

ShiningBRIGHT

ONE SPIRIT DIVERSE VOICES

JANUARY/MARCH 2001

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GRAILHAVEN WATER

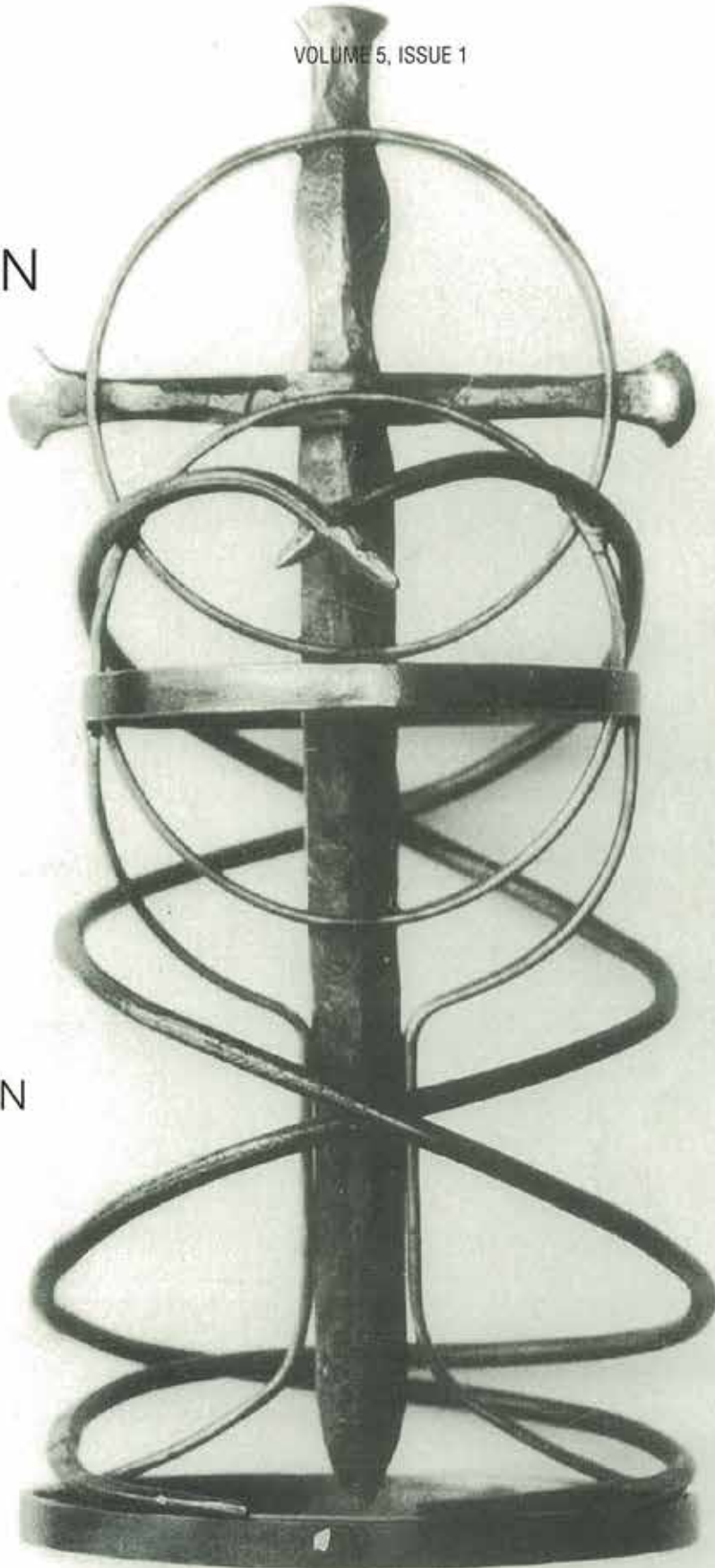
Cover story

THE PLANET

THE PEACE ANGELS TAKE WING

HUMAN POTENTIAL

JOURNEY WITHIN



THE SOUTHERN CROSS ACADEMY OF LIGHT

A non-profit organisation offering a support network of loving service physically, emotionally and spiritually for all

THE SOUTHERN CROSS ACADEMY OF LIGHT

One Spirit, Diverse Voices

Unity through Love

The only authority is one's heart -
the Divine in all of us

Mutual respect
and acceptance

Personal responsibility for
one's thoughts,
words and deeds



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from the EDITOR

2001. Is this the real new millennium bringing with it the new seed of consciousness?

When Virgil Armstrong (USA) spoke at the Academy Meeting in October, he remarked that this wonderful new energy was so apparent when he landed in Sydney just after the close of the Olympics. He feels that the new seed of consciousness the world has been waiting for, is here. The Olympics was the facilitator.

He went on to say that now it was up to the people of Australia to live it. But the question remains – how do we practise this in our everyday lives. Can we commit to being warm, friendly and loving in our homes and workplace? Are we willing to let go our attitudes and feelings of being 'wronged' and be willing to find and see the perfection in each and every situation?

We did it at the Olympics. We were just happy to be there – all our stories of woes and history of 'wrongs' were forgotten in the joy of the occasion and the joy of experiencing the warmth and friendship of each other. Each day we were happy to be present and enjoy what that day brought to us. Everyone spoke to each other, smiled and laughed. Living during the time of the Olympics was a great joy. Everyone held a common focus. We weren't separate.

Now it is up to each and everyone of us. The future



Rosemary Battenworth

is what we make it. We look at what is going on in the world, hold vigils and pray for peace. This in itself is wonderful. But even greater would be the realisation that we CAN have peace in the world. It would only take each and everyone in the world to take responsibility for their own thoughts, words and actions. For each and everyone to let go their anger and resentment and consciously make an effort to connect to the peace that is already there within them-

selves.

One by one, if each person made a commitment to being peaceful at home, at work and at play, we would have a peaceful world.

We cannot change the actions of another but we can take the responsibility for our own.

The Southern Cross Academy of Light wishes all its friends the following for 2001:

May Peace be in your head and in your thinking

May peace be in your eyes and in your looking,

May peace be in your mouth and in your speaking,

May peace be in your hands and in your doing,

May peace be in your heart and in your understanding.

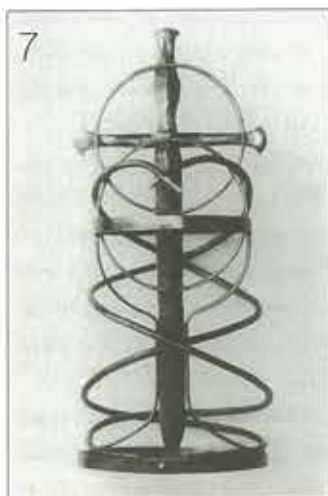
HAPPY NEW YEAR! MAY PEACE AND PEACE AND PEACE BE EVERYWHERE.

Rosemary

Love and Blessings,

THE SOUTHERN CROSS ACADEMY OF LIGHT

ShiningBRIGHT



FRONT COVER

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eMAILS from around the World to the Academy

Hagit in Israel

May Peace Prevail on Earth - Yishre Shalom Al Ha'adama - Al Salam Lil'Alam Ajma

During these recent weeks, many of you asked me about "facts" or invited me to respond to "actual news". Let me first apologize for not replying. I do respect all views. My heart is big enough to love compassionately and respectfully fear agony and pains that are so common these days. I want you to know that I choose differently. Knowing that peace starts in the heart, I flooded mine with unconditional love and peace, now it prevails in each and every one of my cells so I can graciously serve and fulfill my mission much better as an Instrument of God's Peace. Yes, sometimes I still need reminders, especially when shadows try to take over and enforce difficulties. Than I remind myself that it is only the Drama in which we freely choose to play a part – the real thing is totally different, and it's here!

