *melukat* (ancient water purification ritual), we take a pilgrimage to ancient temples endowed with Divine Energies that the Balinese spiritual masters have anchored over hundreds of years. Connecting with these sacred sites allows us to access Divine Love Wisdom and Power on a deep and personal level.

Through ceremonial intention, meditations, cleansing, *Blukat* (devotion) and high vibrational energy processes, we connect strongly to the Divine energies of Shiva/Shakti, Mother Earth, Christ, Buddha and other Masters. By immersing ourselves in the healing energies of these sites, we are assisted in energy shifts that transform and enlighten us profoundly.

The opportunity to become deeply connected to such sacred sites as these and experience deep transformation is very rarely offered. Through a special selection of programs of spiritual practice, awareness and self development, this Sacred Journey allows us to explore extremely high vibrational energies where we can experience profoundly high states of consciousness and higher dimensional realities.

Bali Sacred Journey Dates:

12th - 25th April 2004

2th - 16th May 2004

9th - 22th October 2004

Total Cost \$4,800.00 Includes airfare, accommodation, most meals, Transference/Divine Healing, Activation and Initiation Processes, retreat program and Sacred journey pilgrimage.

Private groups are also welcome - please call for more details!

Contact Annette Williams at Lightworx on 02 9945 0826
email: annette@lightworx.com.au



www.lightworx.com.au

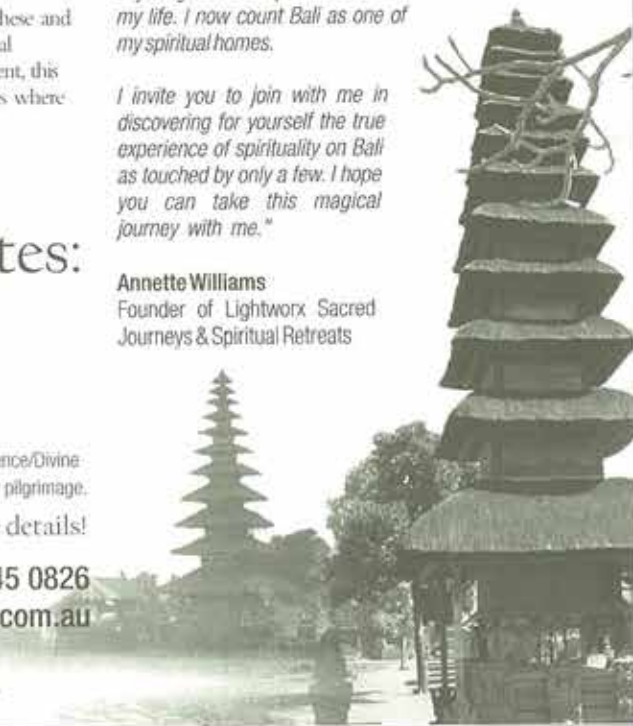


"I have been traveling on spiritual retreats to wonderful places like South America, Nepal, India over the past 8 years for my own inner awakening. However, none of these places have affected me as deeply and as spiritually as Bali."

Last year while visiting Bali on a personal spiritual retreat, I was taken by a Balinese spiritual elder to "receive blessings", as he put it, at sacred temples and sites not normally visited by overseas visitors to the island. At these magic and mystical temples I experienced a profound awakening, greater than anything I have experienced before in my life. I now count Bali as one of my spiritual homes.

I invite you to join with me in discovering for yourself the true experience of spirituality on Bali as touched by only a few. I hope you can take this magical journey with me."

Annette Williams
Founder of Lightworx Sacred Journeys & Spiritual Retreats



EMPOWERING PEOPLE FOR LIFE

What are you teaching your children by example ?

by Leanne Neilson

"Your children are not your children, they are the sons and daughters of Life's longing for itself. They come through you but not of you,

You may give them your love but not your thoughts, for they have their own,...

You may house their bodies but not their souls, For their souls dwell in the house of tomorrow, You may strive to be like them, but seek not to make them like you,

For life moves forward, not backward, You are the bows from which your children, as living arrows, are sent forth.

Kahlil Gibran-The Prophet

All children come into this world with an enormous resource of unlimited potential, so how do they grow up to become anxious, sad, confused, overweight, addicts, physical, emotional and sexual abusers, and in general, adults that are unhappy with themselves, and the quality of their lives?

Children are born innocent and good but know it themselves only by reflection and by the way they are treated. They begin to learn about themselves through the mirroring eyes of their parents and this is where they will see and recognise themselves for the very first time. Our parenting forms children's core beliefs about themselves. These beliefs, along with their experiences of growing up within their family environment, will become the internal map that they will use to guide and shape every decision they will make - decisions about who they are as a person, and their place in the world. Because these decisions are powerfully motivated by their own view of themselves, they will in turn only create destinies that they believe are possible and appropriate for them.

As parents we are then required to ask ourselves the question, "what did we learn from our parents about life, and what are we now teaching our children by example?"

Are we teaching our children the life skills and mirroring for them qualities that providing for them an internal map of how to be the very best person you can be?"

In our families we learn about relationships, intimacy, communication, money, conflict resolution, work, sex, socialising, success, God, expressing emotions, what the rules are about being a man/ a woman, how to cope with stressful situations, self-worth, self-esteem, and what you



must do in order to feel loved and accepted. That's all behaviour actually is. You learn to "be" a certain way to "have" what you want. A child may learn to "be" good, smart, rebellious, sick, a clown, and many other forms of behaviour, in order to "have" what they need and want, the parents' love, attention, approval and acceptance. Unfortunately, what the child can also learn is that I am most loved when I am not being myself.

Accumulating scientific research shows that this is how we begin to be set up for things like addictions, eating disorders, mental illness, insecurities, jealousy, the need to be in control, and compulsive, co-dependent behaviours. As we grow into adults, we continue to play out the same behaviours that were once part of how we creatively adjusted to our past environments in order to survive and receive the love we wanted. These same behaviours though, may be interfering with our ability to effectively function, be happy, feel fulfilled, achieve our dreams, and tap into our potential.

It's important as parents to recognise and acknowledge within ourselves the behaviours, attitudes and expectations we have that may be affecting our ability to role model for our children. These include qualities such as free expression of feelings, thoughts, affection, and our dreams, effective problem solving, relationships where both parents are personally empowered and able to meet their own and each others needs, model emotional honesty, individuality, respect and the capacity to laugh, play and have fun.

We ourselves learned from our own parents the rules of life by which we are now living, and are these the same rules that we want our own children to live by, and in turn, go on to teach their children? The future of our planet depends on our children's conceptions of themselves, and that view of themselves, and their ability to be all that they can be, is shaped by us as adults and parents.

*EMPOWERING PEOPLE FOR LIFE – Phillip McKewin
Will be speaking at Academy's Neutral Bay Branch
22nd March, 2004 7.30p.m.*

*www.PersonalPower.com.au Email: phil@personalpower.com.au
Phone: 1300 788 030 Mobile: 0413 401 533*

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*The art of living fully,
laughing joyfully,
loving wastefully and being all
that you can be...!*

**Les Dyer visits Sydney in January
for the Academy!**

Let this remarkably loving and inspiring spiritual teacher enliven you with his humour, his joyousness, his parables, his compassion and his life-changing wisdom!

