

ShiningBRIGHT

ONE SPIRIT DIVERSE VOICES

VOLUME 7, ISSUE 2

AUTUMN 2003

AUD \$4.50



THE CATHARS PROPHECY 1244 AD

A year to rejoice

**Subtle energy
methods of healing
the work of Harry Oldfield**

**A personal experience with
EMF Balancing**

The taxi ride

**Angels don't come
to Quetta**



THE SOUTHERN CROSS ACADEMY OF LIGHT

A non denominational organisation offering a support network of loving service physically, emotionally and spiritually for all

THE SOUTHERN CROSS ACADEMY OF LIGHT

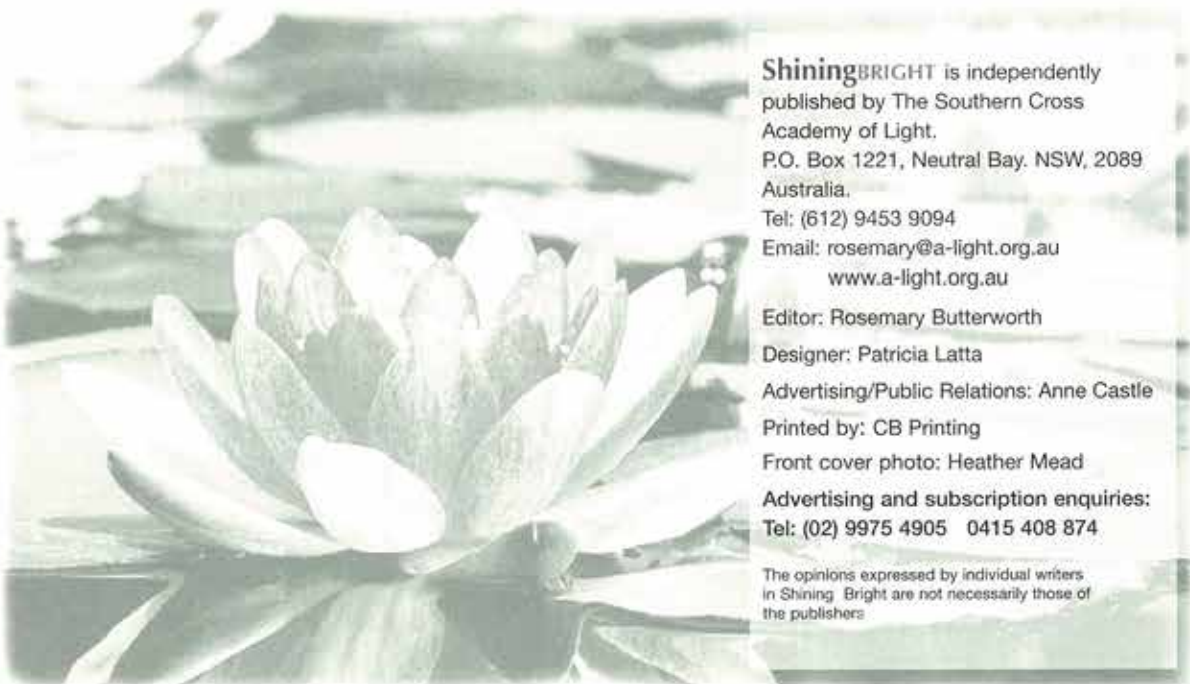
One Spirit, Diverse Voices

Unity through Love

The only authority is one's heart -
the Divine in all of us

Mutual respect
and acceptance

Personal responsibility for
one's thoughts,
words and deeds



ShiningBRIGHT is independently published by The Southern Cross Academy of Light.
P.O. Box 1221, Neutral Bay, NSW, 2089 Australia.
Tel: (612) 9453 9094
Email: rosemary@a-light.org.au
www.a-light.org.au

Editor: Rosemary Butterworth
Designer: Patricia Latta
Advertising/Public Relations: Anne Castle
Printed by: CB Printing
Front cover photo: Heather Mead
Advertising and subscription enquiries:
Tel: (02) 9975 4905 0415 408 874

The opinions expressed by individual writers in Shining Bright are not necessarily those of the publishers.

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Rosemary Buttenthorn

from the EDITOR

Whilst enjoying a cup of tea with a friend, I noticed that her daughter seemed down. With her Mum's permission I checked to see energetically if there was something worrying her daughter. She is nearly 15 years old. Because I am psychic I could see clearly a cloud of heaviness above her head. I saw she felt weighed down, the biggest problem being that she was feeling unsupported. It wasn't her schoolwork, as such, although her studies were very demanding, but it was the feeling of a lack of support from her parents. I passed this onto her Mum who related to this as she confessed that both she and her husband had been very tied up with work and had been home late every night the previous week.

The remedy was simple. She needed to smell cookies baking.

It seemed such a strange remedy I received from my Guidance – it wasn't hugs and kisses, as I would have expected.

I pondered upon this and remembered all the things that mother used to bake and the smells that greeted us when we arrived for a visit. Old fashioned smells of apple pie baking or rice pudding. The aromas that made us feel so good. No one asked then what was that 'good feeling' or questioned how safe and loved that made us feel, but it did. When did life become too busy to enjoy cooking scones, pikelets or home-made biscuits? What happened to that good feeling when we started to buy take-away or prepared food? Does anything take the place of the smell of home-made bread baking and the contentment and peace that comes with it. What sense of smell can our children associate 'home' with these days? What 'smell' is there at home that makes them feel safe, loved and content?

I am about to have two grandchildren arrive for a week – because of what I saw I am clearing my office desk and putting on my grandmother's apron and COOKING UP A MOUNTAIN OF LOVE. I am going to be available to enjoy them, love and play with them and give them a HOT BREAKFAST each day. We will have evening meals at the dining table with candles, a beautiful cloth and the best silver, because THEY ARE WORTH IT.

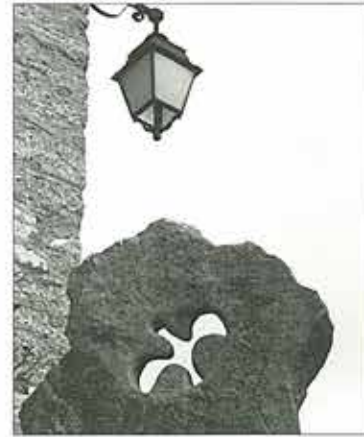
AREN'T WE ALL!!!

May Peace and Contentment be in your hearts, homes and at your dinner table!

Rosemary

Love and Blessings
THE SOUTHERN CROSS ACADEMY OF LIGHT

ShiningBRIGHT



FRONT COVER
The Cathars Prophecy 1244 AD

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around the **ACADEMY**

THE ACADEMY OPENS ITS 5TH BRANCH AT BYRON BAY

The beautiful new "Ambaji Centre" in the heart of Byron Bay was the venue for the opening ceremony of the Academy's 5th branch on Monday 13 January 2003.

Approximately 50 like-minded souls gathered from near and afar (some from Sydney) for a wonderful night of ceremony, dancing and music led by Melinda Blair and Anna Parker as Co-ordinators.

One of the Academy founders, John Butterworth (from Head Office in Sydney), commenced the evening with ceremonial Native American drumming followed by the

Dedication, Invocation, declaration of Values, and brief history of the Academy's evolution from its inception in 1995. Anna Parker and Andrew Mignot led sacred circle greeting and celebration dancing, and Melinda Blair sang an inspired



Language of Light rendition.

The climax of the evening was a performance of sacred bronze gongs by Angela Higgins (Sydney) and John Butterworth.

(Angela and John then teamed up with the original Australian "gongmaster" Chris Campbell, and David McDermott (Qld) the following evening Tuesday 14 January at the A & I Hall, Bangalow to once again provide a powerful gongbath. About 100 people lay on the Chartres Cathedral Labyrinth after walking it meditatively to be immersed by the power of multiple bronze gongs. A wonderful local choir, The Celestial Sisters and Brothers, Canulla Nova (Byron Bay on crystal singing bowls, Ed Higgins (Sydney) on Tibetan singing bowls and Dr Didge on didgeridoo completed a fabulous and memorable "Bathed in Sound" evening).

The Byron Bay branch of the Academy meets every 2nd Monday at "Ambaji Centre" 6 Marvel Street, Byron Bay. \$10 each includes refreshments.

Phone: 0418 220 371 - Melinda Blair for program details or Anna Parker - 0409 224 286



The crusade against the Cathars started in July 1209, with the conquering of Béziers and Carcassonne. In 1210 the Catholic army took Minerve. The Cathars who had taken refuge in the village were put to the choice: either to forswear their faith or to be burnt alive. The chronicler tells how, to the number of one hundred and forty, singing, and hand-in-hand, they jumped into the flames.

A memorial is set up on the presumed site of the stake. The Occitan inscription "als Catars" means "to the Cathars". The sculptor was aiming at a monument as sober as possible. "It is a light-sculpture", he says, "a solar sign, a peace monument. Light, sun and peace are the forces Catharism represents. The Cathars had elevated themselves above matter. That's why I have not made a dove of stone, but a dove of light. Light, that means the absence of matter, is the only thing appropriate to symbolise Catharism".

Jean-Luc Severac
Atelier D'Art
Sant Rustic

We present the values of THE CATHARS 1244 and the VISION & VALUES OF THE ACADEMY 2003

The Cathar Prophecy of 1244AD

The last of the Cathars was burned by the Inquisition of the Roman Catholic church at Montsegur, Languedoc, France in 1244, but they left this prophecy, that the Church of Love would be proclaimed in 1986.

It has no fabric, only understanding.

It has no membership, save those who know they belong.

It has no rivals, because it is non-competitive.

It has no ambition, it seeks only to serve.

It knows no boundaries, for nationalisms are unloving.

It is not of itself because it seeks to enrich all groups and religion.

It acknowledges all great Teachers of all the ages who have shown the truth of Love.

Those who participate, practise the Truth of Love in all their beings.

There is no walk of life or nationality that is a barrier. Those who are, know.

It seeks not to teach but to be, and by being, enrich.

It recognises that the way we are may not be the way of those around us.

It recognises the whole Planet as a being of which we are a part.

It recognises that the time has come for the supreme transmutation, the ultimate alchemical act of conscious change of the ego into a voluntary return to the whole.

It does not proclaim itself with a loud voice but in the subtle realms of love.

It salutes all those in the past who have blazoned the path but have paid the price.

It admits no hierarchy or structure, for no one is greater than another.

Its members know each other by their deeds and being and their eyes and by no outward sign save the fraternal embrace.

Each one will dedicate their life to the silent loving of their neighbour, environment and the planet, whilst carrying their task, however exalted or humble.

It recognises the supremacy of the great idea which may only be accomplished if the human race practices the supremacy of Love.

It has no reward to offer either here or hereafter save that of the ineffable joy of being and loving.

Each shall seek to advance the cause of understanding, doing good by stealth and reach only by example.

They shall heal their neighbour, their community and our Planet.

They shall know no fear and feel no shame and their witness shall prevail over all odds.

It has no secret, no arcanum, no initiation save that of true understanding of the power of Love and that, if we want it to be so, the world will change, but only if we change ourselves first.

ALL THOSE WHO BELONG, BELONG, THEY BELONG TO THE CHURCH OF LOVE.

Note: Pilgrimage to France and Cathar Sites in May 2004
Details on website, at www.grailhaven.com.
Ph: (07) 5545 3650

VISION & VALUES

The Southern Cross Academy of Light is creating a network of Light Centres for Spiritual Growth and renewal radiating out across Australia and the whole world.

ONE SPIRIT – DIVERSE VOICES

We are all of one Spirit with infinite variety of expression.