Last Friday early morning I left my home, which is near Tel-Aviv on my way to Jerusalem to meet Hedva & Shimshon (who are the most loving pure souls I ever met) and together to join Eliyahu MaClean and Debby Brous for our weekly ceremony in the Old City of Jerusalem. Usually it doesn't take more than 40-50 minutes to get there from where I live. This time it was much longer. The main road to Jerusalem was packed with tens of trucks loaded with armed soldiers and policemen going to Jerusalem to prevent any kind of animosity actions and possible provocations as it happens sometime after the 'Jum'aa's (Muslims' Holy Friday) prayers on the Temple Mount. Usually I don't really like driving bumper to bumper, but this time I was grateful for the opportunity that was given to me to mingle with this cortege, pray Peace and send loving light to all in there, wishing them coming back home in peace and quiet with no need to act or react.

At around 10:00, we start coming together on a small balcony opposite the Wailing Wall observing the Temple Mountain in which the Jum'aa's Prayers where started already. There were more than 30 of us, Israelis, Palestinian from East Jerusalem, German and American. Together with us on the same tiny balcony stood a small group of Hassid (Orthodox Jewish) and some soldiers. Eliyahu conducted peace prayers in three languages (Arabic, Hebrew & English). After the sharing, we start tuning by chanting and drumming. During all that time the Muezzin's voice reading out the oration was clearly heard at the same time as instruction was given to the soldiers about what and how to react in any possible act that might start after the prayers. The atmosphere was

very heavy and dense. At around midday, the drums obscured it all until we heard the soldier's signal instrument declared: "Mission accomplished! All soldiers can leave positions, we go home!" – our prayers were answered! The soldiers told us "Thanks to your prayers we can now go home, nothing happened" they said "nothing happened" but we knew what it indeed was. Eliyahu & Debby will continue to hold this important vision every Friday between 10:00-13:00 on the balcony in the Jewish Quarter, viewing the Temple Mount. You are all invited whether in presence if you happened to be in the region or in your soul from wherever you are. I'll be there often as possible. I can assure you that watching all the many soldiers and policemen surrounding the Old City of Jerusalem loading the weapons and other protecting instruments back on the tracks – was healing to my soul. Now they can go back home and tell their beloved ones about the wonderful sunny day they spent in Jerusalem – City of Peace, left with nothing to do...

Saturday morning was another beautiful day; it is now autumn and it was a bright sunny day. While preparing ourselves to tune in with the entire world, the Peace Pole Ceremony took place at 11:00 in Jordan. We were sitting on Hedva & Shimshon's balcony of their Temple of Love and Inner Peace in Jerusalem, sharing insights and visions. On a certain point, I mentioned my wish to invent special spectacles that will reveal the Peace that is already in our hearts but for some of us, pain and sorrow covers it and made it hard for them to observe. Instantly Shimshon removed his sunglasses and offered them to me saying: "Here they are! I see the Peace and I live it!" How true! It is now our will to share it with all humankind. Now I would like to add earphones to hear loud & clear the Angelic tones and Divine melody of the PEACE.

Later on that day, we had our Light Weavers' monthly summit, – this time in Isaac's home. Hedva guided us to open the window in our hearts, send out our highest thoughts and ideas about peace and create a huge tapestry to sacredly offer it from Jerusalem to the entire world. It was a remarkable experience for more than 60 people who participated this in vision.

Sunday (evening local time) we were sitting in small groups joining another magnanimous advancement initiated by Jimmy Twyman and Greg Braden to reply to Mr. Arafat request for 1 million 'strong' people intentionally praying for peace.

So you see

continued on page 6



THE PLANET

by Judy McGonchie

One evening in a violent storm, the Neil Dawson sculpture 'The Globe' that hung outside the National Gallery of Australia, was struck by lightning. Intrigued by the images in The Canberra Times report that showed Australia still intact, even though The Globe had been blown apart, seemed to me to be a portentous symbol, coming as it did toward the close of the century before the start of the new millennium. So much has been written about earth changes and about the effect our choices are making on our beloved planet that my mind returned to an especially meaningful passage in the introduction by Michael Joseph to Simon Peter Fuller's marvellous book 'Rising Out of Chaos'.

"On a small planet in a little known system at the edge of a remote galaxy, a cosmic drama of almost inconceivable grandeur is being played out. The people of this world, having lost sight of their origins, their history and the purpose of their journey through space and time, are sleep-walking toward certain self-destruction. All their major institutions, social, political, economic and religious are on the verge of collapse. The spectres of war, famine, fear and oppression are everywhere. The planet's seas and waterways, forests, soil and atmosphere are all being poisoned. Indeed, all life-forms are threatened. Cataclysm seems inevitable. And then, at the last moment, a miracle occurs. All around the planet pinpoints of light appear. Solitary men and women, alert to the dangers that beset their world, begin to gather into groups and link up, forming a fragile network, gossamer-fine at first, but quickly gaining in resonance and power."

I knew as an artist, I just had to put my feelings into a painting. Feeling inspired by the words 'Rising Out of Chaos' as well as the lightning strike, the full import of the concept started to take form.

PANEL No.1 'THE PLANET'

Inspired by 'The Globe', the first panel represents Planet Earth, Gaia, traveling through space on her pro-

jected pathway. Australia is clearly seen surrounded by vaporous forms of clouds. The Hale-Bopp comet flies past. In the far distance in space, a huge and brilliant heavenly body is witness. I 'hear' a message from my Spirit Guide to include the Southern Cross in the upper right-hand corner.

PANEL No.2 'LIGHTNING STRIKE'

Inspired by the lightning strike, this panel represents the destructive forces at play at the end of the millennium on our beloved earth. The impact from above blows the planet apart in an explosion of incandescent light, symbolizing "Enough. Wake Up!"

Australia is still in one piece and the Southern Cross can be seen in the top right-hand corner.

PANEL No.3 'PHOENIX RISING' – Chance of a New Beginning

This panel shows Earth being healed from within, aglow with a new state of consciousness. There is a huge Spiritual Phoenix rising from the centre of Australia, from the power-point of Uluru. The Phoenix' body shows the new DNA double helix that is part of the healing process for the new state of awareness that descends into Gaia. With a new state of consciousness, we can rise above what appears to be the inevitable and enter the new millennium doing it responsibly, honoring all Life through our choices. With wings outstretched over the Planet, enfolding it in a shower of vibratory light, it draws Gaia toward the Great Central Sun whose glow can be seen at the top of the panel. The Southern Cross is seen in the lower right-hand side of the panel, symbolizing the upward movement of Gaia's ascension.

Cards of the Panels can be purchased through The Southern Cross Academy of Light, or from Judy direct. Ph/Fax: 02 6286 4963.

Judy is also available for channeled readings and as part of the session, 'guided' art symbols are created especially for the client.



A LITTLE FAITH goes a long way

Tess was a precocious eight year old who one day heard her mother and father talking about her little brother, Andrew. All she knew was that he was very sick and they were completely out of money. They were moving to an apartment complex next month because Daddy didn't have the money for the doctor bills and their house.

Only very costly surgery could save him now and it was looking like there was no one to loan them the money.

She heard Daddy say to her tearful Mother with whispered desperation, "Only a miracle can save him now."

Tess went to her bedroom and pulled a glass jelly jar from its hiding place in the closet. She poured all the change out on the floor and counted it carefully.