The author of 4 extra-ordinary books (including 'The Return Of The Master', '100 Peaceful Meditations' and 'Finding The Special Person Who Lives Within') and over 20 programmes (from Christ Consciousness and Authentic Spiritual Healing to Zen and Buddhism)

Les has run over 350 deeply spiritual workshops and retreats.

SYDNEY: JANUARY 2004

**'Why Do Bad Things Happen To Good People?' Monday 19th, 7.30pm
at St. John's Uniting Church Hall, cnr. Yeo & Barry Sts., Neutral Bay – Academy Branch Meeting - \$11**

**'The Art of Living Fully, & Laughing Joyfully'- lunch with Les Tuesday 20th January, 11.30am
BYO LUNCH TO SHARE The Bay Road Art Gallery, 15 Bay Road, Arcadia - \$10**

**'Channelled Meditations From Mordechai' Wednesday 21st, 7.30pm
at 290 Bondi Rd., Bondi.– Academy Branch Meeting - \$11**

'From Delusion to Evolution' Saturday 24th, 9am - 5pm

**'Repairing The Net Of Time' Sunday 25th, 9am - 5pm
at Roseville Public School, Archbold Rd., Roseville 9am – 5.m - \$95**

What others have said.....

"I now look forward to living a life of the heart! I love you and thank you for your many blessings." Nick, Sydney

"Les is truly loved by all who are fortunate enough to know him. To simply be in his presence is, itself, an awesome spiritual experience! His unselfish and loving help is something to behold" Dr Frank Wadsworth, NSW

"When one listens to Les Dyer the mystique and esoteric are explained simply, with a divine touch." Jean Luc, Blue Mountains

"I have finally got REAL! He unlocked my true spirituality". Marea R, Airlie Beach, Qld
"He made me see that I felt that I was on an island and nobody could come and save me - but he has allowed me to rescue myself. I felt as if we'd been friends for years." Leanne, Moranbah, Nth Qld.

"I had a wonderful day! I am very positive about life now!" Elsbeth Roth, Melbourne.
And about 'The Return Of The Master': *".....You won't be able to put this book down! It is brave, truthful, funny and absolutely enlightening." James Twyman, author and Peace Ambassador.*

Les is also available for a limited number of spiritual healing/past-life readings/private channelling sessions. Also hospital/home visits for the sick. Spirit-guided healing tapes, fully personalised, also available.

**Bookings & Enquiries
(02) 9975 4905**



**BROCHURES, ALL BOOKINGS & ENQUIRIES:
THE SOUTHERN CROSS ACADEMY OF LIGHT (02) 9975 4905**

Mr Dyer's extensive programmes across Australia, the US, Canada, Spain & China in 2004/5 make his Sydney visits through the Academy an especially invaluable opportunity to spend quality time with this loving, spiritual teacher.

SPIRITUAL SURGERY

The Miracle of the Laying on of Hands

by Roger Miles

Imagine for a moment that you had the belief that through your hands you could heal people of common everyday health difficulties. Pretty amazing concept isn't it? We are going to offer you just that gift here and introduce a simple form of "hands on" healing that anyone can do. If you can stretch your mind and the beliefs that you hold, if you are willing to allow that there is more to this life than just the world we see, if you can accept that there are forces beyond this dimension, then the concept of Spiritual Surgery will place a healing gift in your hands that can change the quality of your life and those around you.

It is important not to confuse Spiritual Surgery with Psychic Surgery. Spiritual Surgery is a non-evasive modality. It requires no skill, involves no sleight of hand and contains no tricks. You simply provide the connection that enables the healing to take place.

This amazing connection has provided us with incredible personal assistance over the years in all manner of health issues, from removing menstrual pains to structural realignment. From healing burns to speeding the body's healing process in everyday ills and it was during the course of the interaction we discovered that we were both able to find Surgeons for others.

Spirit Surgeons have been just ordinary, everyday people, some with previous healing interests, all with common desire to be of service to humanity. They come from all areas of the planet and might have "died" anywhere between 5 to 2,000 years ago. We have 'brought forward' English surgeons, country doctors, wartime nurses, nuns, Chinese fishermen, monks, indigenous peasants, gypsies and priests. The Spirit Surgeons appear to choose us for reasons of compatibility and when we train people with this process, we normally "tune in" and clairvoyantly provide details of the Surgeon who usually appear as they were in a past life.

It takes no particular skill or intuitive wisdom to perform Spiritual Surgery, only a willingness and patience to allow the surgeons to work through us. This wonderful process can be used by healers already working with other

modalities, or by the individual who would like to be able to help friends and family in times of physical distress.

While our lives for the past six years have been dedicated to publishing the "Way of the Heart"- ELOHIM Journal, hundreds of people in Australia, the USA and Mexico are now in touch with their surgeons through our workshops. While it was never our intention, Suzanne and I have become intrinsically linked to this particular healing modality and are now undertaking a continuous program of "Intuitive Healing" workshops in both Australia and the USA to explain this process, connect people and take them to a greater level of healing ability.



Don't miss Roger Miles & Suzanne Stallard's public talk on 'Spiritual Surgery' on the 19th February at Crows Nest Centre, 2 Ernest Place, Crows Nest. Cost \$15 Bookings 9975 4905

This is a prelude to their two day workshop where they will teach and share their knowledge.

Roger Miles. Copyright 2002

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Cost \$275 - Earlybird \$247

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THE VISITOR

A Modern Parable

by Les Dyer

Mr Bill Carruthers, a highly professional something or other, shuffled angrily from room to room. It was his day off and he was far from pleased with the prospect.

It didn't seem to matter what he did, or where he went, he was perpetually simmering with violence. Not that he could express it, of course. In fact, it had been years since he had truthfully expressed anything other than the most glib of statements. Nor did Bill Carruthers even realise that he was carrying such rage as he had perfected the art of preventing any outbursts of what he termed 'inappropriate behaviour'. He preferred to keep it under lock and key where it was safe.....

In the kitchen, Mrs Carruthers washed the dishes with meticulous care. She undertook every chore with meticulous care. The making of the bed had become a masterpiece. The ironing took all her concentration. Her brow puckered and then relaxed in an undulating rhythm as she searched for loose threads on the carpet during her daily vacuum. Each meal, many eaten alone due to Mr Carruthers' sudden and irregular absences, were prepared with the rigidity applauded by the authors of the CWA cookbooks. The same artificial flowers lived in the same vase in the same spot and looked out over the same spotless scene year after year....

Only the battery of photos on the wall changed. They grew. First there were photos of just one child: the doctors simply said 'sorry'.....Then another who almost made it to marriageable age.....Over the years, more reminders were added: Mrs Carruthers' Mum. And then her Dad. Then a sister. She hadn't spoken to her before she passed over, she was still too angry. But somehow she still felt lost and alone, a part of herself missing, even after all these years... Then Mr Carruthers insisted on adding a framed print of his own Dad. Strange that, he always called him 'a bastard' when he was alive, thought Mrs C. She didn't understand it at all. Mr C thought that Mrs C didn't understand anything that was important to him. Which was, ironically, both a disturbing and strangely comforting thought. That's why he didn't suggest adding another photo of another girl and her child, now just a painful, stretched out echo that sometimes

Before him a rather st gentleman who introduced himself as



cried out for justice from the deepest dungeon in Mr Carruthers' long and grief-stricken memory.