UNITY NOT SEPARATION

– INCLUSION NOT EXCLUSION

We are parts of the whole of creation and welcome everyone as an expression of the whole

UNCONDITIONAL LOVE

Loving each other without conditions

THE ONLY AUTHORITY IS ONE'S HEART

To act according to one's own conscience

MUTUAL RESPECT AND ACCEPTANCE

Treating each other with respect and without judgment

PERSONAL RESPONSIBILITY

Being responsible for one's own words, thoughts, and deeds.

CO-OPERATION NOT COMPETITION

Working together, supporting each other.

ENVIRONMENTAL RESPONSIBILITY AND SUSTAINABILITY

Honouring our stewardship and responsibility for the planet

PEACEFUL LIVING

Living together in peace, harmony and truth

AWARENESS AND LOVE OF THE SELF

Loving, honouring and nurturing the physical body as the Temple of the Soul.



update from around the World to the Academy

May Peace Prevail on Earth - Yishre Shalom Al Ha'adama
- Al Salam Li'Alam Ajma - Sekai Jinruiga Heiwade
Arimasuyouni

Many of you will recall earlier letters/emails from Hagit Ra'anani in Israel that have been reproduced in ShiningBRIGHT. Here is her latest communication.

I am home now after the ceremony in front of the Wailing Wall of the Old City of New Jerusalem, One City of Peace. In spite the blessed rainy cold weather, we came together 12 emissaries of light to present the 12 tribes, 12 messengers, 12 Zodiacal's - to join the world and chant the sacred "AH".

At that time, the Jewish people come for last prayers at their most sacred place just before Shabat enters, and Muslims on the other side of the Wall, at the Dome of the Rock, pray their most sacred pray of the week on Jum'aa



The wailing wall

(Friday) noon, we were standing there together chanting "AH", praising the ONE GOD who knows only love and no separation. We continued to chant "SHMA" (Jewish pray 'Shma Israel'), "Al-LAH", "SHA-lom", "SA-LAM", "To-DA" (Thank you in Hebrew), "AA-HA-VA" (Love in Hebrew) "Eh-HAD" (One in Hebrew), "Wa-HAD" (One in Arabic). We stayed there for almost 30 minutes joyfully dancing and gratefully singing in the rain.

Reading all your heartening vivid reports since the Great Experiment last Sunday and the World Healing Sound, the mass of peaceful demonstration for peace around the world, this is the ONE absolute answer - if any of us was still waiting for proof!

The reports about the violence action decreasing on both sides in the Middle East, the report at the UN yesterday and the instant announcement of The US president

about the 'postponement' of the Gulf War clearly show us all - beyond any doubt - our oneness is stronger than anything - miracles do happen and it is in our hands/hearts to present it. When we come in Peace - Peace reacts accordingly, when we come in Love - love instantly prevails on earth.

My answer to the hysterical fearful announcements about how we 'should' get prepared for the 'horrible' coming events like buying water and extra food, equip ourselves with sheets of plastic, cello tapes, gasmasks and other 'amulets', my answer is infinite trust. I take no part in this madness, made no special arrangements, not even bothered to collect the gasmask the Israeli authorities prepared for me. My answer is total calming TRUST!

In order to enhance and preserve the powerful results of our achievements, let us tune in and for the coming 4 weeks, each of us wherever we are, dedicate 2-5 minutes at noontime (local time) to pray and beam out our essence of peace. This way we envelop our sacred mother earth for 4 weeks with ongoing prayers. Each in his/hers place and the way you use to do so.

May Humanity will know the power of love instead the love of power

Shabat Shalom and infinite Love - Hagit

<http://www.mideastweb.org/hagit/gazeng2.htm>



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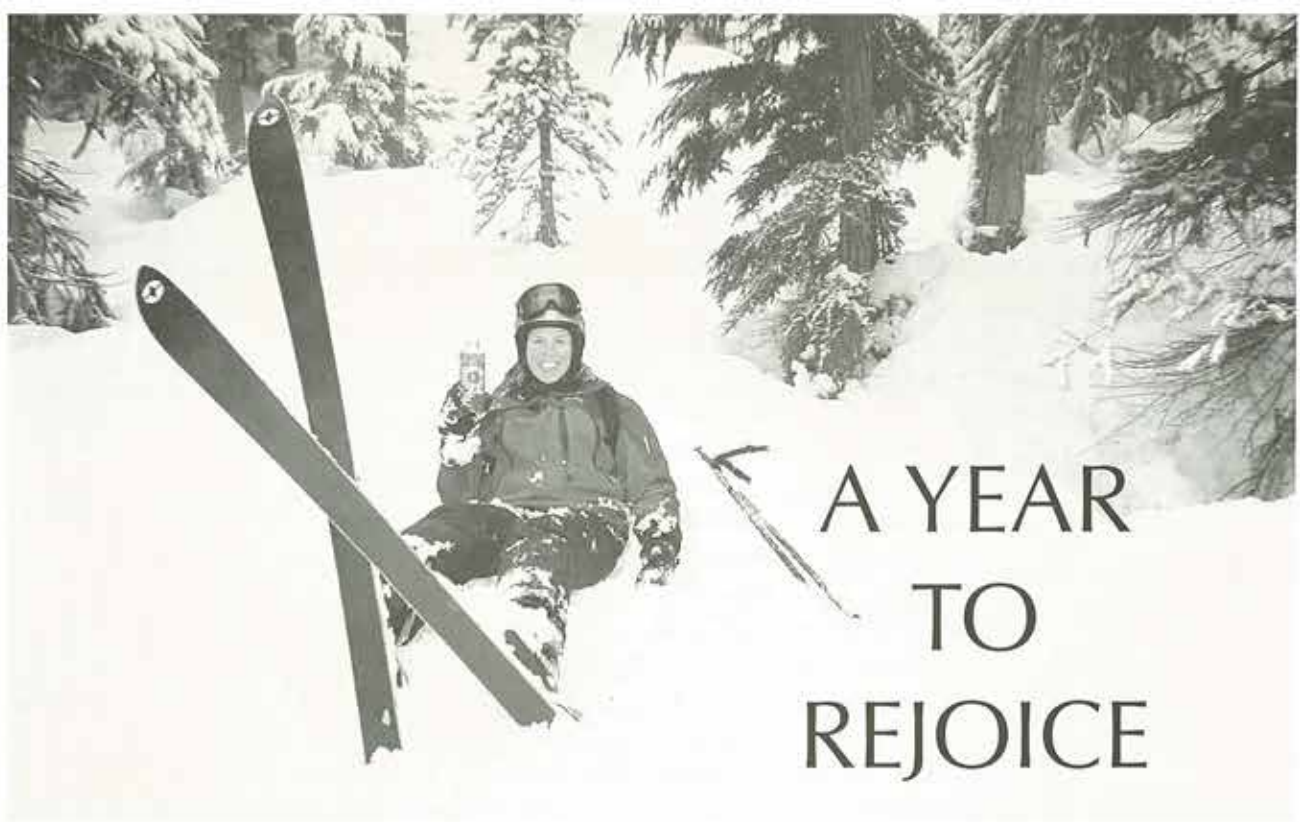
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A YEAR TO REJOICE

by Joanne Petak (formerly Turner)

Joanne used to attend our Academy meetings at Neutral Bay and a number of you may remember reading Joanne's story in Shining Bright in our Winter Edition 1997. It was entitled 'A Journey of Joy', her journey with Leukaemia. Joanne was determined to "find her bliss" each day, no matter what each day looked like. So determined was she to find joy and bliss, she raised \$60,000 during her illness to have the walls in the hospital chemotherapy room painted with a joyous scene to delight the hearts of many. In 1998 we again published a story by Joanne called Higher Altitudes as she likened her journey with Leukaemia to climbing a mountain.

Joanne, currently living with her husband in Canada has just passed the "5 year remission mark" and is totally free from Leukaemia.

Her story continues.....

A New Year has arrived and once again I have reason to celebrate. Unquestionably, there will be more laughter and special moments to savour forever. Yet, 2003 cannot surpass the significance of the previous years. For me, 2002 was the year to remember, the year to cherish and the year to rejoice, with all of my heart for the rest of my life.

In June 2002, I conquered my own personal Everest. It was a goal that lay so far and distant for so many years. It was a goal that, at times, seemed totally insurmountable. It was a goal that required every ounce of strength that I could find. It was a goal that deep inside I feared I would never reach. It was a goal that I never lost sight of, and a goal that made all my others pale by comparison. It was my five-year remission mark from Acute Lymphoblastic Leukaemia.

Now perched up on my mountaintop, it is time to reflect and honour the last incredible five years of my life. I look back upon the pre-leukaemia person that I was, a Canadian advertising executive living in Sydney, Australia and enjoying the life to the max. I remember her energy and innocence and view of the world. I remember her but I am no longer that person. We share the body that has performed miracles but inside, there have been deep-rooted changes. I am stronger and happier and above all, more grateful for all that I have and all that I will be.

I would be lying if I suggested the last five years have been nothing but fun and games. I recall many hours of lying in a hospital bed about to die of boredom if the leukaemia did not do me in first. There were times when pushing the clutch in my car was almost an impossible task for my weak little chicken-bone leg. I learned the true meaning of headache after seven weekly spinal taps and I became immune to needles even though I seemed to be immune to nothing else. But throughout it all I remember laughing, because it was so bad it was funny.

I am not lying when I say that despite almost 2 years of chemotherapy, the last five years have been the best of my now 32 years. We share the body that has performed miracles but inside, there have been deep-rooted changes. Tears come to my eyes as I think about the endless list of times I could not help but consider myself the luckiest person in

We share the body that has performed miracles but inside, there have been deep-rooted changes.

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the world. I hate to use a cliché but the smallest acts of kindness certainly did and still do, make my world go round.

One of my fondest memories is a nurse at the Royal North Shore Hospital in Sydney who time after time, against policy, saved me the bed next to the window so I could bask in the glorious afternoon sunshine. It was the same nurse that brought me her favourite aromatherapy oil from home when she realized that I had forgotten mine.

I learned that kindness comes in all shapes and sizes and generally comes when I least expect it. One day as I lay on my couch looking as dapper as ever with my baldhead and

"..looking as dapper as every with my bald head and track-suit"

tracksuit, I asked the older man fixing my blinds if I could borrow his ladder. I proceeded to use all my energy to try to hang my newly purchased dolphin wind chimes so I could lie on my couch and listen to their healing sounds.

I could blame the chemo going to my brain for my lack of good sense but I am sure you will see right through it. After a lot of fiddling, I became aware that a drill was the only way to go.

Quite certainly the man chuckled to himself but offered to help before realizing he did not have the right drill bit for the job. I thanked him anyway before he left and resumed my resting position. It was almost an hour later when I heard a knock on my door, and there he stood with the bit in hand. He said "I knew I could find it somewhere in my truck". To this day, the ring of my dolphin chimes is one of the sweetest sounds on this planet.

Early on in my treatment, I had more visitors packed in my hospital room than in a crowded Aussie pub during the Melbourne Cup. I received posters of cute surfers to add life to my walls, books about things I would rather be doing and culinary treats of every kind to ensure not a morsel of hospital food would pass through my lips. One of the gifts I remember most was from a woman at work who never seemed to see eye to eye with me. The fact that she came was enough. The fact that she went out of her way to go to the only store in Sydney that sold true blue Canadian goods so she could bring me my favourite Turtles chocolates, was something else.

The care from friends and family arrived in packages and phone-calls and emails and visits from afar. From making my bed to making me smile, from holding my night bag to holding my hand, from picking me up to picking me flowers, from rubbing vomit from my carpet to rubbing my back, from driving me to the sea to keeping me from driving myself crazy, I thank each and every one of them for making my days far from glum.