Carefully placing the coins back in the jar and twisting on the cap, she slipped out the back door and made her way 6 blocks to Rexall's Drug Store with the big red Indian Chief sign above the door. She waited patiently for the pharmacist to give her some attention but he was too busy at this moment.

She cleared her throat with the most disgusting sound she could muster. No good.

Finally she took a quarter from her jar and banged it on the glass counter. That did it!

"And what do you want?" the pharmacist asked in an annoyed tone of voice.

"I'm busy talking to my brother from Chicago whom I haven't seen in ages," he said without waiting for a reply to his question.

"Well, I want to talk to you about my brother," Tess answered back in the same annoyed tone. "He's really, really sick... and I want to buy a miracle."

"I beg your pardon?" said the pharmacist.

"His name is Andrew and he has something bad growing inside his head and my Daddy says only a miracle can save him now. So how much does a miracle cost?"

"We don't sell miracles here, little girl. I'm sorry but I can't help you," the pharmacist said, softening a little.

"Listen, I have the money to pay for it. If it isn't enough, I will get the rest. Just tell me how much it costs."

The pharmacist's brother was a well-dressed man.

He stooped down and asked the little girl, "What kind of a miracle does your brother need?"

"I don't know," Tess replied with her eyes welling

up. "I just know he's really sick and Mummy says he needs an operation. But my Daddy can't pay for it, so I want to use my money."

"How much do you have?" asked the man from Chicago.

"One dollar and eleven cents," Tess answered barely audibly. "And it's all the money I have, but I can get some more if I need to."

"Well, what a coincidence," smiled the man. "A dollar and eleven cents- the exact price of a miracle for little brothers." He took her money in one hand and with the other hand he grasped her mitten and said "Take me to where you live. I want to see your brother and meet your parents. Let's see if I have the kind of miracle you need."

That well-dressed man was Dr. Carlton Armstrong, a surgeon, specialising in neuro-surgery. The operation was completed without charge and it wasn't long until Andrew was home again and doing well. Her mother and father were happily talking about the chain of events that had led them to this place.

"That surgery," her mother whispered, "was a real miracle. I wonder how much it would have cost?"

Tess smiled. She knew exactly how much a miracle cost... one dollar and eleven cents..... plus the faith of a little child.

A miracle is not the suspension of natural law, but the operation of a higher law.....

(A true story)

Reflexology

*experience the age old art,
and feel the simple pleasure
of the return to balance
deep within
your whole
being...*

FIONA ROSS-SMITH

■ CREMORNE POINT - SYDNEY ■

9953 2013





Brandon Bays

JOURNEY WITHIN

by Veda Dante

She healed a uterine tumour the size of a basketball in six weeks and now UK-based mind-body expert Brandon Bays returns to our shores for a series of East Coast personal development workshops.

The profound, specialised self-healing program that Brandon Bays pioneered, and which she now calls 'The Journey', has since freed thousands from lifelong emotional and physical ailments including addictions, depression, low self-esteem, chronic pain and illness. This unique, creative process has been described as a "living tool" that helps put people in touch with the best part of themselves.

"It seems it doesn't matter how old or young any of us is," writes Brandon in her bestselling book *The Journey* (HarperCollins). "There is a way in which we all have a sense that there is something large and free inside of us. We have a knowing that we are capable of greatness and, secretly, we long to tap into our true potential and let it be fully expressed."

For over 15 years Brandon specialised in the fields of natural health and healing, often sharing the stage alongside lifestyle luminaries Anthony Robbins and Wayne Dyer. Then in 1992 doctors diagnosed her with a uterine tumour "the size of a basketball". For the next six weeks Brandon embarked on a personal pilgrimage that not only ended with an all-clear diagnosis but a unique blueprint for personal transformation.

Brandon's odyssey evolved into this remarkable healing method called 'The Journey' - a revolutionary technique involving a simple imaginative process that

enables us to access memories hidden in specific parts of the body. Brandon says this cellular healing helps people find, accept, forgive and embrace the core issues that prevent them from realising their full potential emotionally, physically as well as spiritually.

"The Journeywork is not about uncovering memories so that we can use them to justify our current behaviour, or to use them as a weapon to blame those we love," Brandon explains. "The Journey is about



resolving our issues, healing the pain, completing the stories and forgiving those we love, so that we can get on with our lives healthily - free from the emotional baggage of the past."

Put simply, the Journey involves getting in touch with an emotional issue and uncovering what physical part of you it is connected with. "I cannot tell anyone how to heal," Brandon insists. "Part of the healing process is that each of us must discover his or her own truth.

But, what I can do is point people in a direction that can help them to discover the issues they have stored deep inside, and offer tools

that help resolve and let them go. Their body wisdom knows how to handle the rest."

The concept of the body 'holding on' to emotional pain is a well-researched, scientifically sanctioned area of complementary medicine. In his 1989 tome *Quantum Healing*, immunologist Dr Deepak Chopra published the theory that trauma and suppressed negative emotions are often stored as 'phantom memories'



in the cells. He argued that these cellular memories act subtly over long periods of time, and can cause disease and illness years after the actual event has taken place.

Brandon elaborates: "All of us have issues that we feel trapped or limited by in some way, be it anger, depression, grief, anxiety or fear. It may be as simple as feeling there must be something more to life, or as overwhelming as feeling a complete failure. It may be as debilitating as addictions or as life-threatening as a serious illness."

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The weekend Journey workshop is a moving and inspirational pilgrimage undertaken by people from all walks of life. What brings them together is a spirited desire to live life to the fullest and, as Brandon believes to "come home", home to where our soul resides and along with it, the greatness, beauty and freedom that lies within each of us.

"Using this process, hundreds of people have freed themselves from all manner of emotional and physical issues," Brandon says. "Powerful processes have remarkably profound and lasting effects. Chronic pain simply vanishes. A long-standing panic-attack problem simply disappears. Self-esteem issues dissolve, addictions fall

away, and illnesses - chronic and acute - can resolve and heal.

"It's been my own personal experience that the Journey doesn't end with one Physical or Emotional Journey process," Brandon surmises. "In fact, usually doing the process is just the beginning of a lifetime of letting go of emotional layers, and an ever-deepening experience of yourself in Freedom.

"Freedom has no boundaries. It's not like you arrive in Source and you are established in it. Rather it's more like you start living in Source, as an expression of it, and Source reveals all the remaining veils,

wounded patterns and old issues that are ready to be let go of. And yet, this that you really are, Source, remains still, pristine, and untouched by the whole dance of life."

BRANDON BAYS WILL BE IN AUSTRALIA
UNTIL FEBRUARY 2001

Booking details for workshop & private sessions toll
free: 1800 803 714



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beloved ones, as far as I am concerned, the Peace Festival is never ended. We have to do more and more. We should never give up offering our love, being encouraged and sharing it with whomever willing to receive it and still compassionately & patiently radiate love to those who are not ready as yet.

I thank you all for your love and support. I honoured and humbly salute your presence in my life. I thank you for being the light that you shine out.



All Money
Matters

All Money Matters - Supporting You to Live a Truly Abundant Life!

Are these important to you?

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- interating the Laws of Abundance into your day-to-day life?
- freedom to follow your life's passion?

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Since 1994, we have been guiding and educating all types of people, from all walks of life, on changing their money habits and so achieving greater financial confidence and independence. We use an integrated, three part process that is designed around you and your lifestyle, which incorporates any combinations of options, including:

- one-on-one consultations
- personally tailored programs
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How do you start on the abundance journey?