Still, life went on. It wasn't exactly Disneyland. It didn't require rocket science. And you didn't need to be a psychologist to see it wasn't the most awesome adventure on the planet. Mr and Mrs Carruthers could agree on one thing: at least to themselves (if not to each other), life was virtually pointless and utterly boring. It was a facade with nothing of real meaning to prop it up - except the endless habit of repetitiously doing things.

Mr Carruthers was reading the Sunday paper when the doorbell rang. Mrs Carruthers, washing up the breakfast dishes (her 10am Sunday chore), called out "Will you get that, Bill?" She had used that phrase all her life. Bill moved to the door without answering, as usual. Before him stood a rather striking gentleman who introduced himself as God. "Who did you say you were?" asked Mr Carruthers. "God" replied God, smiling so brightly it was as if a thousand watt globe was standing on the porch. "Please come in" stammered Mr Carruthers, dazzled beyond common-sense. Mrs Carruthers ran into the room, still wiping her hands on a teatowel. "Thank you" murmured God as he entered the Carruthers' home, dimming his light enough to allow his hosts to see him. "Oh, my God!" gasped Mrs Carruthers as she sank into a chair. "Perfectly true" beamed the Divine, smiling as only He could. "What do you want with us?" whispered Mr Carruthers. "Want with you?" roared God. "I've just come for Morning Tea!"

The three sat down and discussed life, love and the pursuit of happiness over a hurriedly-made warm pot of Earl Grey tea with Tim Tams, served on the Royal Doulton teaset which Mrs Carruthers had proudly displayed in her china cabinet ever since her marriage. Neither Mr nor Mrs Carruthers remembered a single word of the conversation.

"Time to go! More people to see!" winked God as he rose to leave. "Oh, so soon?" wailed Mrs Carruthers. "We shall never forget this honour". "No sir" staunchly added Mr Carruthers, his eyes misting over in a strangely unaccustomed manner. "We will always honour your presence here today". "Really?" asked God, an amused smile playing around his lips. "Why? You haven't in the past". "What past?" gasped Mrs Carruthers. "Why, the time I came as your daughter: I couldn't stay in the flesh but I thought a short visit was far better than never. And then I came as your other child. Didn't we have such fun together, eh?!"

Two sets of eyes filled with tears. "We did" sobbed Mrs Carruthers, gently holding onto her husband "What about when I came as your sis-



ter? You never honoured me for being me! You only thought of you and your own needs".


"I didn't know who you were" implored Mrs C. "Yes you did, my child" replied God. "Deep inside you knew which is why you locked my memory away. Yet, still I love you". Mrs Carruthers fell into the open arms of the Divine. "Forgive me" she implored. "Forgive yourself!" he answered. "How?" she cried. "Love me! Love me in every form with which I fill your every living moment! Love me wastefully! Love me fully! Love me without end!". Mrs Carruthers eyes shone with a brightness not seen since the moment of her birth, and she broke into tears of pure lightness and joy.

God turned to face a trembling Mr Carruthers. "Will you love me, too?" God softly asked. Mr Carruthers nodded, too shaken to use words. Tears fell from his heart in a torrent of inexpressible grief and hurt. He, too, found himself in the glowing, healing embrace of the Divine.

And then God was gone. The Carruthers were, once more, seemingly alone. Yet, they somehow knew they never were, and never had been.

Thereafter, looking into each other's eyes, they seemed to see something intense flickering brightly within one another... Embracing (as they often afterwards felt the desire to do), they sensed something special passing between them... And sharing with each other became a new pastime which brought them much pleasure. It was as if they heard the song of life, anew...

The photos are still on the wall. More have been added, including one of a young mother and her child. But the apidistra has been moved, along with most of the furniture. There's a freshness and vitality about the place. Mr and Mrs C both look forward to Sundays, to renewing old friendships, making new ones and undertaking wild adventures. And they always use the Royal Doulton for morning tea.

Les Dyer is visiting Sydney in January for a series of talks and workshops hosted by the Academy. Don't miss this international author, spiritual teacher and healer! This parable was inspired by his extra-ordinary spiritual process called "REPAIRING THE NET OF TIME" (the spiritual reconciliation of the past). 

He, too, found himself in the glowing, healing embrace of the Divine

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Sat/Sun, 15/16 May - 10am to 5pm

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Bookings & venue information:

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Illumina received the Sacred Sexuality codex system after being diagnosed with an ovarian tumour early 2003, for re-patterning and lifting of core wounds between male and female in relationship to sexual distortions held in cellular memory. Her ovary is fully healed.

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Covering: • Scanning the Soul's History • Clearing Fear from the Soul Archives • Telepathic Mentoring • Fast Tools to Release
• Powerlessness • Increasing the Speed of Awakeness

Date: Sunday 29th February 2004 Time: 10.00am - 5.30pm

Investment: \$95

Cabaret - Alicia in Concert - 28th February 2004
Mosman Art Gallery and Community Centre

Bookings and venue details for ALL events contact:
Academy Head Office (02) 9975 4905

Information on Alicia Power's events, consultations, tele-seminars and coaching products are available on www.aliciapower.com, and www.karinya.com/oberon1.htm

FREEDOM to choose

by Alicia Power

When it comes to being free there are a couple of thoughts I'd like to offer. One is that freedom comes at a price (effort) and the other idea is that to be truly free one has to let go of whatever is keeping you imprisoned in the first place...

Free Will Training

The key training I have received from my guide Oberon is Free Will training. That has looked something like opening to old fears (old meaning millennia old) and learning how to internally position myself beyond fear at points of decision-making.

What this has helped me do is move my external reality screen according to my own preferences. There is an old saying that literally NOTHING happens without your intention. At some point deep down everything is set according to your own divine plan as well as being governed by the archives of your unconscious.

Collective Fear

Now, the archives of the unconscious are almost unlimited. One could argue that we are affected by every thought everyone is thinking – and has ever thought – in the human collective mind. So how can we change our being affected by this vast influence?

There are a couple of big clues.

We can take steps to eliminate our connection to the collective human mind. To do this you have to eliminate fear. Fear, you see, is just a thought that has "got in the way" of loving. Without fear there would be only love – that is our natural state as we have often heard. So fear is what is left when love gets pushed out of the way. The "pushing" is done by intelligent thoughtforms or entities. They bring on our challenges and for that we can thank them – for in challenging them and choosing to love, we grow. However, they trip us up, wind up our deepest fears, blow them out of proportion – all so that we get sucked into a whirlpool of whatever horrible (less than preferable) feeling we're having at the time.

And – they're very good at their job. So they look at our archives and decide which of the deepest fears they want to tweak – persistently until we buckle and make it a permanent point of view.