During those chemo days and the years that followed, no one did more than my loving mother, Annie, back

home in Canada. She forgave me when I was mean and loved me when I was not so loveable. She taught me the art of sitting on the steps of IGA and smelling the Christmas trees in early December. She showed me the simple pleasure of wheeling her around Zellers, when she could walk no more, and listening to the kids laughing underneath the clothes racks and the old ladies giggling about bargain prices. Annie did not make it to my five-year remission mark but there is no doubt that she had a hand in getting me there.

Just as Annie was leaving our earth, she found a living angel to follow in her footsteps. She appointed an Austrian prince name Bernd who continues to fill my life with the ultimate love and care Annie represents. As fate would have it, we celebrated my five-year milestone with the greatest event of my life, our wedding. No day could have been brighter with promise for the future and respect for the past.

Today is the first day of 2003. New challenges lie ahead. Obstacles will land in my way. But I know in my heart that I have conquered the world. It did not conquer me. Now when I meet newly-diagnosed cancer patients, as I often do, I can look them in the eye with confidence. I can tell them that I have not been part of a fairy tale but I have been part of a story with a truly happy ending.

My hope is that in 2003 and beyond, many more authors create stories like mine and that we all take the time to read them, laugh about them and most importantly learn from them. My book is not closed and my pen is not dry. The adventure of my life continues.

My book is not closed and my pen is not dry. The adventure of my life continues.

Congratulations Joanne, may your marriage be blessed and you and your husband live long and happy lives. You have proved that joy, love and laughter are indeed the best medicine!

From all of us at The Southern Cross Academy of Light in Australia and elsewhere.



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SUBTLE ENERGY METHODS OF HEALING

the work of Harry Oldfield

by Kay Distel M App Sci. G.D.E

Kay returned to Australia in 1989 with the Electrocrystal practice from her 9 years in the UK. Since then 4-6 people have trained overseas. Over the years she has worked to get the work known here but realized that without a local training it was very difficult. We are excited announce that at last more people will have to access to this groundbreaking work in Australia.

Harry Oldfield is coming in April 2003 to give talks to introduce his work as a precursor to establishing the a training course for practitioners here later in the year.

I heard about Harry Oldfield's work in London in the late 1980's. Some cancer patients attending our clinic reported receiving a very strong healing boost by "this man down the road - Harry Oldfield who uses this crystal thing and some sort of electronic device". I was intrigued and attracted to this new form of therapy, even though the thought of using crystals and electronic machinery was initially quite unsettling, as I was more 'hands on' at that stage of my career.

Harry was once a science teacher (this enabled him to think up and construct simple crystal electrodes) and came to his research during Saturday morning science classes for high school students experimenting with Kirlian photography.

He came up with some answers to the shortcomings of the classical method of Kirlian photography. For example, discrepancies in results obtained by different experimenters were probably because the operators had failed to realise the importance of applying a frequency range compatible to the biological force of the test-object. (A person/plant as the case may be).

Classical Kirlian photography with its two-dimensional momentary fixation in time does not represent the ongoing processes of dynamic living beings. He further observed that when high frequency impulses (created by a

Tesla coil) were applied to living organisms, that apart from the visible corona (electro-magnetic waves) sound waves were generated. He estimated the relative energy output is 70% electro-magnetic waves and 30% sound waves. Harry's aim was to apply the principles of classical Kirlian photography and alter it to obtain a three-dimensional representation of the dynamic character of the life energy state of living beings, which, in this form, could be used for diagnostic and therapeutic purposes.

Crystals have been used for healing since ancient times. They are used for healing because they are reliable, constant and specific in their properties. They can transform one



**Notice how the energy is flowing in the hand chakras.*

form of energy, i.e. the steady state frequency specific to them, and they have specific healing properties. Treatment can be made very specific; depending on the type of crystal electrode used, that is, the composition of the mixture of crystals/ or type of single crystal filling present in the electrode. For diagnostic purposes, a very balanced electrode would be used while for therapeutic purposes, a tranquillizing effect; (e.g. pain relief) a tube with lapis lazuli could be used, while, for a stimulating effect a ruby-electrode could be used.

Application of the Electrocrystal Therapy

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For diagnostic purposes: As the therapy is based on imbalance of life energy states in the body, all manner of dis-ease can be detected, auto-immune diseases, arthritis, MS, post-viral syndrome, etc. In cases where X-rays are used this method can be used as an accurate safe detector of pathology. Harry was tested against traditional methods when working in a London Hospital in the early 1980's and was 97% accurate in detecting cancer.

For therapeutic purposes: Any site deviating from the 'normal' site gets a ten-minute treatment. Treatment is usually weekly until the brain is re-patterned and maintains its new balanced state. With chronic conditions, daily home treatment may be advised in between the weekly clinic. As a preventative treatment, when the energy field is re-patterned it is possible to slow down disease.

Effects of Electrocrystal Therapy

During treatment the patient may experience a tingling feeling (crawling ants), a sensation of the spine lengthening, and a feeling of warmth as 'dead' tissues regenerate.

Success rate and safety of the Method: Treatment is completely safe and there are no side effects. There is no danger of over-treatment as the input of excess energy is just drained off, like a sponge that cannot absorb more than its capacity. A good response to treatment is 'long remissions' providing the mental aspects have been taken care of. I expect a positive response after 3-5 treatments: otherwise I would be looking to do further diagnostic tests.

The frequencies applied were carefully trialled over a number of years on humans and plants, thus guaranteeing safety and accuracy. Once the technique and choice of crystal is understood; it either works or doesn't work at all.

New developments in the diagnostic method - the Polycontrast Interference Photography (PiP)

When the sound system of diagnosis was proven to be effective, Harry returned to a visual diagnostic, by using fractal equations in a computer linked to a video. The resultant image is a dynamic colour representation of the subtle energy field of the body for analysis. One such example is the view of a man with a cancer: imaged as a black vortex on the screen. The patient confirmed its position by his recent X-rays taken after three months of treatment. A week later, I saw his PiP picture, and the vortex had disappeared and the man reported marked improvement in his energy levels.

The advantages of this system are profound. Apart from it now being a consistent research tool, a PiP picture can help the client with their healing. My first public use of PiP was in 1996 at a Cancer Congress. We showed conclusively that mind over matter is real and that present, past and future can be revealed by a PiP picture even if only a of hand!

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A personal experience with EMF BALANCING

by Magenta Haydon



There are some truly wonderful new therapies that have come about over the last few years. One that sparked my interest was first introduced through the Kryon source, and is called the EMF Balancing Technique. It also tied in with the revelatory information from Gregg Braden about the changes to the electromagnetic fields of the Earth.

This seemed of enormous significance to me, so I tracked down an EMF practitioner, particularly as I had also read about this 'emf balancing' in a book called 'The Indigo Children'. I was not sure what to expect, but as I was already pursuing a commitment to personal healing and was very familiar with what is on offer with 'energy work', I tended to think I may already be covering this type of therapy.

Firstly, I found it a very relaxing, non-intrusive process. For example, I was not required to voice any 'problems' I may be experiencing that I may want to clear. I also understood that it was aligning a subtle energy system of my body into an harmonious balance with the earth's electromagnetic field grids. I didn't know what this meant in 'real life' terms but being the type of person I am, I wanted to give it a try.

I wanted to do the 4 phases of the balance, and did one each week over a 4 week timespan. This was my choice as there is no fixed time between balances. The practitioner works with part of the energetic anatomy and actual physical contact is minimal. The first 'experience' I had was right at the beginning of the first phase balance when I was amazed to feel a pliable energy that had substance and density, and was being moved around below my feet [i.e. a fair distance away from the physical feet]. I felt extremely relaxed after the session, yet energised and somehow 'different'. It was very positive and I found in the days that followed, that I was on quite a high and 'glowing'.

I was on quite a high and 'glowing'

After a week it was time for my second balance. Again, I was quite stunned with the feel of the movement of energy at a distance below my feet, but this was nothing compared to what the rest of that balance created for me. I began to feel alive with energy and experienced ripples of

ecstatic, euphoric, 'golden' energy, which increased into fountains of warm, loving energy pouring out from my heart, and tingling throughout my body. I experienced a deep level of recognition of the source to which I was reconnecting - and this source was also acknowledging me in return! It would be true to describe this as 'remembering' and incredibly joyful. This was the real state of what being human is all about. If I had been on a high the first week, I was on a greater high during that second week.

My next two balances were deeper integrations of the experiences I was building on from before, but the connection my soul/spirit had been looking for, had happened for me on the second balance. In the weeks that followed the four phases of the balance I 'somehow' gained deeper insights. I found myself becoming more grounded, and experienced a tingling 'ecstatic' energy in my legs, which has seemed to be clearing a greater flow of energy through many known and unknown meridian channels throughout my legs. I guess I wasn't really grounded before! I found I could relate the overall experience to the goals of Qi Gong and the concepts kept alive in Oriental cultures of the 'cosmic web'. I began to have more unusual interpretations such as to see myself as 'the space between the form'. One night I was walking through my place of work and had the sensation that I wasn't just walking through empty space but was moving through a sea of substance. I was not separate within this universal 'substance' but was connected to it and as I walked the 'universe came with me'.

The results are all down to earth and practical in 'real world' terms. My health appears to be clearing out chronic potentials that would probably develop in later decades with the usual breakdown of the programming codes in DNA. I have a general feeling of well being, I have good energy levels and a very positive outlook for the future. There is a feeling that this 'reconnection' seems to be a 'missing link' we as humans need. Most of all, I feel more in harmony with my purpose for being here.

I experienced my EMF Balances some time ago now, in keeping with my incurable curiosity in continually increasing and deepening my knowledge and experience of this thing called 'life'. At the time I was at college studying oriental medicine. After the experience I had with EMF Balancing, I dropped my previous study in order to train as a practitioner of EMF Balancing, as the importance and immense benefits of this work were clearly apparent to me.

continued on page 10

continued from page 9

It also complemented my lifetime path in metaphysics and the amazing realities that have been part of that.

Over time, I have found that these balances gave me a very strong connection to the Earth and appear to be completing an energy circuit. I experience the power of this very strongly rising from my feet up through my legs. From there it joins a 'whole connection' around and within me, but began as most noticeable in the legs as it started to activate. The circuit however, is at its most ecstatic in the heart region, where it seems to pulsate in waves throughout the body.

**is at its
most ecstatic
in the heart**

I have been told that there is now scientific and measurable evidence that validates the increased feeling awareness of electromagnetic/earth energy as a sacred geometric spiralling pattern travelling and resonating literally through the bones.

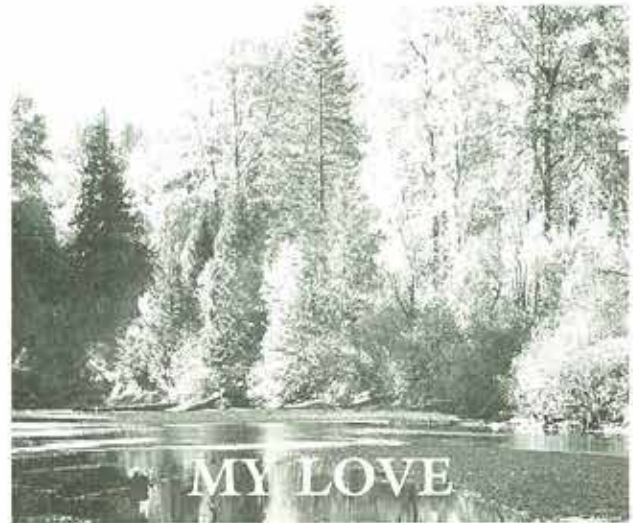
When the energy is particularly 'good' from someone or something, the energy coming up initially through my legs is 'ecstatic' and blissful. This feeling is unlike the feelings of the type of 'bliss' one can experience with, for example, a very integrated meditation experience in Theta or Theta-Delta brainwave frequencies, and in fact it brings in an important addition. I would never have expected that this kind of feeling is achieved through connecting with the Earth!