Firstly, you have to determine that you want to change the way money influences your life, and then contact us. Then, at a time suitable to you, we will outline who we are, what we do, how our process has benefitted others, and, together, we will determine what strategies will best suit you to achieve your financial goals and so live an abundant life.

Call us today for your free, no-obligation consultation

Louise Brogan 9974 5128

Jon Paul Miller 0500 508 058

**"Resolve the Past, Invest in the Present,
Secure the Future"**

GRAILHAVEN WATER

by Richard de Welles and Gerry Taylor-Wood

We are delighted to be able to offer this true and wondrous story to our readers. We often ask ourselves what would it be like to sell up and step out into the unknown, and follow our inner Guidance. Gerry and Richard did just that. They left their comfortable home, friends and familiar surroundings and followed their 'knowing'. It took courage and a lot of trust for their journey was not always easy.

In 1976, the great Australian poet Judith Wright sold her beloved house and garden *Calanthe*, at Mt. Tamborine, south-east Queensland, to a recently retired business-woman Dot Perry on the understanding that she would care for the property as had Judith.

Fearing that the three water tanks on the property would not give her sufficient water to irrigate her garden, Dot decided she needed an additional source. She turned to her old friend Henry Schumann. Henry had learnt the value of water early in life. His whole family had to cart water in buckets from the creek during the dry times as poor farmers. Next to life itself, Henry regarded water as God's most precious gift to man. Watching a water diviner work as a child started Henry on his lifelong passion for water and its discovery. Henry was 82 years old when he came to *Calanthe*. This was his first visit to Mount Tambourine and the terrain was unfamiliar to him. He always used a Y-shaped stick cut from a willow tree whose roots were permanently under the water of a stream. Henry quickly discovered that the area held many underground streams, but it was the discovery of two spring-heads nearby which most excited him. The two springs formed two streams, which crossed as they ran beneath the property. It was the crossing point of the two streams, which Henry chose as the location for the bore or well. Through his divining, Henry assessed the



Grailhaven: Mt. Tamborine

streams to be between 70 and 100 feet underground. Sure enough, when the driller reached 85 feet down, the first stream was found. The flow rate was much more than Dot needed, but she insisted that he continued until he reached the second stream. After another 10 feet of drilling, the second stream was reached and the combined flow rate amounted to 2000 gallons (10,000 litres) an hour of crystal clear water. It was not until much later that the true importance of the crossing streams was realized. Also during the period Dot Perry lived at *Calanthe*, there was a realization that the water was special and thought to have healing properties.

Tamborine Mountain is an elevated plateau 550 metres above sea level. It originated as a flow from the Mount Warning volcano some 22 million years ago. Tamborine Mountain is a sanctuary of flora and fauna. There is an immense variety of wildlife including lyre-birds, bowerbirds and platypus. Queensland's first national park was declared at Mount Tamborine in 1908. Very few species of flora have been lost since Europeans first arrived. Deep in the nine sections of national parks are stands of Piccabeen Palms with elkhorns, staghorns and orchids.

THE FIRST VISION

In January 1992, we travelled to Glastonbury, Somerset, the original Isle of Avalon as we had every year for eight years. Normally we pilgrimage there at Easter, but that year the call came to go earlier. As usual, we were to stay in the Retreat House of Chalice Well called Little St. Michael.

Geraldine continues the story. "Going to bed at my usual time of 11 pm, I slept well. Yet around 2 or 3 am, I became restless. Although feeling very tired and resistant to becoming conscious, I was aware I was moving around a lot. I

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heard soft voices, and then one voice was becoming distinctive from the rest. I opened my eyes to see the face of Wellesley Tudor-Pole (the Christian Mystic who founded the Chalice Well garden) above the bed and slightly to the centre of the room. He looked at me and his mouth moved to shape words. I turned over and fell into sleep. Again I was aroused and saw the face of Tudor-Pole, this time across the opposite side of the room. Nearing dawn, I woke up and saw him for the third time - his head, neck and shoulders. It felt like all night he had been talking to me, telling me where I was to go and what to do. He caught my attention by addressing me as "Daughter of the Well:" He was to use this term again when we had moved to *Calanthe*.

From that night on, the message became clear, I was to go to Australia and find a property with a well on the

stantly remarked on this, but it was not until there was an occasion that tested us both, that we were destined to find *Calanthe*.

Part of Tudor-Pole's message was: "when the time is right, you will be lead to the place with a well". After three years of living in Australia, no such place had materialized. Then the guardians of Chalice Well Garden (Willa and Leonard Sleath) announced their pending departure and suggested we apply to be the next guardians. The temptation was great - yet time and time again through meditation, it was clear that my mission lay in Australia. Well I said, defying the Gods, either it's soon or we go home! Within days the third and last dream came and subsequently friends drove us to Tamborine Mountain and the place called *Calanthe*. This was now three years and three months after the vision and the instruction to leave England and find a place with a well when the time was right.

Richard recalls the journey to Tamborine Mountain:

As we climbed the steep winding road to reach the top of Mount Tamborine, I experienced an extraordinary feeling of excitement and expectation. It was the same feeling of suspense and anticipation achieved at the cinema when the audience is able to see the 'big picture' in a scene but the characters of the film are unable to. I felt my heart pounding and the real belief emerging that I had been to this place before. No amount of rationalizing would dispel the feeling, which by now had become an almost overwhelming emotion.

We met the local real estate agent at the appointed time and whilst our friends went exploring, we were shown a few properties in the area. Now my original feeling had change to one of intense disappointment as the properties were obviously not what we had come to find.

We were then taken to *Calanthe*. On arriving, the earlier feelings returned. By the time I was halfway down the garden (which the agent showed us first), I was experiencing an energy which invoked what would perhaps rightly be called an altered state. I managed somehow to keep up a rather banal conversation until I had to know.

"Is there a well here?"

"No, but there 's a bore," he replied. "It's supposed to be the best on the mountain," he added.

I remember turning to the agent and saying; "In England we would call it a well. I think this is the place for us".

He seemed surprised and asked whether I wanted to see the house. He appeared even more surprised when I explained it wasn't really necessary!

The pervading sensation of *déjà vu* developed into a profound recognition, which seemed energetically



Genadine, Hamish and Richard in Hamish's forge, Cornwall.

land. Further guidance from my meditations confirmed this and in a series of three dreams I saw the property I was to find. I always saw it from above from a height of about a hundred feet. In a dream state, I saw sloping grass lawn, clusters of trees and sky so blue I thought I had died and gone to heaven (I remember remarking to Richard that surely this was a heavenly place as it was so beautiful). I later discovered that Australian skies were the deepest and clearest blues. In dreams, I saw distinctly the agent who was later to sell us *Calanthe* - a grey-haired bespectacled man called Avon.

Eight months later we arrived in Australia and settled in Sydney. I knew this was not the place. Further intuition put the place within a triangle formed by Brisbane Gold coast and Mount Tamborine. I knew the place with the well was in this triangle and con-

based rather than a visual remembering. I recalled the times at Glastonbury England and specifically the hours of peace and silent meditation spent within the sacred space of Chalice Well garden.

I questioned whether I was responding to a kind of subconscious association of ideas or a series of wishful thoughts but concluded that the land I was standing on held the same extraordinary energy and magic found at Chalice Well. There were several obvious physical parallels. Both properties were of the same size and sloped downhill on a similar gradient with the well at its highest point. Two springs feed underground streams. Energy lines and vortexes known of since ancient times at Glastonbury were later discovered twinned at *Calanthe*.