Outsmarting Fear

Now – if we as a race were a weeny bit more clever about what is happening right inside our own head and



heart – the extraordinary battle for our attention that takes place every moment – we'd be so much better off.

Not only would we not take as much notice of fear thoughts – we'd be able to feel/observe the results of clear thinking.

Clear thinking is simply perceiving without fear. This is not really an enlightened state – it is simple *au naturel* – the state to be as a normal human.

And THAT right there is free will perception. First of all, understanding WHO is fighting the battles for our attention – then observing those skirmishes long and hard until you learn the truth of what has lain hidden under the guise of "normality" for so long.

Free Will is learning to love without fear. It is also learning to choose without fear. The first step to loving and choosing without fear is learning who and what fear is so that you can ignore or choose not to attend to it. You can even bless it for the lessons it gives us and not give energy to it. Fear is a being that rattles around in our unconscious turning over tables and chairs and creating a ruckus so that we come looking to see what is happening. That is its design. To divert our attention away from love thereby giving us the opportunity to strengthen our resolve to love.

Isn't THAT a wonderful trick? We get to win the game – IF we play the game 100% and don't ignore this dynamic because we think it's too hard.

Alicia Power is an international clairvoyant coach and channel, who is available for personal coaching and mentoring. Check www.aliciapower.com for details of seminars, tele-seminars, consultations and coaching products. See advertisement on page 16.



The glory of the One who moves all things penetrates all the universe, reflecting in one part more and in another less.

Dante

Realise there is no 'me'. There is only That recognising itself through perception of form.

Gangaji



The Return Of The Master

Les Dyer

THE RETURN OF THE MASTER

By Les Dyer
AUD\$29.95

Do you believe in ET's? I mean, if one came to your home - actually invited itself to dinner - and then sat down and talked to the family about how to live life fully, love wastefully and be all that you could be - would you believe it was really happening? Would you be scared? Would you be simply intrigued? Or do you believe the whole idea is utter nonsense? Les Dyer believed it was utter nonsense - until it happened! But the visitor wasn't an ET. He said he was Jesus, and he complained that no-one had listened to his real story and his real philosophy for 2,000 years - which is why he'd returned. Why did he visit Les Dyer you ask? "Because you don't believe in me. So you have no in-built hang-ups." Jesus answered. "And because you've proven yourself to be a spiritual teacher and a writer. And I need my words written down

correctly this time". This, then, is the incredible story of this most amazing visit by Jesus to Les Dyer. It's an incredible story full of new parables, mayhem and extraordinary truths.

Testimonials:

James Twyman wrote "You won't be able to put this book down! It is brave, truthful, funny and absolutely enlightening".

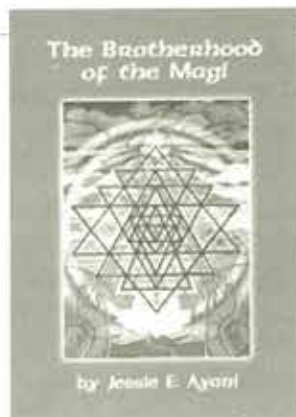
Gay Ashman, creator of 'Holographic Essences' wrote: "If Jesus were to return to Earth this is EXACTLY what he would teach us now! So, if 'Conversations With God' changed the way you think, then 'Return Of The Master' will take you further! The book has the tools to change every other facet of your life - almost every page has a message! A brilliant book".

LOVE'S ALCHEMY

By Sky
AUD \$35.00

The aim of this book is to awaken our spiritual intelligence, fulfilling humanity's purpose in the evolving cosmos. After reading this work, Gillian Helfgott, wife and muse of celebrated pianist David Helfgott, wrote, "Love's Alchemy" is an experience no one should miss. I cannot think of a better companion to have than this book. It truly enlightens."

Judy Cassab, renowned Australian artist said, "As a practical application of love, both personal and global, I found this book riveting! It spoke to me in a voice I instantly recognized and have always known in heart". It is not a book to read from cover to cover, but a book to keep referring to, for in it Sky offers various simple practices using the stuff of our everyday lives as the precious lead for the fires of alchemy.



THE BROTHERHOOD OF THE MAGI

BY JESSIE E. AYANI PH.D.
AUD \$25.00

Journey high into the Andes on a spiritual quest that will change forever your relationship with the Earth, your fellow humans, and your own soul. The Sisterhood of the Sun meets the Brotherhood of the Magi and their highest spiritual warriors, the Order of the Ruby, as the planets align with the Great Central Sun. Filled with archetypal wisdom, spine-tingling truth, magic and myth, The Brotherhood of the Magi transcends the limitations of this dimension, and provides a blueprint for higher consciousness. Above all, Ayani has given us a love story from the stars - a gift of hope that models new relationships for the coming Golden Age.



Books are available from The Southern Cross Academy of Light office: phone (02) 9975 4905

THE ENIGMATIC AND MYSTICAL MOON



Yildiz Sethi B.Ed. Grad. Dip. Couns. C.A.C.H. is a Vedic Astrologer and Counsellor living and working in Roseville, Sydney. Yildiz is available for a variety of astrology readings, emotional and relationship counselling and tuition in Vedic astrology. You may phone her for further information on 02 9416 6440, mob. 0412 172 300 or visit her web page on <http://www.netspace.net.au/~sethis>

Vedic Astrology forecast for January through to March 2004 using the Vedic Sidereal method of casting charts. The Sidereal method gives the exact position of charts at birth. Vedic astrology uses only nine planets, Moon, Sun, Mars, Mercury, Venus, Jupiter, Saturn, Rahu and Ketu. (Rahu and Ketu are the north and south nodes of the Moon). In the Vedic system nine is a spiritually significant number, therefore only nine planets are used.

For Sidereal Aries Rising or Moon in Aries.

A time of higher learning and long journeys – focus on yourself and perhaps do some self-development and nurturing. An excellent period for study of any kind. 25th February is very good for starting something new, going for that new job or pay rise. Have patience though as it might not actually come into fruition until later – possibly May.

For Sidereal Taurus Rising or Moon in Taurus.

A holiday, pilgrimage or homecoming in some way is likely for January. When planning for year ahead, best to wait until after 8th March. Training & self-development courses will have a lasting and beneficial effect. Make sure you leave time for those people who are important in your life. January is a time to connect with loved ones.

For Sidereal Gemini Rising or Moon in Gemini.

Saturn is retrograde, leaving you feeling a little frustrated when things don't move quickly. Saturn is a great disciplinarian and will encourage you to pay more attention to detail, and practical things. Spend time planning. Moving ahead after March 8th.

For Sidereal Cancer Rising or Moon in Cancer

January – a time for love and romance – enjoy it. Rethink in February about career and what you want. Plan how you are going to achieve your dreams. This

whole quarter is a good time to socialize and could lead to some lucky new contacts and opportunities.

For Sidereal Leo Rising or Moon in Leo

January brings praise but be diplomatic and patient in February as you try to put your ideas into action. February should be good for romance. In March, things should be flowing well for you, as those around you will be 'on side'.

For Sidereal Virgo Rising in Virgo

A period where you focus on home and personal happiness. Maybe renovate or consider relocating. Avoid hasty decisions as they may prove costly, especially in February. Turn to spiritual practices and meditation to help you find patience and fulfilment. A change of job or reorganizing work in March.