There is also a strong energy response when the energy is particularly 'not good' as in someone knowingly or unknowingly connected to the 'old patriarchal' energy or if someone is particularly negative. In response, this energy from the Earth increases incredibly, almost with sparks flying, makes it very clear something is 'not resonant here' and goes on to form something like a shield all around, but alive with a kind of 'warning' energy. [It doesn't happen very often!] I have found this really intriguing, yet it is after all, a newly reawakening electrical force. It will also cause responses [sometimes bizarre] in those who have been attuned [knowingly or unknowingly] to 'dark forces' - this

**sometimes
referred to as
a 'goddess'
energy**

has been a real learning experience for me!
The Earth power has a very strong response to negativity. It is worth mentioning that it has also given me considerable respect for this 'feminine' energy of the Earth - which is sometimes referred to as a 'goddess' energy - and 'shown' me that it has been misunderstood, misused, even rejected, and never 'embraced' as valid.

* More information is available through Magenta's website at <http://emf.netfirms.com/Magenta.htm>. Or by email at Magenta@froggy.com.au or Tel: 02 9801 7786.



*Do not buy me flowers, love,
Let us walk instead in the woods -
Or let us walk together in silence by a lake
Or sit for a while under a tree
And drink in the magnificence of all creation -
So we remember that this tiny planet of ours
Is the backdrop for our soul's growth.
There is no need for presents, love,
Not when we can be fully present in this moment.
My heart sings
As I gaze into your eyes
And glimpse into the very depths of your soul.
There is no need for chocolates, love,
For it is the gift of life
That is the sweetest gift of all.
And whatever disappointments we have faced, love,
Let us transform them into a greater love
For those who are sick and frightened -
For those who are hungry in body and spirit.
Let us learn the strength to keep on loving
Even when we are exhausted -
And when we feel lost and hurt,
Because love is Light
And we the children of Light
Need love to thrive.
Let us learn to hold this love in our hearts
Even when we're afraid -
When we hear the rumblings of war,
Because in spite of all we see before us,
Only love endures the tests of time.*

Maggie Hamilton

THE TAXI RIDE

I drive a cab for a living. When I arrived at 2.30a.m., the building was dark except for a single light in a ground floor window. Under these circumstances, many drivers would just honk once or twice, wait a minute, then drive away.

But I had seen too many impoverished people who depended on taxis as their only means of transportation. Unless a situation smelled of danger, I always went to the door. This passenger might be someone who needs my assistance, I reasoned to myself. So I walked to the door and knocked. "Just a minute", answered a frail, elderly voice. I could hear something being dragged across the floor. After a long pause, the door opened. A small woman in her 80's stood before me. She was wearing a print dress and a pill-box hat with a veil pinned on it, like somebody out of a 1940's movie. By her side was a small nylon suitcase. The apartment looked as if no one had lived in it for years. All the furniture was covered with white sheets. There were no clocks on the walls, no knick-knacks or utensils on the shelves. In the corner was a cardboard box filled with photos and glassware. "Would you carry my bag out to the car?" she said. I took the suitcase to the cab, then returned to assist the old woman.

She took my arm and we walked slowly toward the

kerb. She kept thanking me for my kindness. "It's nothing". I told her. "I just try to treat my passengers the way I would want my mother treated". "Oh, you are such a good boy", she said.

When we got in the taxi, she gave me an address, then asked, "Could you drive through downtown?" "It's not the shortest way", I answered quickly. "Oh, I don't mind," she said. "I'm in no hurry. I'm on my way to a hospice". I looked in the rear view mirror. Her eyes were glistening. "I don't have any family left", she continued. "The doctor says I don't have very long". I quietly reached over and shut off the meter. "What route would you like me to take?" I asked.

For the next two hours, we drove through the city. She showed me the building where she had once worked as an elevator operator. We drove through the neighbourhood where she and her husband had lived when they were newlyweds. She had me pull up in front of a furniture warehouse that had once been a ballroom where she had gone dancing as a girl. Sometimes she'd ask me to slow down in front of a particular building or corner and would sit staring into the darkness, saying nothing. As the first hint of sun was creasing the horizon, she suddenly said, "I'm tired. Let's go now."

We drove in silence to the address she had given me. It was a low building like a small convalescent home. Two orderlies came out to the cab as soon as we pulled up. They must have been expecting her. I opened the boot and took the small suitcase to the door. The woman was already seated in a wheelchair. "How much do I owe you?" she asked. "Nothing," I said. "You have to make a living," she answered. "There are other passengers." I responded. Almost without thinking, I bent and gave her a hug. She held onto me tightly.

"You gave an old woman a little moment of joy," she said. "Thank you." I squeezed her hand, then walked into the dim morning light. Behind me, a door shut. It was the sound of the closing of a life. I didn't pick up any more passengers that shift. I drove aimlessly, lost in thought. For the rest of that day, I could hardly talk. What if that woman had gotten an angry driver, or one who was impatient to end his shift? What if I had refused to take the run, or had honked once, then driven away? On a quick review, I don't think that I have done anything more important in my life. We're conditioned to think our lives revolve around great moments. But great moments often catch us unaware beautifully wrapped in what others may consider a small one.

Sent in by a reader. Author unknown.

a door shut,
it was the
sound of the
closing of
a life

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great moments often
catch us unaware
beautifully wrapped
in what others may
consider a small one





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John Butterworth developed and initiated 'Sacred Sound' workshops, healing meditation circles & performances plus 'Sonic Entrainment' personal sound therapy about 10 years ago. He travels widely within Australia and overseas doing this work, performing, and studying with others to continually expand his understanding and capabilities.

This has included conferences/congresses, The Sydney Acapella Festival, The Findhorn Foundation (Scotland), the International Yoga Teachers' Association, radio and TV, the Festival of The Winds in the Cathedral Cave Jenollan Caves, the Sydney Mind, Body, Spirit Festival and The Peace Angels, The Peace Choir (which he founded later 2000), and Don Conreux (Gongmaster) from New York.

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Sarah-luna is a gifted healer and shamanic dancer with a background in the mystic Path of the Seeker. She has spent seven years with the Medicine people of North America, undergoing rigorous rites of passage (including Sundance) and offers these ceremonies with both the blessing of her native elders and the Aboriginal Custodians of this land.

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COST: tba

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e-mail rosemary@a-light.org.au

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Who would like to have this wonderful experience? Numbers limited to 11.

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Academy Office 9975 4905 or 0415 555 735



Angels don't come to Quetta

Irene Taylor is a remarkable woman who works for the international humanitarian agency: Mercy Corps. Mercy Corps has no religious affiliation and works in about 48 countries. They are funded mainly by US government grants or the United Nations. They specialise in providing health, water and sanitation services, and agriculture work in emergency settings.

Irene is running a number of health programs and clinics for Afghan refugees on the Pakistan/Afghanistan border in the Pakistani town of Quetta. Her work involves providing basic life-saving healthcare and a special orthopaedic rehabilitation centre for victims of landmines.

Antoinette Sampson, founder of the Peace Angels, received her first email from Irene on 10th February, 03. Irene emailed Antoinette to thank her for her book *Peace Angels* that Irene found when she was in Sydney:

"I wanted to write to you and let you know how important this book has been to me since I came to work in the camps. There are many times I have felt really sad, lonely, frightened, without hope and really angry about the inhumanity and injustice I experience each day. Your book has become a way for me to meditate and find peace. It serves as a constant reminder of the privilege it is to be with people through difficult times, to see past the veneer of life's circumstances into the hearts of people and it has helped me find hope in the midst of overwhelming evidence to the contrary. I no longer feel alone. It has elevated me to another place and often gives me the strength to go on."

Antoinette and Irene have been corresponding since they have developed a close bond of friendship. Irene gives insights on what it is like to be on the frontline of human despair, and Antoinette sends messages of hope and support from the Peace Angels AND the Academy. Antoinette feels these emails from Irene connect into the work the Peace Angels are doing and WHY they are doing it.

Here is Irene's most recent email Sent: Friday, February 28, 2003 3:35 PM

Subject: Re: Sydney Support

Hi Antoinette

"The people we serve here are only interested in staying alive and getting the medical help they need for their families. I feel like I am abandoning them but it is getting almost impossible to be effective in this situation. If the war starts all expats here will be in serious danger so I will have no choice but to get out. However, I cannot believe how strongly I feel the presence of the divine and the angels at the moment. I just know they are looking out for me and I will know when it is time to go. Well I hope so anyway.

I have a bunch of children living next door to my house and I showed them the photos of the peace angels marching. They were totally silenced. They thought they were 'real' angels and one little boy said "angels don't come to Quetta" - it nearly broke my heart. There is so much good you can do out in this fractured and broken world.

Thanks for writing. It really helps to get your emails. The telephone lines are not that good at our office or houses anymore. I think they are being interfered with so emails are getting more difficult to send and receive. I will keep in touch. With thanks to the universe, the peace angels and to you.

Irene

Says Antoinette: "After reading Irene's email, I became completely overwhelmed and wept. It's clear to me what we must do."

Antoinette is committed taking the Peace Angels to Quetta. The Southern Cross Academy of Light has supported the work of the Peace Angels since their inception, and now invites you to support their work in whatever way you may be able to do so.

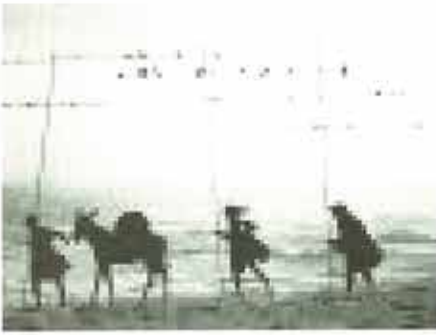
The Peace Angels initiatives are tangible and practical ways of making small gestures for Peace. You can contact Antoinette via the Peace Angels website www.peaceangels-online.com to register your support and to be kept informed of ways that you can help the Peace Angels get to Quetta, or contact The Southern Cross Academy of Light at rosemary@a-light.org.au

The Peace Angels



MIRACULOUS ITALY

Her Saints, Martyrs and Sacred Places



by Gerry Taylor-Wood

Every country on earth has its own 'personality'. For instances, fiery Spain is ruled by the sign Scorpio, conservative England by serious Capricorn, and Australia, 'the lucky country' by Sagittarius.

Italy is ruled by Leo, whose rulership is the Sun, which represents Spirit. Not unreasonable therefore, to see why Italy became the centre for the consciousness of the Son of God. This year the planet Jupiter is in Leo bringing all things Italian under auspicious stars. Where else would we see such style, elegance and panache? Italy is well known for its food and delectable wines, the people for their colour, their emotional and romantic temperament. Italian lover graces the movie screens of Hollywood. These are the attributes of the sign Leo.

Now is the time for Italy, the land and its people to receive wondrous grace and blessings bestowed by Jupiter, king of the gods!

Planetary energies work through the earth's "nervous system", the meridians as ley-lines or lines of light, said to be first etched by the angelic kingdom. Where these powerful energies converge we encounter a holy site, a sacred grove.