Our research undertaken for annual tours of Sacred Sites had shown us that the great ancient Sacred Sites were built above crossing underground streams and energy lines. Early man had the ability to perceive or even see these energy fields. We now know that the crossing of two underground streams creates an electromagnetic field. Many studies have shown that magnetized water has healing properties. By sinking a well, which connects two crossing streams, the water drawn up will hold the energy surrounding it. The situation of naturally-occurring energy lines and vortices in the area of the streams increases the water's vitality and health-giving properties.

Of the many views shared with us, a consensus was that the water held a high level of energy. As people arrived at *Calanthe* from very different places and a variety of belief systems, they brought us valuable esoteric insight. The recognition of the water's importance was becoming general by the intuitives, and those with special 'sight' who came into contact with it. When laboratories analysed the water, it was found to be extremely low in all minerals and metals prompting the head chemist to describe it as 'wonderful', the best that he had analysed for many years. People continued to collect the water with the belief in its special qualities, not only of physical healing, but also spiritual enhancement.

Makers of vibrational essences saw the water as the perfect medium to hold their specific remedy and information. The 'New Approaches to Cancer' program in England requested a shipment of water. The first consignment arrived in July 2000.

Our future plans include further study of the energetic properties of the water by various techniques and increased input from those with special abilities.

THE SYMBOL

Within weeks of arriving at *Calanthe*, we became conscious of the need to rename the property. This was

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Bernie Prior

A Self Realised Master
Working as an Universal Teacher

Touring Australia from the UK during April 2001

2 DAYS IN SYDNEY. 23rd - 25th APRIL

TALK - MON. 23rd APRIL
"THE SOURCE OF MY LIFE"

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to take another four years to emerge. We also needed to find a symbol which would underline our intended work. Our study in Europe and subsequently our work taught us the power and authority held within sacred geometry and symbols – from Druidic stone circles and earthworks, to early churches and secret codes, the universal non-literal language of symbolism created a magical and timeless statement of human spirituality. The symbol arrived almost immediately.

In a state of exhausted relaxation rather than meditation, Richard lay down on the floor of the office after a long day in the garden. Within seconds of closing his eyes, an image appeared which was to form the symbol we had searched for. Although each of the elements of the symbol held ancient power, when combined, a new energy and dynamism was produced. However it was not for another four years that the true meaning of the symbol was to become clear.

The image combined four of the most ancient icons of the world:

The Chalice Cup

Essentially a female symbol of love, blessings and everlasting life, the Chalice Cup is seen as the Celtic magic cauldron, as the grail used at Christ's Last Supper and the vessel in which Joseph of Arimathea caught the blood of Christ at the crucifixion. An enduring symbol of healing. (Some claim that Joseph went to Glastonbury/ The Isle of Avalon with the Chalice: hence 'Chalice Well').

Vesica Pisces

A symbol of sacred geometry, it is the almond shape which is formed when one circle overlaps another. An early symbol of Christ in Glory, the mystic almond was associated with purity and spirituality. It represents the duality of Heaven and Earth and the worlds of spirit and matter.

The Sword

A symbol of justice, insight, wisdom and truth; swords were believed to hold supernatural powers. Examples of the magic of the sword are seen with the Excalibur (the sword of King Arthur), the sword of the Archangel Michael, and the symbols of Alchemy. The sword also forms the shape of the cross.

The Entwined Serpents

Dating back 4000 years and used in ancient Babylon, Egypt and India, the entwined serpents were a symbol of Cosmic Energy, Forces of Earth, and the symbol of Kundalini Life-Force which, when raised, produces enlightenment.

It was an easy task drawing the symbol in two dimensions, but it became clear that it needed to be made 'solid'. Two months later we were in England, taking our annual tour of Sacred Sites. We took sketch-

es to our friend Hamish Miller, an authority on dowsing, who with Paul Broadhurst rediscovered the St Michael and Mary Ley lines, wrote and published *The Sun and The Serpent*, and is an accomplished blacksmith. Smithing was a Sacred Druidic art, which was seen to combine alchemically the four elements of fire, water, earth and air. Hamish immediately agreed to transpose the drawings into forged wrought iron which was no mean feat considering the complexity of the design.

We returned to Australia receiving regular progress reports from Hamish. It was a year before we were able to see the results while on our next Sacred Sites Tour. Having been trained as a sculptor myself, I knew fully the problems in creating the commission he had been given.

On arrival at his forge, I realised by his demeanor Hamish could barely disguise his excitement, and as he produced the finished piece, I understood why.

Hamish had managed to combine into three dimensions the original design with great sensitivity and skill. Most importantly, through his dowsing, he discovered the sculpture had developed quite a unique energy-field (which was to double in size over the next year as it traveled with us on pilgrimages.) The name *Grailhaven* was given to the symbol and replaced the property name *Calanthe*. We were later to realise that *Grailhaven* had come as a symbolic metaphor to explain the importance of the water.

The Sword represents the bore or well shaft, the Entwined Serpents represents the two springs, the Chalice Cup represents the symbol of the sacred life-giving energy, and the Vesica Pisces the duality of spirit and matter as energy held in water.

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THE PEACE ANGELS TAKE WING

by Antoinette Sampson (Blaxland)

Readers will recall earlier articles in 'Shining Bright' about this inspirational and innovative project directed at furthering peace and goodwill on Earth. As creator and Artistic Director of The Peace Angels Project, Antoinette updates us on the latest developments...

In July last year I traveled to India to the ashram at Puttaparthi to publicly and privately dedicate my time and creative energy to the Peace Angels -to bring them into manifestation. I sat in the Mandir at the ashram at the feet of Sai Baba and asked him to bless this work. I asked again if this is what he wanted me to do - or was it something else. No point in wasting everyone's time and energy, including my own, if it was not required.

I was a little disappointed not to speak with him personally, or to be allowed to take a CD of our song, 'Peace will Come', (composed by my husband Rob Sampson) into the mandir. I had spent months in the earthly pursuit of pushing the project with no apparent success, no clear direction, or money and I needed some kind of nod from Swami that I was not completely mad!

Upon returning to Sydney, I promptly got a terrible bout of flu and was extremely ill for three weeks, feeling quite sad and sorry for myself.

On August 1st, exactly six weeks before the Sydney Olympic Games, I invited Jon Pollard, Dean Clyde and Bianca Chimenello to dinner to discuss the progress of the Peace Angels Project. I was introduced to Bianca for the first time and heard her enthusiasm for the entire concept.

We were all talking excitedly about the project - its history and its possibilities when a telephone call came from a good friend to tell me that the previous evening she dreamt that the Peace Angels had a presence in Sydney during the Olympics. She had seen them walking together, and the people were very moved by their beauty and splendid image of peace. I was flabbergast-



ed! Months had passed and the energy of the project hadn't moved. There, around the dining table, my guests and I sat quite amazed at the turn of events. We laughed as we responded to this accordingly! Okay, so the Peace Angels are supposed to be ready for the Olympics. How and why, we did not dispute, but immediately started making lists and plans.

The following day Charles Hogg, Head of Brahma Kumaris, a beautiful international organisation dedicated to Peace, called me to discuss the possibility of the Peace Angels appearing at the Opening of the Peace Pavilion in Centennial Park in Sydney, on September 4th 2000.

I was once again quite stunned! I had met Charles in January and

at that time had asked if there was some way we could work together to include the Peace Angels in any activities that the Brahma Kumaris may have planned during the Sydney Olympic Games, however I had not heard from him again until this moment!

Quite suddenly we had a wonderful event to work towards - we were off and running! A flurry of wings, and gowns ensued.