For Sidereal Libra Rising or Moon in Libra

A very significant time for you. Going deep into self-reflection could lead to changes in both your inner and outer worlds. Chance to clear out clutter. Love comes into strong focus – either sorting out the old relationship or forming new. March – uplifting.

For Sidereal Scorpio Rising or Moon in Scorpio

January is inspiring for ideas around career. Favourable time for promotion but February may bring frustrations however it is a good time to focus on your relationships and also home life. March should see things come to fruition.

For Sidereal Sagittarius Rising or Moon in Sagittarius.

Great time for you although this period may be a little uncomfortable for some but has the ability to bring great peace and satisfaction if you use this energy appropriately. This is also a good time for love and romance.


For Sidereal Capricorn Rising or Moon in Capricorn

Work and career dominate your mind during this period. Take a well-earned break in January and relax and enjoy yourself. Budget in February and March is a creative time for you if you allow yourself to think outside the square.

For Sidereal Aquarius Rising or Moon in Aquarius

This is a very creative and inspiring time for you. This is a time when you can make plans for the future. However wait until after March 8th until Saturn comes out of its retrograde motion in order to put your new ideas into action. February or March is an ideal time to take up a hobby.

For Sidereal Pisces Rising or Moon in Pisces

During January, Mars transits through Pisces will give you a lot more get up and go than normal. As you will be more direct than usual some TLC may be required in your family life. Direct this extra energy into your work life. March is a great time to take a holiday or retreat. Your work life and earning capability is in focus this year. 

THE WANNABEE FOUNDATION

The Wannabee Foundation brings hope to children and families that they can reach their potential and grow to be who they want to be.

The Foundation was born out of a recognition that so many children were struggling to read and learn at school, and that these children were feeling so devastated that they were not clever, not as smart as the others, and plain dumb and unless helped, this was how they would see themselves for all their life.

There had to be a reason why one in five children in Australia could not grasp reading when we pride ourselves on every child having an education. The question was what had changed in the world? or what had changed in our children? The answer came that both had changed.

Humans are evolving, and our children are showing us the way. They are being born with such high sensitivity that their bodies react quickly and in a dramatic way to their environment. So what has happened to change the environment for us to see such vast numbers of children struggling with their learning and happiness?

The world has never experienced so much environmental pollution before – in the atmosphere which we breathe every day are heavy metals, petrol fumes, chemical sprays, and cleaning agents. Our foods are so highly refined that nutrients that were vital to life force, have been removed and replaced with artificial additives and preservatives – labels now carry numbers and not names! Fresh fruit and vegetables are sprayed with chemicals whilst they are growing and as they are packaged for the markets. Children are exposed to arsenic on treated-pine wooden play equipment, and toxic plasticisers on moulded plastic swings and slippery dips. Electro Magnetic Radiation is around us all the time – television, microwave ovens, electric clocks, computers, playstations – all emitting levels of radiation that affect the emotional and physical wellbeing of the children. These are just a few examples, and you can add more.

All this and more proves to be an emotional and chemical cocktail for our beautifully-talented, highly creative and inwardly-knowing children, whose bodies react and exhibit different symptoms so they are labelled as Attention Deficit Disorder, Hyperactive, Aspergers Syndrome, Conduct Disorder, Dyslexic, Obsessive



THE
Wannabee
FOUNDATION

Behaviour, Bullies, Shy and much more.

The Wannabee Foundation goal is to help families with young children by providing ecologically-sustainable lodges where they stay with their young children and live a lifestyle that encompasses learning how to grow and cook 'real food', exercises that help to integrate the brain, meditation, arts, and crafts, together with fun and laughter and specialist practitioners who work with children.

Here the families will be assisted in bringing balance and harmony into their lives and re-creating positive family relationships. All of this will help the children to overcome their learning difficulties, to find their passion, and to recognise that their differences are what make them so special and unique.

It is planned to build a business in children's publishing, film and theatre to assist in funding and to reach children with positive stories through mediums that they will enjoy. In 2004 we would like to put on a concert to help fundraise for The Foundation to build the eco-lodges and bring greater awareness to people.

The Wannabee Foundation currently runs seminars and workshops for parents and children to create awareness of different ways to improve health and learning.

There is a schedule of events for 2004 on the website www.wannabee.org.au and if you would like a venue closer to you, we can arrange for different speakers and workshops to travel to your area. In return we request your assistance in gathering the parents who would like to hear of ways to improve their children's health and learning.

Please refer to our website at www.wannabee.org.au for full details of the basis on which information is provided by The Foundation.





DIARY of events - NEUTRAL BAY BRANCH

January, February, March 2004

Monday Nights at St John's Uniting Church Hall,
Cnr Yeo & Barry Streets, Neutral Bay (enter off Barry Street)

All evenings start at 7.30 pm and
end around 9.30pm to 10.00pm
Cost: \$11 (includes refreshments)

If you are interested in presenting on a Monday night please call Victoria
Keys Phone: (02) 9949 2638. Mobile: 0402 439 191.
Email: victoriakeys@breathe.com

Or Head Office (02) 9975 4905. Email: scal@a-light.org.au

12 Jan 2004 Re-opening (after Christmas Break)
Phil Gruber (from the USA)

Discover the Secrets of Kathara

We are in the midst of changes so profound that there are no references in our recorded histories preparing us for what is known as transmutative dimensional ascension. Hear about the "Stellar Bridge", the long forgotten teachings of the inner Christos, the truth of our angelic heritage, the true nature of Karma, the physics & sacred geometries of interdimensional consciousness, the secrets of the Indigo Children and the realities of Bio-Regeneration - the reclaiming of our Original Organic Imprint for Health. Phil Gruber has been called a "magical genius". His enthusiasm, kind spirit, sparkling wit and intellect, make him a very popular speaker on the international metaphysical scene.

19 Jan 2004
Les Dyer (from Q'land)

How to Lead in a Post-Male, Post-Modern, Post-Freudian, profit-driven, no holds barred, society! A fun night!

Les Dyer has written four extraordinary spiritual books and facilitated over 350 spiritual retreats and workshops around the world. Thousands of people have been touched by his intense sense of love. He is a dynamic and forthright speaker, who manages to entertain, inform, challenge and inspire, and is noted for his humour. He is visiting Sydney for a week of talks and workshops - don't miss him.

26 Jan 2004
Lim Say Fon (from Singapore) In Sydney for one week only
Journey To Your Inner Self + Market Night

Lim Say Fon teaches various meditation methods that open you up to treasures we have forgotten. Powerful mantras that vibrate in our chakras, and awaken our soul. The secret of Mudra (hand gestures) will have you marvel over the power of healing & manifestation that tap energy from the universe. Simple yoga postures will be demonstrated to enhance our spiritual development, improve our health, and opening up our chakras. This in turn will develop a powerful yoga movement that will cleanse and solidify our aura.