Arguably the most powerful ley-line known to us is the Michael line. It crosses Skellig Michael in Ireland, to St. Michael's Mount in England and enters Europe at Mont St. Michelle in France as the Apollo line. On its straight path to Jerusalem it pierces Italy at Sacra di San Michel in the Italian Alps, a sacred nodal point.

Here begins the pilgrim's path joining many on the ancient sacred places throughout Italy - the places are of incomparable beauty.

Sacra di San Michel stands shrouded in alpine mists and tucked into the folds of green hills, its superb archway entrance to the church is deeply etched in stone with astrological symbols - welcome to our first sacred site of Italy.



The Pilgrimage

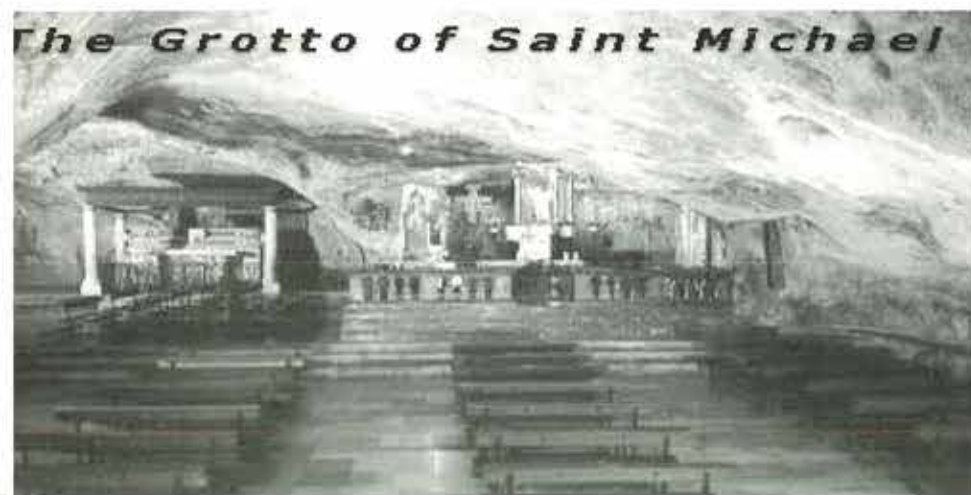
Why did the ancient sages, saints, Kings and masters make their journey to holy places? From accounts we know it was perilous: they travelled on foot or by horse or donkey through rough terrain and were often beaten, robbed or murdered. They risked their lives and certainly needed powerful faith to attain their goal.

Pilgrimage is probably as old as mankind. A typical picture of a Pilgrim would be a person with a staff, which symbolises the backbone, or courage; a lamp, symbolic of the Light, a map, maybe the plot of stars and constellations. In pre-Christian times, the Druids, Celts and Pagans travelled to their oracles, holy places and healing wells. Reasons were many: for a prayer to be answered, the forgiveness of a deadly sin, for a healing to take place, or to seek realisation through a vision, a state of ecstasy.

The Knights Charter of the 12th Century set a cause for Knights to travel the ley-lines to protect the Pilgrims on their routes. Pilgrims were often alchemists, those who worked with crystals, metals and the raw materials of the earth - and astrologers following the major planetary alignments that have always shone their lights over holy places. In Egypt, the Orion belt shines into the Kings Chamber; in Glastonbury the Plough known as Arthur or the Great Bear circumvents the Tor. Uluru is beneath the crucifix of the Southern Cross which was on the eastern horizon at the time Jesus was born in Bethlehem, but slipped to the Southern Hemisphere when the earth shifts occurred.

Sacred places need humans to work with energy, to be conductors of Light. The saints of old knew this and the knowledge was part of their Mystery Schools. Like conductors of lightning, the "Lightworkers" as they are termed today, know that not only could we take from a place an answer to a prayer or a healing, but that we were also to give, as works of service to humanity and the planet.

I was shown in an insight last month three lights as brilliant as diamonds shining out from Italy. At the level of earth, straight bars of light connected Assisi - Rome - Gargano. The light that diffused from these places has attracted saints and pilgrims over the centuries. Imagine the astounding legions of angels that have rulership and domain over these remarkable places!



GARGANO AND PADRE PIO

Let us begin with Monte Gargano in the south at the spur of Italy. Here lies one of the four Archangel Michael sites of Europe. It is said that Archangel Michael appeared here in the 5th century and asked for a chapel to be made in the cave and dedicated to him.

Padre Pio

Nearby is the monastery of Padre Pio, Rome's newest Saint. St. Pio who died in 1968, performed many healings and miracles and could bi-locate (be seen in two places at the one time). Whilst in deep ecstasy celebrating Mass, he received the visible stigmata, the wounds of Christ, which he bled from for nearly thirty years.

Around seven million pilgrims travel here in southern Italy every year to see where this holiest of saints lived and died as a humble Franciscan friar.

Yet there were Pagan saints too. The greatest Roman Pagan mystic was Plotinus. A kindly man who lived from 205 - 270 A.D. His travels took him to the East where he brought Hinduism, Buddhism and Persian influences to his sense of God.

SAINT MICHAEL ON THE GARGANO

Rome

On entering Rome on the Appian Way we are reminded of the tortuous death by crucifixion, the fate of thousands who died for their faith. Many met or sealed their fate in Rome. An historic meeting with the Pope took place between St. Francis and St. Dominic, the "spiritual brothers". The Pope had a dream that these two men would "rebuild the Church". Out of this astounding meeting rose the Franciscan and the Dominican orders.

In Rome, as we enter the Vatican we are welcomed by the astrological symbol - the Solstice of Capricorn. The Roman Pantheon displays its seven planetary gods with its dome representing the Divine Eye.

Assisi and St Francis

St Francis was a much beloved saint, the son of a rich

merchant. After visionary experiences, he left his family under the dark cloud of his father's wrath. He followed the way of the early Christians, a way known to many as Gnostic - meaning a direct experience of God. The Gnostic lineage included the Cathars or the 'Pure Ones' in France. St Francis lived as a Cathar in poverty, the very antithesis of the opulence and splendour of the Roman Church, hence the importance of the Pope's dream. A little younger than him St. Clare was his female counterpart. She founded the Order of nuns called the "Poor Clares", a silent Order who would meditate at 3 a.m. for souls in distress. This was seen as the darkest hour when souls could be in peril.

Although Assisi itself is dotted with the remembrance of the lives of these two gentle saints, a little way outside of Assisi is a powerful cave where St. Francis would stay in deep contemplation and is undoubtedly a holy place. Meher Baba, the Master from India, sometimes called the 'Silent Master' spent time here absorbed in "Universal Work".

As we journey past Siena, a picturesque town in Northern Italy, we encounter the relic of Catherine of Siena who preached a creed of love of Christ. Catherine, who lived a life of purity, experienced a mystical and sacred marriage with Jesus.

St. Columba of Ireland founded the monastic system in Italy, the beautiful monasteries set in undulating hillsides and atop mountains in remote areas. His tomb etched with Irish harps in marble lies in the quaint town of Bobbio, just south of Milan.

Hamish Miller, the author of "The Sun and the Serpent" and "The Dance of the Dragon" says that a sacred place is no more nor no less than a place of beauty. Beauty is an "Absolute". It can send us into raptures; indeed into transcendental moments of ecstasy and bliss. With stars aligned on the Path, we tread gently on the earth's surface with our chakras illuminated and ready to receive a heightened experience. We too like saints of old, can expect a miracle along the journey in the sacred places of Italy!

Come join us on our Sacred Sites Tour in Italy, our eleventh tour, in May 2003. For further details see the advertisement on page or enjoy our website at www.grailhaven.com.



*Saint Francisco d' Assisi (1585-90)
ritratto from Hannibal Carracci
(Bologna 1560 - Rome 1609)*



Excerpts from Martin Luther King Jr's
address to Civil Rights marchers on August 28, 1963

'I HAVE A DREAM'

"Let us not wallow in the valley of despair – I say to you, my friends, we have the difficulties of today and tomorrow. I still have a dream.

I have a dream today.

I have a dream that one day every valley shall be engulfed, every hill shall be exalted and every mountain shall be made low. The rough places shall be made plains and the crooked places will be made straight and the glory of the Lord shall be revealed.

With this faith, we shall be able to hew out of the mountain of despair a stone of hope. With this faith, we will be able to transform the jangling discords of our nation into a beautiful symphony of brotherhood.

With this faith, we will be able to work together, to pray together, to struggle together, to go to jail together, to climb up for freedom together, knowing that we will be free one day.

When we let freedom ring, we let it ring from every tenement and every hamlet, from every state and every city. We will be able to speed up that day when all of God's children, black men and white men, Jews and Gentiles, Protestants and Catholics will be able to join hands and sing in the words of the old spiritual. "Free at last. Thank God Almighty we are free at last."



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Sacred Sites Tour of Italy



21 DAYS - MAY 2003

*with Geraldine Taylor-Wood
and Richard De Welles*

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Sacred Sites Tour of Britain - Sept 2003/4
Includes England, Ireland and Scotland

Sacred Sites Tour to France - May 2004
Includes Lourdes, Chartres, Cathar sites
Magdalene sites and Gypsy Festival

*Come join us on this sacred
pilgrimage*

Full details - Geraldine: 07-55453650
or visit
www.grailhaven.com

THOU FAITHFUL SERVANTS

by Hazel Rex (Age 88)

As a student in a School of Philosophy some 30 years ago, we were told we are not the body. I believed this was so. The body was the "Cathedral of the Soul", I thought, without understanding that until you experience the meaning of words, it is only words. It is only intellectual knowledge and has not yet become a 'knowing'.

I have had a cataract operation and just before the event, my daughter Rosemary, rang to wish me well and she made a comment to remember to send love to my eye as it would feel frightened. This astounded me as I had never thought of eyes having an identity, but at that moment the channel must have been open for her message to enter.

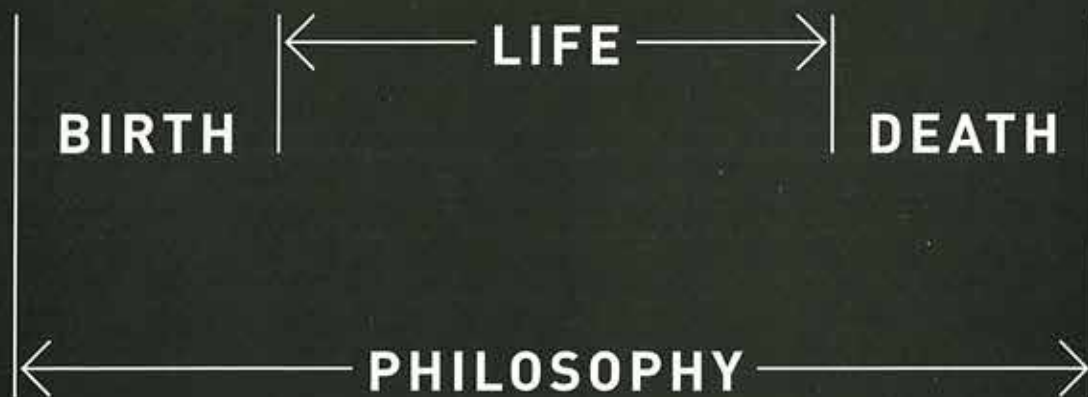
I hung up and thought, isn't that amazing, but as I did my eyes fell on my hands.

The surge of emotion I felt as I looked at my hands is hard to describe but I will try. Gardening has been a won-



Hazel, with daughter Rosemary

derful fulfillment in my life from the time I looked at a Cineraria leaf early one morning and felt and understood that the same life force flows through humans and plants. We need the same elements, air, water, earth for food, sun for warmth and LOVE. Looking at my hands, I saw what obedient servants they are – the gardening they do, tapestry, crochet, knitting, preparing food, cleaning. The tasks never stop and neither do they. The mind issues the instruction and the hands obey. From now on I shall reward them with a little loving care – thou faithful servants.