The artistic team grew overnight and miracle after miracle occurred. Jenny Campbell, a truly gifted



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designer, came on board to make the gowns, whilst Rory Unite began work on seven pairs of wings. A fantastic energy began to manifest. The Southern Cross Peace Angels Theatre Company was created and was completely incorporated by the 24th August 2000 (interestingly my birthday).

We auditioned angels day and night. They came from far and wide - friends, neighbours, people from model agencies, ex-acting students, photographers, models, singers, and everyone else along the spectrum, in fact, most people I know had suggestions - they just walked through the door and asked to be involved. What an extraordinary process!

What makes an angel? How do we choose an earthly human to portray the largesse of the angelic spirit?

After weeks of searching, auditioning and filming, we had three angels - Dean Clyde, Nicole Fantl and Bianca Chiminello. Beautiful, committed and all carrying angelic energies. After more looking and praying, Bonnie Robinson, Junko Shiotani and Marcelo Gallo joined our Peace Angel Troupe - a wonderful mix of cultures, values and beliefs. Now there is a possibility of



an angel in India and Michael Adamedes has arrived, but that is part of the next story.

The first three angels participated in the opening of the Peace Pavilion, a truly auspicious occasion. (A couple of days before the opening of the Sydney Olympic Games, we were ready to begin the next part of the journey - public appearances! The first three peace angels appeared in a Saturday edition of the Sydney Morning Herald. A great opportunity to build recognition and understanding of who we are, but the only problem was that all the facts were mostly incorrect! So many traps, and so much to learn about bringing "spirit" into the public arena. We are learning fast, we have to. A wonderful media consultant, Anthony McClellan, was engaged who guided us through the very different world of the media. He was enormously helpful and we are so grateful for his expert advice and experience.

The Peace Angels were successfully launched during the Sydney Olympic Games to an international audience. We were filmed by Reuters International, AAP, ABC television, Shanghai Television, Moscow Television and Spanish and Brazilian networks. Not bad for our first sojourn into the world.

Honestly, it was exhilarating, extraordinary and exhausting! I met hundreds of interesting people as the Peace Angels walked the city or stood in Central Station, or had their photographs taken with thousands of tourists from all over the world. Listening to peoples' comments, the feedback was extremely positive - we always had an effect.

The Southern Cross Peace Angels are truly an arresting and splendid image for Peace and this Theatre Company is dedicated to reminding people of the power of Peace - peace in your hearts, peace in your communities and peace between nations.

We have truly begun!

I would like to thank all those who have contributed financially, energetically and with their love to the beginning of this wonderful project. May their generosity bring great Abundance into their lives.

We would also sincerely like to thank the Southern Cross Academy of Light for their commitment to the Angels and support and the Friends of the Academy who so generously volunteered their time and service.

Our next step is to create a piece of theatre that helps put the energy of the 20th century behind us in order that we may bring in the new hope for the 21st century - a new way of being.

There are angels among us, there are angels walking the earth

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MISCARRIAGE OF JUSTICE

by Karen Clarke

The pregnancy came as a surprise. I suppose I had become complacent, believing that effort was required to conceive, after all, I was thirty one, had been married for seven years and all my peers planned their babies. My husband and I were at first quite stunned by the news but felt the enormous joy and excitement that comes with the news of a child on the way. Somehow I had never really imagined myself as a mother. It was strange, I felt rather like an imposter, I couldn't be pregnant, not me. Our families were excited, as were we. It seemed as though the world was buzzing, we were overwhelmed with emotion.

It did not take long for my fears and insecurities to surface. I became plagued with negativity. My husband and I had always been inseparable, lived out of each other's pockets from the start and I loved it. We had a very deep and real love. How would a child fit into that world? Would a baby spoil what we had? Would I end up home alone with small children like my mother for all those years? Would he find family life restrictive and not share the responsibility? Would I cope with lack of sleep? Would we ever manage to have a holiday as a couple again? These and many other thoughts hounded me incessantly. I was in a complete spin.

The miscarriage happened at seven weeks. It simply broke my heart. I had not realised how much the pregnancy meant until it was over. There are no words to express the feeling of abject despair that comes with the loss of a baby. I wandered aimlessly in a barren desert of sadness. I felt frightened, dejected, abandoned and alone. I grieved deeply and clung tightly to my wonderful husband but nothing could ease my suffering.

The pain of it was almost too much to bear, but as nature dictates, life goes on. We slowly began to pull ourselves together and move on to a new and very different future.

As I awoke from a period of mourning I began to search for answers. I needed to know why. I took responsibility for the loss of course, I had not put the right energy into the pregnancy, and the baby had felt unloved, unwanted. I had eaten the wrong things, worked too hard. The list was endless. I felt tremendous guilt along with my sadness and terrible confusion at my negative attitude to impending motherhood.

My parents live overseas and as luck would have it

they came to visit shortly after the miscarriage. It had been years since I had spent quality time with my father and as I come from a family of seven, the first time in my life I had my parents' full attention. It soon became apparent to me the fears I had created in association with motherhood were directly related to my memory of my parents' relationship with each other. My father is a wonderful dynamic and interesting man who does not identify well with the role of husband and father. Brought up in the north of England, the heart of male chauvinism, he not so secretly believes that women are best kept in check barefoot and pregnant. I love him dearly in all his glorious failings, but I had not realised the impact my childhood experiences had on my attitude to motherhood. I had been equating my relationship to my parents', living in fear of a life that belongs to someone else. In short, I allowed my past to rule my future and orchestrate doubt in my husband for reasons totally unrelated to reality. I married a good, kind, loving and supportive man; it was irrational of me to see him behaving as my father had done. I was afraid of reliving my Mother's past.

It felt as though as great weight had been lifted from my shoulders. I understood the lesson and I was grateful. I needed to free myself of the emotional baggage of the past. I vowed to welcome the next baby with an open heart and mind, I committed myself to joyfully accepting the future in all its diversity. I was, at last, able to enjoy the arrival of a child.

Our son was born on Good Friday the following year during a wild storm, beautiful, healthy and perfect. The universe continued to turn and my lesson I felt was complete.

Eighteen months later the pattern began to repeat itself. I didn't understand, not again, not me, not now. It was so painful. The slow realisation the new pregnancy was failing, the long wait between ultrasounds, the news they were twins and the sick feeling in my stomach as hope faded. It couldn't happen again, not me, not now. I had learned my lesson; I was free of doubt, content to change, open to the universal plan. It just shouldn't be happening.

I miscarried after several emotional weeks of uncer-

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I wandered aimlessly in a barren desert of sadness

If it was a karmic lesson then what did I have to learn?

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tainty. The pregnancy lasted two and a half months. We plunged once again into despair. It is such a long fall from joy to sorrow. It was so unfair. Once more faced with such sadness I searched for answers. I rang everyone I thought could help. I consulted a spiritual guidance counsellor who had been so wonderful during the first miscarriage. We discussed the concept of karmic lessons for Wayne and I and also perhaps the babies themselves. Maybe it was a gift to allow their spirits to journey for a time with us. Maybe we had agreed to this experience prior to our incarnation for the benefit of all. The concept brought some comfort but I still needed a clear message. If it was a karmic lesson then what did I have to learn? I prayed for the answer but nothing became clear. I was sure I was missing something obvious. I felt frustrated with my lack of perception. Why couldn't I consult my guides as so many gifted people do? Why couldn't I hear messages?