2 Feb 2004
Ken Page (from the USA)
ONE or SEPARATE?

Ken Page had devoted the last 25 years to spiritual development and teaching. He is a gifted empathic healer who has pioneered Heart & Soul Healing. He has done healings on more than 15,000 individuals. He will talk tonight about what it really means to be One with the Source, how we can achieve it, and the inner peace and balance it brings.

9 Feb 2004
Dr Mark Greathead
Peace Prosperity and Joy Consciousness

Originally a veterinarian, Mark will talk about Intention One products and services involving Health, Education, Agriculture, Love and Kindness, Anti-Ageing and more. All of whose primary function is to assist individuals to align with "all that is".

16 Feb 2004
Jessie Ayani - Master Shaman from the USA
Awakening and Healing the Rainbow Body

Author, and spiritual teacher Jessie Ayani travels the world sharing the truth and wisdom of the path of liberation. For ten years, she has received the energetic teaching of the last Inca Priests and Priestesses while in Peru and Bolivia. Jessie has, through her training, come to see everything in the universe as light filaments. This evening she will introduce you to the light geometry that templates your multidimensional holographic body. Alleviating stress and distortion from this rainbow body scaffolding restores health, re-engages the soul's intent, and opens the door to your enlightenment.

23 Feb 2004
Alicia Powers (from Q'land)
MYSTERY- What Makes Magic Happen? + Market Night
The Mysterious Nature of Heart Vibration

Alicia Power is an International Clairvoyant Coach and channel, who regularly lectures and tours in the USA. Tonight we will have a "clairvoyant discussion" on the nature of Heart Waveform and how it directly affects our "virtual reality screen" - our external life. As you replace old fear-based thinking habits, higher vibration levels flow into the unconscious. Let's take a detailed look at how this changes our world and how we can rocket-boost the process.

1 March 2004
Ashan
How to Manifest yourself

In these times of great change and transformation, it has become vitally important that we manifest our true, empowered, illuminated, peaceful selves. This sets the example of leadership, vision, and solution creatively. Discover how to clear old patterns from the mind. How to cleanse the DNA from pre-conditions and limiting belief programs. How to hold the Light, stay in the Light and manifest the vision of the original Blueprint within you!

8 March 2004
Global Roots
The Yoga of Sound

Tonight Ron Ragel and Vicki Hansen, accomplished musicians and yoga practitioners, will enlighten us in the understanding of yoga philosophy and music. They will present a part of their creative yoga therapy workshops, which are fun, profoundly uplifting and healing. Together they bring a wealth of education and experiences, with beautiful ancient songs and melodies. Don't miss this one! It is a very special experience...

15 March 2004
Alasdair Reed and Marge Coutts
The Sound of Creation

Follow the sound of the didgeridu into your dream space, to places where

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anything is possible. Respond to your personal journey with the intuitive language of art making, using colours and symbols that are unique to you and the depth of your psyche. Using a magical combination of didjeridu healing and art making, Marge and Alasdair will take you on a fantastic journey to the source of your own creativity. Please bring a blanket.

22 March

Phillip McKewin
Man Know Thyself

Phillip believes true spirituality is about developing an inner life. He will offer an opportunity to take a deep look at who you really are, learn about finding the gifts in adversity, and how these gifts are meant to offer you enriching lessons on your journey. Discover who you are, why you are

here, and what gifts you are meant to be giving back to life, to make this world a better place.

29 March 2004

Karen Swain and Malcolm Walsh
The Wise Ones + Market Night

Tonight will be a Healing Activation and release from the fears and Vows of the past that keep you from expressing your passion. In the world today there are many brilliant wise old souls that are hiding from their life's purpose. When asked, "When are you starting your Healing /Teaching work?" They dismiss themselves as no one special, saying that everyone has the same knowledge as them. This may be true, but where are the ones that are awakening this knowledge in humanity? The world Loves your Unique talents. You are the ones we have been waiting for.



DIARY of events - NORTHERN BEACHES BRANCH

January, February, March. 2004

**Thursday Nights in the Lake View room, in the Narrabeen
Tramshed 1395a Pittwater Rd. Narrabeen.**

**All evenings start promptly at 7.30 pm and end around 9.30pm
to 10.00pm**

Cost: \$11

If you are interested in presenting on a Thursday night please phone

Karen Swain 0414 321 432 or Malcolm Walsh: 0402 851480

E-mail : scalnorthernbeaches@yahoo.com.au

Re-opens 22 January

**Together, we are healing ourselves and Mother Earth
back into Love.**

how we can achieve it and the inner peace and balance it brings.

12 Feb 2004

Illumina
Divine Union

Tonight Illumina, a beautiful Soul from Byron Bay, will guide us in a sacred circle within a temple of Divine Union, in Merging with our Divine Presence. Recognise how your current reality is shaped by Natural Law. See how our unconscious energies manifest as dissonance in our lives, mirroring the 'battle' within. Learn how to bring these energies into harmony and balance through the Love and Compassion of our own radiant hearts.

19 Feb 2004

Jessie Ayani - Master Shaman (from the USA)
Awakening and Healing the Rainbow Body

Enter the world of energy as Jessie introduces you to the light geometry that templates your multidimensional holographic body. Alleviating stress and distortion from this rainbow body scaffolding restores health, re-engages the soul's intent, and opens the doors to your enlightenment.

26 Feb 2004

Alicia Powers
MYSTERY- What Makes Magic Happen?

The Mysterious Nature of Heart Vibration
Alicia Power is an International Clairvoyant Coach and channel, who regularly lectures and tours in the USA. Tonight we will have a "clairvoyant discussion" on the nature of Heart Waveform and how it directly affects our "virtual reality screen" – our external life. As you replace old fear-based thinking habits, higher vibration levels flow into the unconscious. Let's take a detailed look at how this changes our world and how we can rocket-boost the process.

4 March 2004

Ashan
How to manifest yourself.

In these times of great change and transformation it has become vitally important that we manifest our true self, Illuminated, Peaceful and Empowered. This sets the example of Leadership, Vision, and solution creatively. Discover how to clear old patterns from the mind. How to cleanse the DNA from pre-conditions and limiting belief programs. How to hold the light, stay in the Light and manifest the vision the original Blueprint within you!

22 Jan 2004

Les Dyer Why Do Bad Things Still Happen to Good People

Les Dyer has written four extraordinary spiritual books and facilitated over 350 spiritual retreats and workshops. Thousands of people have been touched by his intense sense of love. He is a dynamic and forthright speaker, who manages to entertain, inform, challenge and inspire

Karen Swain will begin the evening

Guidance for 2004.

As a Medical Intuitive, Karen will journey with you as you receive special guidance for the coming year. What is your soul wishing to experience in 2004.

29 Jan 2004

Lim Say Fon
Journey To Your Inner Self

Mr. Lim teaches various meditation methods that open you up to treasures we have forgotten. Powerful mantra that vibrate in our chakras and awaken our soul. The secret of Mudra (hand gestures) will have you marvel over the power of healing, manifestation that taps energy from the universe. Simple yoga posture will be demonstrated to enhance our spiritual cultivation, improve our health, and opening up our chakras. This in turn will develop a powerful yoga movement that will cleanse and solidified our aura.

5 Feb 2004

Ken Page
ONE or SEPARATE?