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book REVIEW

by Grethe Hooper Hansen

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Revisiting Ancestral Bonds – Ancestral Wounds

Oracle Press AUD\$24

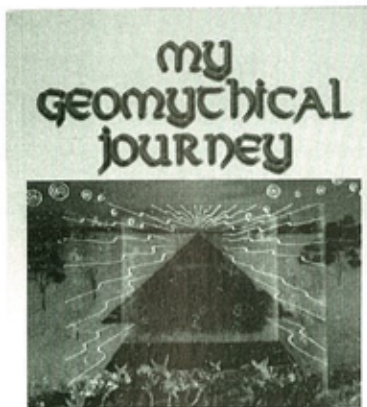
By Anne Stewart Saunders

Anne is a healer of living creatures and living landscapes, and a person of such humility, emotional clarity and physical courage that she has been entrusted with the momentous task of uniting in peace the Aboriginal, Maori and Celtic races. Born in Scotland, into the bloodline of the Stewarts, she moved to Australia as an adult and had 20 'normal' years before her journey, which is still unfinished, began to unfold.

This book is an initiation. It imparts extraordinary truths, not as teaching but as elements of the story, a gripping adventure that weaves through physical, emotional and many levels of subtle reality.

Directions come from Higher Beings, Ascended

Masters and Pleadians from her spirit home. Liaison officers are eagles and sometimes other creatures, who deliver their messages telepathically. They send her on daunting missions in perilous landscapes, sometimes with hostile companions. Whatever the task, she goes without question, finding meaning and sacredness in the hardship: "they wanted us to understand how it felt for them". (Aboriginals fleeing for their lives from whites).



Revisiting Ancestral Bonds
- Ancestral Wounds

Anne Stewart Saunders

Bites from spiders, snakes and lizards she receives as 'initiations'; one of them takes her briefly to the 'Other Side'. On the verge of death, she could still regard the spider with love and appreciate its message to her.

This is an aspect of her extraordinary gift (typically underplayed in the book but breathtaking to those who know her) to heal negative energies. She can do this because there is no judgment, only an understanding of the dynamics of suffering and a profound love for all life. The book is full of reverence: for the beauty and Power of nature, for the purity and humanity of Aboriginal people, for the joy of being alive in a land where spirit is present everywhere. The landscapes of New Zealand and Australia and the hearts of its native people glow and thunder through her pages.

This is a powerful message of hope in a world which at the 'normal' level seems to have lost all sanity. It reassures us that the most terrible hurts can be healed, the grossest inhumanity forgiven and above all, that the subtle world is helping us all the way to restore the glories of our suffering planet.

There are no pretensions in this book, no claim of mysteries, revelations, teachings or powers, just the simplest possible account of what she says actually happened. It is therefore, deceptively short. Re-read it many times: it has the power to turn the keys in hidden locks and open unsuspected doors for long-lost connections to be restored.....

To Order: Email: Ulli Hansen on hotsound@acay.com.au or author on saundersan@hotmail.com



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The winners of the Lucky Subscribers' Draw to Brandon Bays' Intensive and Gregg Braden's Seminar were:-

Virginia Gow - Brandon Bays Intensive - 8th & 9th February 03
John Sparks - Gregg Braden Seminar - 6th March 03

THE ENIGMATIC AND MYSTICAL MOON



Yildiz Sethi B.Ed. Grad. Dip. Couns. C.A.C.H. is a Vedic Astrologer and Counsellor living and working in Roseville, Sydney. Yildiz is available for a variety of astrology readings, emotional and relationship counselling and tuition in Vedic astrology. You may phone her for further information on 02 9416 6440 or visit her web page on <http://www.netspace.net.au/~sethis>

The Enigmatic and Mystical Moon.

Vedic astrology (Indian astrology) is a Moon based system whereas Western astrology is largely a Sun based system. The Sun represents the soul and the Moon represents the mind and the emotions of a person. Vedic astrologers do use the Sun to evaluate the soul's evolutionary progress in an astrology chart and of course this is very important, but the Moon will be considered for the mind and the emotions of the person. The Sun is the main source of light for us, but the Moon is illuminated by the Sun and reflects it down to earth. The Moon is also involved in fertility and the menstrual cycle which reflects its earthly effects on us in a very practical way. So from the Vedic perspective, the Moon is a reflection of the soul in more earthly terms. The position of the Moon in the chart will indicate largely where a person's karma will be played out in this life. Indeed, the whole chart is karmic, but the position of the

Moon and the house it is in, will point to which areas of life are going to be vitally important to a person and where they are likely to put their efforts. In fact a study of the Moon in a chart, along with other factors can be used for career aspirations, in that it shows which areas of life that the person will be passionate

about. In Vedic astrology the Moon rules such things as peace of mind, comforts, fortune, wellbeing and mother or contentment. In addition it indicates the extent to which a person will possess common sense (as apposed to pure intellect) as well as memory, stability, general health and happiness. Generally the Moon will indicate the ease with which success will be achieved and will contribute to the overall tenor of the chart.

**the Moon is
a reflection
of the soul in
more earthly
terms**

The Moon is continually changing. This is called waxing and waning.

A Moon is waxing in the 14 days between the new Moon (no Moon) to the full Moon. The Moon is growing or expanding.

A Moon is waning in the 14 days between the full Moon to the new Moon (no Moon). At this stage the Moon is contracting.

A waxing Moon is considered a great benefit in a chart and a waning Moon not so beneficial. Generally, someone with a waxing Moon in their chart will be more outgoing and confident and will attract attention, whereas someone with a waning Moon will be more reflective and reserved.

The Moon is often used in Vedic astrology to predict the best time to start new ventures of any sort. For best results new ventures should be started during a waxing Moon, as this indicates growth and expansiveness which is of course, highly favourable. So the next time you are deciding when to start something new, try to pick a time during the waxing phase of the Moon in order to give yourself a optimum chance of success in your endeavours.

Your Challenges

The astrology chart is the blueprint you are given of abilities and preferences according to your collective past karmas and shows what you need to experience in this incarnation for your further soul development towards enlightenment. However, it should not be seen as an end-point or cap on your capabilities, rather it should be seen as a summary of your challenges and possibilities and will point to those areas of life in which growth can take place. Vedic astrology is often viewed as fatalistic. In my view the areas of the chart that are weak are those areas that can receive the most growth if you decide to accept the challenge. In this, we do have choice. Of course, you can also choose to take the fatalistic approach and accept what is which can also be positive if you can do this without blame or grudges and with full acceptance.

Many people with a weak Moon in their chart benefit greatly from reflection, meditation and self development techniques, which I can only think is highly positive in terms of clearing karma and making inner transformation which will result in good karma for the present and the future. This can result in major progressions in terms of evolution at a deep psychological and spiritual level. In this way a weakness in the chart can be used as a vehicle for growth and expansion.

Lunar Mansions Nakshatras.

In the Vedic system, within the 12 horoscope signs of the zodiac in the astrology chart, there are 27 sub signs called Nakshatras or Lunar Mansions.

In transit the Moon spends just over one day in each Lunar Mansion each month. Indian Mythology says that the Moon has 27 wives and spends one day with each one

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every month. Each Lunar Mansion is ruled by a different planet, this gives each one quite different and specific qualities in terms of personality traits and purpose assigned to it. Knowing which Lunar Mansion your Moon and Rising sign are in, will help in giving more detail to your life purpose, challenges and personality and gives greater depth when added to those factors attributed to your rising horoscope sign.

These Lunar mansions are often used in India to decide on the best times to do a wide variety of transactions, such as marriage, going on a journey, signing a contract or building the foundations for a house.

This may sound superstitious to our western perspective, but traditional Indian people are very much in tune with nature and the natural rhythms of life and prefer to "go with the flow". They prefer to try to tune their lives into the natural order of the cosmos and energy flows, rather than trying to

your further soul development towards enlightenment

pit their will or ego against such natural forces.

Sadi Sati - Saturn transiting your Natal Moon.

Sadi Sati is a transit that is very well known in Vedic astrology. It is more significant to a Vedic astrologer than the Saturn return, which is very well known in Western astrology.

Sadi Sati is the transit of Saturn on the Moon in your astrology chart. It can create some difficult psychological and emotional struggles in your life that might manifest in letting go or clearing out the debris in your life. It is a long transit lasting several years and will have the effect of encouraging you to go deep and re-evaluate your life and make inner changes. Although it may be uncomfortable and result in major changes in your life or your perspective, I like to view this as over-all, a very positive stage of life. It can make you change direction in your life and make you focus on what is really important to you. It can also bring relationship issues to a focus, in that you can no longer avoid putting things off and are forced to sort things out. By the end of a Sadi Sati you will emerge as a new being, much like a snake shedding its old skin, ready to continue with your life in a new way.

The Moon with its waxing and waning and its very personal and emotional effect on us is a major part of the Vedic system, so much so that the Moon sign (the house where your moon is placed in your astrology chart) is often used as the rising sign as an additional chart in order to gain more clarity along with the standard astrology chart.

So the next time you are admiring the moon, do notice its beauty and mystery and also its shadows and depth and be aware of its subtle influence in your life. ✨

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more info visit www.blueprintessences.com

DIARY of events - NEUTRAL BAY BRANCH

April, May, June 2003

**Monday Nights at St John's Uniting Church Hall,
Cnr Yeo & Barry Streets, Neutral Bay
(enter off Barry Street)**

**All evenings start promptly at 7.30 pm and end around
9.30pm to 10.00pm
Cost: \$11**

If you are interested in presenting on a Monday night please
phone Karen Swain – Phone: (02) 9326 5825
Mobile: 0414 321 432

7 April 2003

Lynn Saber

The Journey

Passionately dedicated to the emotional freedom of Humanity, Lynn brings to us the wisdom and insights she has gained from being a Journey practitioner of Brandon Bays' 'The Journey Process'. Lynn says, "through our willingness to be totally present to our pain, emotions and our feelings, we access the freedom that is available to us when we know ourselves as the essence of all life". Come and experience how easy this is.

14 April 2003

Kim Fraser

Pranic Healing, Creating Abundance

Not only your mind but your energy anatomy can block you from receiving vast blessings of Divine abundance. Learn the role of the chakras in wealth creation and how your chakras govern your maximum income potential. How to grow your energetic money making potential and step out of old patterns is covered in a fun and experiential manner.

21 April 2003

Dan Fogliati

Meeting your Spirit Guides

Meeting your Spirit Guides can be a life changing experience. To be able to access their guidance and assistance in times of stress or when at cross-roads throughout life, can be very supportive. The processes he demonstrates, used in his workshop are simple, safe and effective. Many people report huge shifts in their lives through the use of these techniques. Topics covered include: who guides are, How to attract high level guides, how to be 'receptive' and much more! It is a break through course and can accelerate your growth and open the doors to new awareness.

28 April 2003

Franziska Goyo

Age of the Heart

We mistakenly believe that we live in Information Age but we really have entered the Heart Age. Our personal charisma and the skills in building long-term nurturing relationships are more important than ever to succeed in our personal and work endeavours. Franziska has recently published her new book 'Push my buttons, Baby! - Black Belt of the Emotional Arts', and will present the keys necessary to unleash your spiritual charisma and create

the best relationships ever. Franziska will guide you through a powerful exercise and meditation. Her book will be available for purchase.