We conceived two and a half months later. I felt good about the pregnancy. I had been taking care of myself, seen a naturopath and built up my energy. I stopped work immediately and my husband helped more with our son at night so I could rest. We both went to great pains to ensure my health and well-being. We lost the baby at twelve weeks, two days after hearing the heartbeat for the first time. It was so very, very sad. The miscarriage was quick. I started to bleed on Wednesday morning and lost the baby Thursday night. There is no need to explain our feelings again. Sorrow is sorrow. Pain is pain. Tears came from deep within, heart-wrenching, stomach-turning sorrow.

We are fortunate to have good people in our lives and were well supported over the next few days. As chance would have it, I had a prearranged appointment with a lovely clairvoyant healer the day following the miscarriage. I was in great need of guidance. I asked if I was

responsible for the loss of the baby and was assured to the contrary. I asked what this experience intended to teach me but that was not given to her. She told me to stop turning myself inside out looking for answers. We discussed again the karmic aspect and perhaps the need for the child to experience disappointment also. She gave me some wonderful healing energy and we both saw the spirit of the baby carried safely away. It was both reassuring and sad.

Over the next few days I became very introspective. Realisation dawned almost imperceptibly. I became very quiet within myself and stopped trying to think. All my previous experiences merged and I became aware of a very simple truth. The answer to the ques-

tion that had tortured me for so long was clear. The way forward was obvious. I had been given so many signs and had completely missed the point. I felt truly blessed. For so long I had struggled, used my mind instead of my intuition. I had 'mind searched' instead of 'soul searched'. I had allowed the pain to engulf me, swallow me, control me. I had tortured myself with an unquenchable thirst for reason and logic. I had forgotten the essential nature of life, ever changing, ever evolving. I had tried to harness an infinite universe of opportunity and stage-manage it with my mind.

The answer is: there is no answer. There is no need to rationalise. Having a reason for sadness, loss or any form of emotional pain does not alter the inevitable grief that accompanies it. The key to peace and harmony is Loving Acceptance of Life As It Is. It really does not matter why. Belief in God, Universal Energy or whatever you happen to call it, requires an element of unsubstantiated faith. An ability to recognise our own

The key to peace and harmony is Loving Acceptance of Life As It Is

limits in relation to a greater power and release the controlling aspect of our nature by accepting an infinitely wiser energy operates In Our Best Interests. The fact this may well be in total conflict with our Conscious Will is entirely beside the point. The pain comes from resisting life As It Is. If we accept all things as perfectly designed for our development then the conflict is gone. This does not mean we feel no emotions. The emotional journey triggers the learning process and is fundamental to our development. How can we learn to overcome painful situations if we suppress the pain? Emotional pain is part of the process and is eased or aggravated by the conscious choices we make.

I can hardly begin to tell you how important this discovery has been to me. I believed I understood the concept of acceptance for many years but never truly experienced it. I feel very blessed and at peace with myself.

It is important to add that my emotional and physical bodies are still healing. This experience has served to bring peace of mind and an inner calmness that was quite unexpected. I lost the baby only ten days ago and my grieving is far from complete. I still feel sensitive, unwilling to face the world as yet and, a little over emotional. I do, however, know that when I am ready, I will be strong enough to continue my journey through life with an open heart and mind. My sincere and heartfelt wish is that this message brings some relief to people struggling in a similar fashion. I hope that any person, who travels a path of sadness and loss in any way, gains some comfort from our experience.



**I had
'mind searched'
instead of
'soul searched'**

STRETCHED IN SAN FRANCISCO

by Dennis Keyes

I've loved for ages the concept of synchronicity - as I see it, things happening at the same time that don't seem to have any cause and effect at that moment.

I've really had my boundaries stretched by a recent visit to San Francisco to catch up with someone who will be familiar to many people who have made The Academy of Light their second home. That person is David Nicol, and he is currently pursuing a graduate program in Cosmology and Spirituality at the California Institute for Integral Studies. I met David some years ago through Earth Elders, and he and I, Annie Castle and Sarah Lawson have enjoyed a loving if intermittent connection.

My background is in Maths and Physics, and I have been stretched (as the Academy's October 2000 guest speaker Virgil Armstrong said of himself) and dragged kicking and screaming into a reality other than that of hard-nosed Western Science.

Nevertheless, I have been following a path that has had me become more open to the idea of a reality different to what is presented to our 'common sense'. My stretch continues.

I have been working in the area of Adult Education for the last decade and a half, gradually extending my belief system

and my experiences. I have been running workshops in Cognitive Skills and enhancing Relationships.

Well, just synchronistically, as the Olympics approached, my work was put on hold with the expectation that people would be more occupied with that during that period than with developing living skills. I'd also worked myself into the belief that Sydney during the Games would be a place to be out of, and so grabbed the opportunity to visit the US and catch up with David, whom I hadn't seen for a year. As I see it now, I was given the time, the inclination and the opportunity.


I was hoping to get the chance to meet some of David's lecturers, whom I had known of for some time and whose work I respected. People such as Richard Tarnas, who I knew was a hard-nosed Harvard Graduate and who had written that wonderful best-

seller - *The Passion of The Western Mind* - a review of the history of philosophy. There was also Brian Swimm, a nuclear physicist who had helped Matthew Fox frame the concept of Creation Spirituality.

Well, my respect turned to amazement as I "sat at the feet of" this pair, and heard Ric (we're fellow travellers now) talk about Astrology as a legitimate field of enquiry. This would give us a different view of the world and a greater sense of empowerment in dealing with our life's challenges.

I became unhinged and expanded in re-reading the Epilogue in Ric's book. I now heard him saying that Western Philosophy is a word, and what's more the word is of men, and that it was time we became more inclusive and embraced the ideas of women, native peoples, and even of unorthodox paradigms. In the latter, he was endorsing methodologies such as re-birthing as a vehicle for resolving our issues of separation and addiction - wonderful stuff.

I also heard Brian Swimm use the "fly in the face of reality" results from quantum physics to endorse the idea that we are creating our words, and that we had other choices. As I shared birthday cake with Brian I heard him report on his attendance at the UN along with World Religious Leaders, to address the issues of our planetary intergration. I was lifted with optimism and excitement.

I've now come back with my world view turned further upside down, wondering where all this is going to lead me, and operating with an enhanced trust. 

I have been stretched and dragged kicking and screaming into a reality other than that of hard-nosed Western Science

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HUMAN POTENTIAL

by Colin P. Sisson

What do all great people have in common? Perhaps it is that they have reached, or are reaching towards, their full potential. The capacity to create a life of excellence and love.

Every person has the capacity to create the life they want inside themselves. Normal people have the desire to be better, but not always the belief that they can aspire to great heights. Everyone has the ability to act, but in most cases not the willingness. Why is this?

We make our lives the way they are ourselves through ignorance of our inherited powers and commitment to our fears.

THE RELIGION OF FEAR

Everyone talks about love but, unknowingly, worships fear. The most popular religion in the world is the religion of fear. It is practiced through worry, anger, guilt, sadness, depression, boredom and every other emotional reaction which keeps people living in the past.

People are trained to fear from birth to death. They are educated to believe that to fear is the correct way of living, that it will keep them safe from danger, improve them, make them wiser and that fear is respect. Some people are convinced that fear will make them more spiritual.

THE REALITY OF FEAR

Fear does not improve behaviour, protect or provide safety. Instead it weakens and eventually destroys happiness, love and freedom.

A person moving towards their full potential will observe their fears and have a healthy respect for danger. There is a world of difference between respect and fear. Respect is an appropriate present-moment, self-loving response to possible injury. Fear is often an inappropriate reaction to past knowledge and belief in a dangerous world.