Ken Page had devoted the last 25 years to spiritual development and teaching. He is a gifted empathic healer who has pioneered Heart & Soul Healing. He has done healings on more than 15,000 individuals. He will talk tonight about what it really means to be One with the Source and

11 March 2004

Global Roots

The Yoga of Sound

Tonight Ron Ragel and Vicki Hansen accomplished musicians and yoga practitioners, will enlighten us in the understanding of yoga philosophy and music. They will present a part of their creative yoga therapy workshops, which are fun, profoundly uplifting and healing. Together they bring a wealth of education and experiences, with beautiful ancient songs and melodies. Don't miss this one! It is a very special experience...

18 March 2004

Malcolm William Walsh

Conscious Food

Are you aware of what you are feeling and thinking during eating and preparing meals for your self, your family and friends. What effect is this

energy having? How are your habitual eating habits serving your body and your spiritual alignment? Tonight Malcolm Walsh will show us practical ways in which to prepare food that nurtures our physical, emotional, mental and spiritual bodies. Learn how to receive more Vitamin and Mineral uptake from the food you eat. Tonight you will be fed spiritually and physically.

25 March 2004

Kim Fraser

Five Dimensions of Wealth

Conscious creation of wealth in the physical plane depends on the factors flowing from all five levels of existence. Tonight Kim (Master Pranic healer, teacher and barrister) will guide us in an experiential evening of self-discovery designed to illuminate where you could make changes to create more wealth in your life.



DIARY of events - BLUE MOUNTAINS BRANCH

Our Co-Ordinator of The Southern Cross Academy of Light – Katoomba Branch, Robyn Simon has retired after more than a year's dedicated service. Robyn: the Academy thanks you for your dedication, love and input.

May the service that you have given the Academy bring lots of good Karma. We wish you well with your future endeavours. Please check our web site for 2004 details for our Blue Mountains meetings and venue.



DIARY of events - INNER WEST

January, February, March. 2004

PLEASE NOTE CHANGE OF VENUE!!!!!!!

Every Tuesday Night

Seaview St Hall, Seaview St, Dulwich Hill

(Beside the Library, opposite Dulwich Hill High School)

All evenings start at 7.30 pm and end around 9.30pm

Cost: \$11 Concession: \$7.00

If you are interested in presenting on a Tuesday night please call

Karen Ashby on: 9716 7646 or 0404 077039

Email: scalinnerwest@yahoo.com.au

and human enlightenment, The Lineage of the Codes of Light weaves a thread of truth and magic throughout the lives of 11 powerful women including Isis, Lilith, Mary Magdalen, and Morgaine. This long overdue information presents a deeply spiritual, post-feminist view of the role of women in the current planetary awakening. A must for all conscious women and men! Like The Brotherhood of the Magi, the Lineage of the Codes of Light is highly activation for the reader. It has brought women together around the world to renew the bonds of Sisterhood as the Mission comes fully upon us. Not just a woman's book, Lineage compresses a long history of planetary ascension to bring us to this moment. Website: www.hearofthesun.com

3rd February

Ken Page

Why do Healers Get Sick?

Ken Page is a respected international spiritual teacher and healer from the United States. He is a gifted empath, futurist and intuitive and has a way of touching your heart with his teaching. Ken is also the creator of "Heart and Soul Healing" and has seen over 13,000 individuals worldwide in his ongoing healing practice, assisting them to achieve full self-empowerment and creatorship. He has often noted that people in the healing arts get sick themselves. Ken will give an introduction to the one day workshop he will be presenting later in the month.

10th February

Rosemary Butterworth

Angelic Readings and Messages

Angelic readings are always fun. Tonight Rosemary will be bringing through messages from your Guides and angels for 2004. It is your choice. The messages are to assist you being the best you can be and enjoy life to the fullest.

17th February (to be confirmed)

Jessie Ayani - Master Shaman (from the USA)

Lineage of the Codes of Light

Jessie writes in her book of the lineage of women who have been bringing forth the light codes of consciousness for the planet since ancient times. Reflecting the author's search for the keys to planetary ascension

24th February

Veronica Pout

Celebrate the Child Within

Enjoy a session of fun, play & laughter as you explore your own inner child through music, puppetry & imagination. Veronica works with Ethel & a host of lovable characters bringing joy, through laughter, to the lives of the elderly, those with disabilities, children & families.

2nd March

Karen Ashby

The Projection Game

Why do we find it so difficult to forgive ourselves? Come and play this fun game, developed by Colin Tipping, author of Radical Forgiveness as we play with our own worst, and most unloved qualities and traits. Do you beat yourself up for being lazy, manipulative, two-faced, unloving.....? Let's have some fun and learn to laugh as we reveal all and learn more about loving ourselves just as we arewarts and all!!!

9th March

Annette Williams

Transference Healing and Connecting Deeply to the Divine Within

Whatever your unique divine purpose is, Transference Healing Energy is

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an instrument to "perfect" Oneself to not only hold but also channel the complexity of the Christ Light into the human body and onto the planet for Ascension. Transference healing has roots and lineages within the Egyptian, Atlantian, Lemurian, Celtic Mystery Schools as well as unifying all healing modalities currently on the planet. It allows access to the Golden Age Master healing Ray – the Christ Light – to awaken Christ Consciousness within yourself and humanity. Whatever your purpose, the energies you will experience will assist in the Ascension process of yourself, the people with whom you work with or connect to, and the planet. There will also be a discussion about soul realisation and connection deeply to the Divine Self within to be able to extensively hold 5th dimensional consciousness and live heaven on Earth.

16th March

Alanna Moore

A Safer Home using Geomancy

Alanna Moore has over 20 years geomancy and dowsing experience in Australasia. A founder of the NSW Dowzers Society in 1983, she is the author of four internationally-acclaimed books and has taught thousands of people how to tune into their environment by dowsing and make their homes safer energetically to live in. She is also a journalist and the editor of the free on-line magazine – Geomantica - at her website at www.geomantica.com



DIARY of events - BONDI BRANCH

February, March 2004

Now 1st & 3rd Wednesday Nights of the Month

at 290 Bondi Road, Bondi

Under the Paul Fitzgerald Pharmacy

All evenings start promptly at 7.30 pm and end around 9.30pm

to 10.00pm Cost: \$11

If you are interested in presenting on a Wednesday night please phone Lynn Saber on: 9300 8666 Mobile: 0411 658 404 e-mail scal@a-light.org.au

21st January 2004 REOPENS AFTER CHRISTMAS BREAK

Les Dyer.

Channelled Meditation from Mordechai

Les Dyer is a Author, Spiritual Teacher, Healer, Clairvoyant and Counsellor. Over the past 15 years, he has facilitated over 350 workshops and live-in retreats on various subjects pertaining to spirituality including meditation, Zen Buddhist spirituality, Jesus' teachings; today he is also well-known internationally as the channel for Mordechai. This is a wonderful opportunity of meeting Les and hearing him in person. Don't miss him – a wonderful beginning to 2004.