5 May 2003

Jasmina Savic

Sound Mandalas

Come and explore the wonders of how the Universe sees us. Each person has an individualised Mandala that is represented through sound, colour and symbol. Tonight Jasmina will lead us through the creation of a group Sound Mandala. Enjoy this Sacred play

12 May 2003

Karen Swain

Belief Systems and The I am Presence

Our Life and the events that occur are a result of what we believe to be true about ourselves and the world around us. We are the Master Creators in our world, but sometimes we are unaware of the thoughts and beliefs systemsthat are making things Happen. As a Medical Intuitive and Spiritual Teacher, Karen can show us how to access the belief systems that run your world and how to transform them.

19 May 2003

Guy Johnson

Conversations With GOD

A passionate promoter and facilitator of the CWG material in Australia, Guy will share with us the innate wisdom that is within the CWG Books. The insights within these Books have touched people all over the world and are transforming the way in which we view life, God and the power we have to create a world of Peace harmony and Unconditional love. Guy's talk will invite you to visit spiritually transforming concepts in a simple profound practical way. A chance to know and receive the wisdom that is with in every Human Heart.

26 May 2003

Isira

Conscious Presence.

Isira, a recognised spiritual Master, offers a space of Unconditional Love in which to explore Universal Truth and higher consciousness. She will reveal penetrating insights that bring deep awareness of Unity, Peace, Love and Joy. An evening that will illuminate conscious life transformation. Let us go beyond the concepts and into the experience.

2 June 2003

Geoffrey Smith,

Living Water

An Aquatic and Environmental Scientist and Educator, just back from the World Water Forum in Kyoto Japan. Geoffrey will be giving a dynamic Power - point presentation on the magical powers of water, updates from the Millennium Development Goals for

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fresh Water and the important role water plays in our world today. Geoffrey has been particularly interested in the link between the environment and spirituality.

9 June 2003

Clifford Harvey Rubenstein

Grounding Celestial Knowledge

Through the meeting of intense life challengers, Clifford brings to us his own experiences and discoveries of grounding sacred knowledge through movement. Clifford will show us how to ground your understanding of Universal Laws into knowledge and wisdom by dancing them into your physical being. Gain a framework for living in the fifth dimension and remember the 12 Universal Laws and 21 Sub-Laws by bringing them fully into your bodies and chakra system through Dance and Movement.

16 June 2003

Annie Castle

Ancient Healing Essene Wisdoms

Ceremony awakens emotions within the body: these emotions when released transform and uplift you. Enjoy sacred ceremony and ancient practices to look at and re-harmonise with the inner self. These are simple methods, practised throughout the ages,

will help you to enjoy health, happiness and harmony in body mind and spirit. The teachings are esoteric and pre Christian. Come and rest in your inner essence and invoke the Angel of Peace.

23 June 2003

Karen Ashby and Shelly Mort

Connective Healing & Crystal Bowls

Connect and experience angelic and other frequencies activating the high heart, and enhancing joy and higher consciousness. Benefit from repatterning of blueprints, DNA, energy, light bodies and chakras. Clear karma and access deep transformation as fears, blocks, issues, anxiety, phobias etc are transmuted. Play a singing bowl yourself, and bring a crystal with you to be programmed with the energies of the evening.

30 June 2003

Clive Lewis – Reiki Master

We are all Healers

An evening of discussion, participation and meditation covering subjects such as: How we heal as practitioners, as family members, how we heal the planet, sound healing and accessing the Ascended Masters to heal. Meditation to be led by Clive.

DIARY of events - NORTHERN BEACHES BRANCH April, May, June 2003

Wednesday Nights at Baptist Church

2 George Street, Avalon

**All evenings start promptly at 7.30 pm and end around
9.30pm to 10.00pm**

Cost: \$11

If you are interested in presenting on a Wednesday night please phone Shirrley Mason on (02) 9973 1878 Mobile: 0422 481 007

9 April 2003

Sarah-Luna

Sacred Energetic Dance

An evening to rejuvenate body & mind and free the Spirit. We will journey with global rhythms, the rhythms of life, into the space of clear open awakened awareness. An evening as vigorous or as gentle as you like.

16 April 2003

Shely Mort & Karen Ashby

Connective Healing & Crystal Bowls

Connect to and experience Angelic and other high frequencies, activating the high heart and enhancing joy and higher consciousness. Benefit from re-patterning of blueprints, DNA, energy, light-bodies and chakras. Clear karma and access deep transformation as fears, blocks, anxiety, phobias etc. are transmuted. Play a singing bowl and bring a crystal to be programmed for ongoing access to the frequencies of the evening.

23 April 2003

Daz Hart

" Tribal Drums" – An Introduction to African Drumming

Daz loves to drum and has many years experience playing and teaching drumming. He will show us some basic drumming techniques and guide us in playing rhythms together as a group with general percussion instruments. If you have a drum, please bring it.

30 April 2003

Franziska Goyo

Age of the Heart

We mistakenly believe that we live in the Information Age but we really have entered the Heart Age. Our personal charisma and the skills in building long-term nurturing relationships are more important than ever to succeed in our personal and work endeavours. Franziska has recently published her new book 'Push my buttons, Baby! - Black Belt of the Emotional Arts,' and will present the keys necessary to unleash your spiritual charisma and create the best relationships ever. She will guide you through a powerful exercise and meditation.

7 May 2003

Malcolm Walsh

Ayurvedic Vegetarian cooking

Malcolm was trained in the art of cooking by Kurma Dass and has been a professional vegetarian cook for 23 years. He will share with us ancient recipes and the wisdom of cooking. We will learn how to cook sumptuous, karma-free meals with love and intention.

14 May 2003

Grace Shanti Foulds

Experience the Amazing Sacred Energies of our Red Heart

Powerful images synchronised with indigenous sounds. Uluru, Kata Tjuta, Mt. Atla, Kings Canyon, Palm Valley & sites of the MacDonnell Ranges.

21 May 2003

Guy Johnston

Conversations With GOD

A passionate promoter and facilitator of the CWG material in Australia, Guy will share with us the innate wisdom that is within the CWG Books. The insights within these Books have touched people all over the world and are transforming the way in which we view life, God and the power we have to create a world of Peace harmony and Unconditional love. Guy's talk will invite you to visit spiritually, transforming concepts in a simple profound practical way. A chance to know and receive the wisdom that is within every Human Heart.

28 May 2003

Isira

Conscious Presence

Isira, a recognised spiritual Master, offers a space of Unconditional Love in which to explore Universal Truth and higher consciousness. She will reveal penetrating insights that bring deep awareness of Unity, Peace, Love and Joy. An evening that will illuminate conscious life transformation. Let us go beyond the concepts and into the experience.

4 June 2003

Ruth Rendely

Seraphim Blueprint

Ruth believes that thirteen thousand years ago a group of Seraphim created a cosmology for humanity's well-being and evolution and that Atlantean Priests first organised this system. Then early Hebrew Kabbalists recognised the energies. In 1995 Ruth Rendely was introduced to the Seraphim responsible for "the Seraphim Blueprint". She will give attendees a taste of these energies.

11 June 2003

Scott Davis

A Cappella – Voices in Harmony Creating Alchemy

Scott has been a musician for 25 years and founded a community choir. He believes everyone can sing. The voice is the entry point into the Soul. The sounds that we make give us an indication of how we feel. By becoming acquainted with our voice we learn to resonate with our inner Being. An uplifting evening of song!

18 June 2003

John Butterworth

Symphony of Sound

Come and experience John's magnificent new Balinese gong - a long awaited family member which has returned home to create a symphony of sound. John will be bringing three gongs to this evening. Please bring a cushion if you wish to lie down to experience a sound bath in comfort.

25 June 2003

Clive Lewis - Reiki Master

We are all Headers

An evening of discussion, participation and meditation covering subjects such as: How we heal as practitioners, as family members, how we heal the planet, sound healing and accessing the Ascended Masters to heal.

DIARY of events - BLUE MOUNTAINS BRANCH

April, May, June 2003

Every Second Tuesday Night at Katoomba

The Uniting Church – side hall,

**142 Katoomba Street Katoomba (Half way down
Katoomba St. on the Sydney side opposite Fletchers
Photographics).**

**All evenings start promptly at 7.30 pm and end 9.30 pm
followed by supper**

Cost: \$11 All welcome

If you have any queries please phone Robyn Simon (02) 47826
274 or John Bennett on (02) 47827 474 or 0414 257 302

1st April

Maggie Hamilton

Embracing Our Inner Light

We talk a great deal about enlightenment – about lightness of being – but what does this mean? How can we work with our inner Light to enhance every aspect of our being to create a profoundly sacred space within and around us? What about the Law of Opposites? What do recent scientific studies tell us about the

Light and how can we use this information to raise our soul vibrations? This work is a communication of Maggie's teachings from her travels through the American southwest, South-east Asia, and the ancient sites of Britain. This will be a truly memorable evening for all of us.

15th April 2003

Nigel Bell

Eco Smart Homes & Architecture

Nigel is well known for the very popular eco home tours he conducts in the Blue Mountains as a twice-yearly event. Nigel and his fellow eco designers have been at the forefront of designing and building ecologically smart homes in the Blue Mountains & elsewhere. Mudbrick, rammed earth, strawbale, earth covered, pole houses, under the earth, fully solar returning power to the grid etc, etc, These will all be discussed and shown in a lively presentation. Don't miss this one.

Environmental products will be displayed, with some for sale.

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22nd April 2003

Kim Fraser

Pranic Healing and Creating Abundance

By learning and practising Pranic Healing we are healing ourselves, our loved ones and the Planet. Kim says that "Pranic Healing is the best manifestation school I have encountered". It ought to be called the wholistic Wealth School. Provided that you actually use the tools you are taught, you can access prosperity karma, dissolve limiting beliefs in minutes and build new ones which will lead to wealth. One of Kim's teachers is Choa Kok Sui. She teaches Pranic Healing & Creating Abundance.

29th April 2003

John Bennett

Healing through Chakras & Chinese Meridians

This will be a very interesting night as John will have just returned from China. In China, John has been learning advanced healing techniques to add to his impressive range of healing modalities. Over the last 8 years, John has refined techniques to relieve pain and to access and remove subconscious decisions we have made as children. These thought patterns can be unknowingly running our lives as adults, causing heartache, stress, relationship problems, money concerns etc.

MARKET NIGHT – GOODIES FOR SALE

6th May 2003

Karen Ashby

The Crystal Bowl Connection

Let the magical sound of Crystal Bowls open your heart to the knowingness that you are one with 'all that is'. Let the sound transport you to a state of bliss. Karen offers some very practical tips on how to bring your spiritual practice into your every breath. Ask for what you want! Another blissful sound night.

20th May 2003

Glenys Livingstone

Celebrating Gaia in seasonal Ritual

Glenys recently completed her Doctoral research - titled: "The Female Metaphor – Virgin, Mother, Crone – of the Dynamic Cosmological unfolding: Her Embodiment in Seasonal Ritual as a Catalyst for Personal & Cultural Change". Glenys has been taught by Starhawk, priestess of the Western European Earth spiritual tra-

dition. She integrates the works of Thomas Berry and Brian Swimme etc. in her writings and presentations. This is a highly experiential night definitely not to be missed. More details soon
MARKET NIGHT – GOODIES FOR SALE

3rd June 2003

Rick Andrews

The History of the Cherokee Nation

With his wife Linda Carter, Rick has been a long term resident of the upper Blue Mountains. Rick will be presenting a stimulating and thought provoking evening based on his Cherokee heritage. Rick is craftsman specialising in authentic Native American arts & crafts. He also is an experienced educator of disadvantaged youth. We will have more details of his presentation soon. There will be examples of his crafts displayed on the night, with some for sale.