4th February 2004

Rosemary Butterworth

Angelic Messages and Readings

Angel Messages are always fun and often validate what you already know but hadn't acted upon. Tonight Rosemary will be bringing through messages from your Guides and Angels. It is your choice. These messages are to assist you to being the best you can be and enjoy life to the fullest.

23rd March

Martha Heeren

An Introduction to Sacred Geometry

If we wanted to construct a universe, we would need to know all about Sacred Geometry. Martha will give a beginner's overview of aspects of sacred geometry and how it makes up our world. Sacred geometry is part of all living things, the design of sacred places, the creative arts and the cosmos. Phi and Pi and more!

30th March

Anthony Wong

Pilgrimage to Santiago de Compostela

Anthony Wong followed the Archangel Michael and Mary ley lines across Europe from England, to France and Italy. Then from Italy, he followed the route St Francis would have taken all the way to Santiago de Compostela on the north-west coast of Spain. Anthony will share his inner spiritual journey with Powerpointdigital imagery to impart the beauty of the cathedrals and churches, the legends of the Knights Templar, and the comradery with other pilgrims along one of the most well-travelled pilgrimage routes of the world.

**Your Presence is a gift that will grow the Inner West
Branch of Light!**

18th February 2004

Jeanette Sharpe

Sacred Journey and the Labyrinths

Have a soulful experience! Walk a labyrinth on the night as a means to enlightenment. You let go to rise again. Bring a question – you can solve a problem or put light on a problem through walking the labyrinth. Jeanette will discuss labyrinths and their uses. Experience the sacred journey. Jeanette will talk about her recent trip to England and her sacred journey along the Michael and Mary lines and will show her photos of high-energy spots including St Michael's Mount, Glastonbury etc.

March 3 2004

Valerie Barrow

Alcheringa – Further Explorations

Valerie Barrow's book 'ALCHERINGA' tells of when the first ancestors were created and how a group of people have come together to speak of remembering past lives as Star People & other beings. They all speak different aspects of the same story, a time in the evolution of earth, when the animal-man became the hu-man. Many more have since resonated with these memories. Are you one of them? Can the story help us understand who we really are? A very interesting & enlightening night.

March 17

Alanna Moore

Dowsing – How to Clear Household Energies

Learn the arts of dowsing & geomancy: how to find the power centres in the land, household energies, nature spirits. Professional geomancer & author Alanna has over 20 years experience, & recently was a presenter at the International Dowsing Congress in the UK.



DIARY of events - ARCADIA BRANCH (Galston Area)

February, March 2004

Wednesday nights at 15 Bay Road, Arcadia
All evenings start promptly at 7.30 pm and end around 9.30pm
to 10.00pm

Cost: \$11 (incl. refreshments)

If you are interested in presenting on a Wednesday Night please call
Danielle Allen 9655 1674

4 February

Ancient Healing & Essene Wisdoms.

Anne Castle & Narelle Green

What better way to begin 2004 than Ceremony. Ceremony awakens emotions within the body: these emotions when released, transform and uplift you. Come along to our first meeting for the year and enjoy sacred

ceremony and ancient practices to look at and re-harmonise with the inner-self. These are simple methods, practised throughout the ages.

18 March

Alanna Moore

Geomancy & Deva Dowsing

Alanna Moore has been a geomancer for some 20 years and is also a well-known eco-journalist and author. She has trained thousands of people to tune into the energies/spirit of place and has travelled all over Australia in the process, gaining valuable insights into the powerful energies of this land. A wonderful evening for all those interested in the Earth, ley lines, dowsing and to learn how to check the energies in your own home.



DIARY of events - GOLD COAST BRANCH

January, February, March 2004

Tuesday nights at 43 Larch Street, West Burleigh (Andrews)

All evenings start promptly at 7 pm

Cost: \$11 (incl. refreshments)

If you are interested in presenting on a Tuesday Night phone
John Hayes Mob. 0418 580 299

The Gold Coast Branch will be staying open throughout the school holidays. Please contact either Donna Louise on (07) 55 224 661 or John Hayes on 0418 580 299 for speaker details.

WEB SITE www.a-light.org.au



The Southern Cross Academy of Light presents

LIM SAY FON

JOURNEY TO YOUR INNER SELF

"A Unique Workshop That Combine Meditation, Mudra (Hand Gesture), Mantra Chanting and Yoga - Discover The Thousand Years Wisdom That Has Been Practice By Tibetan Gurus and Lamas to unlock the hidden power of our 7 chakras, and merge our 3 divine bodies to unleash our inner divine energy"

This is one of the most comprehensive and well-received classes that Mr. Lim Say Fon has ever conducted. This is an appealing course that vibrates the consciousness of one's soul. This class combines the gist of wisdom that has been passed down for thousands of years in Tibetan Buddhism. It emphasizes on equanimity and radiates the light of universal wisdom and compassion.

Mr. Lim teaches various meditation methods for opening up our consciousness to discover the treasures that we have forgotten.

The powerful mantra chanting that vibrates not only our 7 chakras, but also awakens our soul.

The secret of Mudra (hand gestures) will be taught in great detail. You will marvel at its great power in healing, manifestation and tapping energy from the universe.

Simple yoga postures will be demonstrated that will enhance our spiritual cultivation and improve our health, also opening up our chakras. This, in turn, will develop a powerful yoga movement that will cleanse and solidify our aura.

Date: 31st January 2004 (Sat) & 1st Feb 2004 (Sun)

Venue: Ford Room at Crows Nest Community Centre

\$280 for 2 days workshop Earlybird discount \$260

THE INNER SECRET OF YOUR LIFE

CONSULTATION, PERSONAL READINGS & HEALINGS - 1 Hr. session \$120

Date: 26th, 27th, 28th 29th January 2004

During the reading session, Mr. Lim will uncover the secrets of your life cycle. Many have wondered "when can I fully understand my life and how to be the master of my life?"

Mr. Lim is able to advise you in the area of your health, career, marriage, finance, spiritual progression etc. You will receive guidance on how to manage your life and how take control of the situation. He will determine the 5 elements (metal, wood, water, fire and earth) that you possess. Mr. Lim will also highlight to you which elements are good and constructive and which elements to avoid which have a negative influence. During the readings, Mr. Lim will give great visualization techniques and therapy to improve one's destiny in this life.

Note: Those who seek advice should give their birth date (year, month, day and time of birth), the questions, and if possible attach a photo in advance.

GEOMANCY CONSULTATION - \$280

Date: 30th January 2004

Mr. Lim will commence Geomancy Personal Consultation in Australia. This is indeed an excellent opportunity for those who would like to construct and synergize the good elements and the flow of positive energies into your home or offices.

Mr. Lim will advise on the best direction that suits your life energy. He will also give you great insight into any constructive or destructive energy in your homes or offices and how to synergize the good and eradicate the bad energy.



All Bookings & Enquiries for Mr. Lim Ph: Academy Head Office (02) 9975 4905

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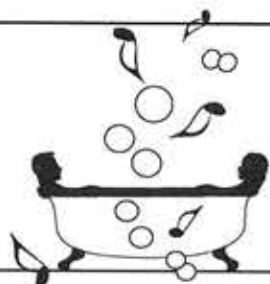
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