17th June 2003

Jeannette Sharpe

Sacred Journeys & the Labyrinths

Have a soulful experience! Walk a labyrinth on the night as a means to enlightenment. You let go to rise again. Bring a question – you can solve a problem or put light on a problem through walking the labyrinth. Jeanette will discuss labyrinths & their uses. Experience the sacred journey. Jeanette will talk about her recent trip to England and her sacred journey along the Michael & Mary lines and will show her photos of high-energy spots including St Michael's Mount, Glastonbury etc.

MARKET NIGHT – GOODIES FOR SALE

Coming

Kala Perkins Astrophysics, our Relationship to the Cosmos and an extraordinary slide presentation of the images of deep space. Kala has presented at the 6th International Whale & Dolphin Conference in Hervey Bay Qld. Woman and Earth (Ecology) Seminar - St Petersburg Russia 1997 etc.

Robyn Simon

Images of Antarctica

Our relationship to this special realm. Photos, slides etc from a two week trip to the western Antarctic Peninsula on a former Russian research ship. This is part of From Sand to Ice – Egypt to Antarctica that Robyn presented in the blue Mountains 1999-2001.

DIARY of events - BYRON BAY BRANCH

April, May, June 2003

Monday Nights at Ambaji Wellness Center

6 Marvel Street, Byron Bay

All evenings start promptly at 7.00 pm and end around 9.00pm to 9.30pm

Cost: \$10

If you are interested in presenting on a Monday night please phone Melinda Blair Mobile: 0418 220 371 or Anna Parker 0409 224 286

14th April 2003

Chicchan

Crystal Healing

Expert player of white crystal bowls. She and her partner Raym have had many years' experience in crystal healing and crystal 'dreaming'. There is a beautiful uplifting energy from the white crystal bowls and the crystals. Come along and be refreshed.

28th April 2003

ZaKaiRan

Incension Healing.

Come and explore with Zkairan the DNA Codes needed for your incension healing. A journey within.

12th May 2003

May Mesheril

"Keys to Higher Consciousness"

May will be presenting a very interesting night. Accompanied by Dee on the flute, she will explore with you the angelic codes and key to higher consciousness. This is a very special night for May and it is to be the launch of her new CD.

26th May 2003

Jennie Fitzgerald

Reach Your Inner Customer

An alternative to traditional marketing. The talk will encourage you to 'get lost' for the sake of new ways to approach marketing – ways to build your business and feed your soul. Jennie Fitzgerald is a marketer for natural therapists and products – accredited business trainer and full time journey woman.

9th June, Sally McKern

Holistic Pulsing

This is a profound system of healing and self discovery based on the two fundamentals of life rhythm and water A gentle and nurturing approach to healing.

23rd June

Elanade Veaux

Trance – a Healing Journey

Elana will explore the application of hypnosis and meditation as part of the healing journey.

DIARY of events - BONDI BRANCH

April, May, June 2003

Thursday Nights at 290 Bondi Road, Bondi

Under the Paul Fitzgerald Pharmacy

All evenings start promptly at 7.30 pm and end around 9.30pm to 10.00pm

Cost: \$11

If you are interested in presenting on a Thursday night please phone Lynn Saber Mobile: 0411 658 404

3 April 2003

Karen Ashby/Shelley Mort

Crystal Bowl and Connective Healings

Connect and experience angelic and other frequencies activating the high heart, and enhancing joy and higher consciousness. Benefit from repatterning of blueprints, DNA, energy, light bodies and chakras. Clear karma and access deep transformation as fears, blocks, issues, anxiety, phobias etc are transmuted. Play a singing bowl yourself, and bring a crystal with you to be programmed with the energies of the evening.

10 April 2003

Joanne Messenger

Be in OnePeace

Everyday in my practice I meet people seeking peace. We are starting a different journey, searching for new ways, reviving old ways and questioning long held beliefs, or lack of belief. Tonight Joanne will outline her new Be In One Peace courses. Most people know her as a chiropractor and Chiron Healer, but she also has over 20 years experience as a public speaker, a course facilitator, and has taught both the philosophies and the techniques of energy and healing throughout Australia and New Zealand.

17 April 2003

Kim Fraser

Pranic Healing, Creating Abundance

(See Neutral Bay Diary 14 April – repeat of presentation)

24 April 2003

Dan Fogliati

Meeting your Spirit Guides

(See Neutral Bay Diary 21 April 2003 – repeat of presentation)

1 May 2003

Franziska Goyo

Age of the Heart

(See Neutral Bay Diary 28 April 2003 – repeat of presentation)

8 May 2003

Rosemary Butterworth

Angel Readings and Meditation

Come and enjoy Rosemary's stories of her encounter with the Archangel Michael in a tropical rain forest in Hana, Maui (Hawaii) and her adventures as she travelled around the world following her inner guidance. The wisdom and love that comes through her from the Angelic Realms and Spirit, helps to bring us back to a sublime quality of life. Bring your questions if you would like to ask for guidance that will help everyone.

15 May 2003

Greg O'Donnell

" Conscious designing "

Greg is a spiritual Architect that has been teaching meditation for the past twenty years. He will take us on a journey of higher conscious creativity that will tap into the Buddhist, Indian and Chinese traditions.

22 May 2003

Guy Johnson

Conversations with GOD

(See Neutral Bay Diary 19 May 2003 – repeat of presentation)

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29 May 2003

John Hayes

Kinesiology for Self Application

An interactive learning experience applying muscle testing to include awareness and clarity on the physical, unconscious and spiritual levels. Learn to clear limiting mental/emotional patterns, to obtain clarity and awareness of what is appropriate for you. Clarifying intuition to give greater awareness and direction and improve clarity and understanding of what is intuited.

5 June 2003

el Herrington

Your New LightBody

This evening we will tune into the latest transmission of light for Earth's awakening. Learn about a new level of angelic presence bringing in frequencies for a complete holographic repatterning of our time-space reality. Within our own LightBody we can receive these codes for aligning with the new paradigm. Bring your Soul into more clarity, peace and love!

12 June 2003

Bhakti

Tantric Love

Bhakti will talk about how Tantra brings into awareness the sacredness of the human Love experience including the sexual experience. She will explain the practical side of Tantric Love, and the spiritual interaction between Men and Women.

19 June 2003

Karen Ashby

Crystal bowl connection

(see Blue Mountains Diary. 6 May - repeat presentation)

26 June 2003

Geoff Kabealo.

Passionately Alive

In these troubled time, it is natural to go into survival mode, but are you aware that we have all given away part of our passion and aliveness in exchange for Survival. Where has the Loving, creative, vibrant Child that was you gone? How do we reconnect. Geoff with 20 year of facilitating self-development courses will show us how!



THE SOUTHERN CROSS ACADEMY OF LIGHT

is holding the focus of Peace, Love and Compassion
for all the people who are suffering at this time.

PEACE BE WITH YOU

Live the Life you want

You can create a whole relationship within yourself and life with conscious presence and compassion.

Isira is a unique spiritual Master living in Sydney who has come to her awakening having experienced life from pain and confusion to consciousness, peace and joy.

She will share with you insights and activities to help bridge the gaps between your soul awakening and your life today.

"Live the Life you want" is for people who want to:

- Connect with the heart, soul and source of being
- Develop unshakeable peace and love within
- Transcend the destructive and distracting mind
- Awaken conscious presence and empower self- responsibility
- Cultivate compassionate communication
- Achieve deep healing and true forgiveness
- Have loving, joyous and mutually respecting relationships
- Understand yourself, others and life
- Develop emotional maturity, intelligence and clarity
- Awaken to self-mastery and whole being in the Now
- Create more fulfilment and harmony in life
- Achieve deeper meditation

Introductory talks: 26th – 29th May, Academy of Light venues

Workshops: 14th/15th June; 28th/29th June and 5th/6th July

6 week course: Starting 2nd June at 7pm

For more information: www.isira.com, email: loveis@isira.com

All enquiries phone: 02 9453 0761

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Gatherings are held and available in varying locations.

Tuesdays: 7 – 9.30pm- alternating venues

Wednesdays: 10 – 11.30am - Oxford Falls

Sunday: 10 – 12 noon – Oxford Falls fortnightly

Thursdays: 10 – 11.30am - Newport fortnightly,

ph: 9997 6667 and

7 – 9.30pm – Katoomba fortnightly, ph: 0403 202 940

"Read about it in the Power of Nowget it with Isira!"

Geoff Draper

"After reading Conversations with God and other spiritual books I am grateful to have the opportunity to be with a Master who leads me from concepts to the experience within."

Karin de Vos

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*We acknowledge and work with our Guides, Teachers and friends in the spirit world,
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From the 'West Country' of mystical Cornwall, Camelot, Mexico and Ancient Egypt, comes a new instruction manual for our *now* time.

Magenta Haydon is an experienced metaphysical teacher- practitioner, and long time initiate of the 'mystery schools'. This manual shows you how to connect with higher healing forces, how to clear old 'programs' and release all the negative feelings that come up for you, how to raise your vibration, make soul connections with others, and how to become whole, healed and happy - for *real*. It will give a new understanding of the reasons for your own, real life problems, and it *will* give you the keys to the answers you *need*.

What happened on Sept.11th, and again for Australians on Oct 12th 2002, gave us a reminder for *choice*. We can perpetuate and dwell on revenge, fear and other negative emotions, or wake up and do whatever it takes to create a world that honors and lives in *happiness, well being, love* and in *now time*. You can achieve this by actively healing your own, individual, life first. We *can* live together in a world that *respects* 'other' nations, cultures and people. We *can* overwrite the old script of the Earth play.

The hidden realms of the mysteries of our world, reveal we have been living under an 'earthspell', a dreamtime non-reality that we entered millennia ago. The electronics and physics of the Earth was in fact, a sophisticated science *known* to the advanced

technological Age that existed *before* Genesis.

A few thousand years ago the dominance of the 'dark forces' reached a stage powerful enough to place the Earth under a 'spell', but the information explaining how this was so, was kept from all the people. This means we have never understood the reasons *why* we have had to experience unhappiness, misinterpretations, wars and negative life circumstances.

Since the late 20th century, the Earth began to *release* this imbalance. Then the full 'reawakening' began its remaining stages after the events of Sept.11th 2001, when the keys were given to unlock the final bolts - beginning to release us all from a hypnotic slumber and the control of 'who we are'.

This manual is designed and produced to assist you discover 'who you are', and the truth of your eternal existence as the blissful energy frequency of Happiness and Love! It shows you how to reconnect with the intelligence and wisdom of your Heart.

For the first time in 6,000 years, men and women can find the mysteries of 'relationships' that have eluded them, and all people can achieve the healing they have always needed. It recreates the 'divine union' that is the Source of the 'One'.

For this is a time of magic, awe and magnificence, when miracles are happening and *you* can change the world. According to the Mayan calendar, we have until 2012 to rewrite the old script and choose exactly that.

"This morning I got up early and my mind was thinking about you, and felt the need to say 'thanks' for the guidance and direction you have given. I believe being in contact with you has helped me in getting better". A. J. - India

"Thanks for the inspirations". J.D. Qld. - Australia

"Having purchased and read 'Earthspell', I found it totally absorbing, with vital information unique to this publication, which we all need to know. I recommend anyone with an enquiring mind, to get their copy of 'Earthspell' for their spiritual enlightenment."

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General index of content: the dreaming • what is Love? • reconnecting •awakening the heart • the mystery schools and initiation • regeneration • soul connections and soulmates • find happiness and get healthy • end depression and anxiety • live multidimensionally • clear the 'death overlay' program and the mental need for war! • discover health, well-being, metaphysics, a few wizards and maybe a dash of your own mystery

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