There is nothing more dangerous than a frightened animal except a frightened human. Making fear more conscious enables us to take back our power. Keeping it controlled or suppressed in the subconscious causes fear to eat away at us and to leak out in inappropriate reactions.

Modern entertainment promotes the doctrine of fear popularising horror, police and gangster movies, which present the duality of good and bad, with the bad guys being punished. Some spiritual approaches promote this similar duality of punishment and reward, good and bad, which suggests the Divine is capable of judgment.

Most people believe that happiness is the result of

good things happening to them. If they are unhappy, then it's someone else's fault. Normal people are convinced that happiness and unhappiness originate outside themselves and have little control of their own emotions.

What are the comments of normal people? "It's your own fault," "He made me angry," "She hurt my feelings," and a thousand other comments that attribute blame outside themselves.

MEDIOCRITY

No one was born to be ordinary or mediocre. Every human was born to be great (reaching and stretching for excellence). This is not being perfect or the best, which is being a competitive victim, but realising our unique potential that we were all born with. It is different for every individual and is the fulfillment of discovering the secrets of love, happiness and freedom.

Actually, they are not secrets at all and are lying in front of every person to discover. Most overlook them in their pursuit of finding enlightenment outside themselves, which is why they have remained a secret.

How could we describe a natural human, someone who is reaching towards their potential? They generally share some of the following characteristics: High self-esteem, Self-determination, Flexibility, Courageous, Humble and Dedicated to a Personal Spiritual Path, to name just a few.

Natural people are discovering that to live a life of love and freedom requires doing nothing! It means letting go of victim-hood and the doctrine of fear. Enlightenment is not a learning process but an unlearning of old, unworkable beliefs and habits.

History is nothing more than a chronicle of great men and women who made a positive difference to other people's lives. Perhaps the tragedy of normal people is that their lives will be largely wasted. Their contribution to humanity will be virtually nil, and their passing hardly noticed.

The question is not why a person dies. The question is, "Why did this person live - what was the purpose of his or her life?"

This is the question most normal people never bother with. We suggest it is the most important question on the lips of every natural person.

**"A Wise person is a great teacher to the foolish.
The Foolish are great teachers to the wise.
But, rarely do fools learn from each other."**



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All of life comes to me with ease and joy and glory!

...cause life is meant to be easy!

*"Our world is changing at such an exponential pace,
that within the next 10 years we will be confronting shifts
that will be far exceeding what we have experienced over
the past 30 years."*

This prediction has been made by Ron Bass, a personal growth and development consultant based on the Gold Coast.

By 2010, major developmental advances will not be so much in our electronics, engineering, medicine, or other such forms of technology, but it will by necessity be in the power of the individuals.

Ron and his partner Melody of Access Life are personal development and life-style coaches. Their clientele include many professional and high profile executives of the corporate world.

"Today we clearly see the need for executives in the corporate world to be more aware of just where their beliefs, thoughts, ideas, concepts, considerations and attitudes are" says Melody.

"It is a changing world, more and more today, we are seeing how the once, typically high -stressed executive is realising the importance of what personal development can offer them in both their personal and professional life" testifies one client.

We can learn that life is meant to be easy. It is possible today to achieve great results effortlessly. Our life simply reflects our state of consciousness.

Ron and Melody say, Access Life is all about 'Energy Transformation', *"you are energy, your business is energy, money is energy, time is energy, that is what everything is. Energy is like a language; we just need to learn how to speak the language"*.

The key to success in life is to unlock the limitations of the old paradigm that hold us captive and become free to access your talents, abilities and personal brilliance beyond belief.

Unlock the limitations that hold you captive to the old paradigm and access your talents, abilities and personal brilliance. Phone Ron & Melody; Access Life, Gold Coast on 0755 704 619 or 0418 776 229.

THE TABLECLOTH

A true story by Pastor Rob Reid

The brand new pastor and his wife, newly assigned to their first ministry, to reopen a church in suburban Brooklyn, arrived in early October excited about their opportunities. When they saw their church, it was very run down and needed much work. They set a goal to have everything done in time to have their first service on Christmas Eve.

They worked hard, repairing pews, plastering walls, painting, etc. and on Dec 18 were ahead of schedule and just about finished. On Dec 19 a terrible tempest - a driving rainstorm hit the area and lasted for two days.

On the 21st the pastor went over to the church. His heart sank when he saw that the roof had leaked, causing a large area of plaster about 20 feet by 8 feet to fall off the front wall of the sanctuary just behind the pulpit, beginning about head high. The pastor cleaned up the mess on the floor, and not knowing what else to do but postpone the Christmas Eve service, headed home. On the way he noticed that a local business was having a flea market type sale for charity so he stopped in. One of the items was a beautiful, handmade, ivory colored, crocheted tablecloth with exquisite work, fine colors and a Cross embroidered right in the center. It was just the right size to cover up the hole in the front wall. He bought it and headed back to the church.

By this time it had started to snow. An older woman running from the opposite direction was trying to catch the bus. She missed it. The pastor invited her to wait in the warm church for the next bus 45 minutes later. She sat in a pew and paid no attention to the pastor while he got a ladder, hangers, etc., to put up the tablecloth as a wall tapestry. The pastor could hardly believe how beau-

tiful it looked and it covered up the entire problem area.

Then he noticed the woman walking down the center aisle. Her face was as white as a sheet. "Pastor," she asked, "where did you get that tablecloth?" The pastor explained. The woman asked him to check the lower right corner to see if the initials, EBG were crocheted into it there. They were. These were her initials, and she had made this tablecloth 35 years before, in Austria.

The woman could hardly believe it as the pastor told how he had just gotten the tablecloth. The woman explained that before the war she and her husband were well-to-do people in Austria. When the Nazis came, she was forced to leave. Her husband was going to follow her the next week. She was captured, sent to prison and never saw her husband or her home again.

The pastor wanted to give her the tablecloth; but she made the pastor keep it for the church. The pastor insisted on driving her home, that was the least he could do. She lived on the other side of Staten Island and was only in Brooklyn for the day for a housecleaning job.

What a wonderful service they had on Christmas Eve. The church was almost full. The music and the spirit were great. At the end of the service, the pastor and his wife greeted everyone at the door and many said that they would return. One older man, whom the pastor recognized from the neighborhood, continued to sit in one of the pews and stare, and the pastor wondered why he wasn't leaving. The man asked him where he got the tablecloth on the front wall because it was identical to one that his wife had made years ago when they lived in Austria before the war and how could there be two tablecloths so much alike?

He told the pastor how the Nazis came, how he forced his wife to flee for her safety, and he was supposed to follow her, but he was arrested and put in a prison. He never saw his wife or his home again all the 35 years in between.

The pastor asked him if he would allow him to take him for a little ride. They drove to Staten Island and to the same house where the pastor had taken the woman three days earlier. He helped the man climb the three flights of stairs to the woman's apartment, knocked on the door and he saw the greatest Christmas reunion he could ever imagine.

So when the road you're travelling on seems difficult at best, just remember I'm here praying, and God will do the rest.



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The Face of An Angel

A bronze Angel monument is being planned for the rose garden in Jesmond Park, Newcastle. The project known as "The Angel Project" has been established as a non-profit organisation, "The Angel Project Incorporated".

The Angel will be magnificent in its presence, standing on a 1.2 metre pedestal base, 1.3 metres tall with a wingspan of 1.5 metres and arms reaching out to comfort or uplift.

Who will be



the face of the Angel?

All Children between the ages of 5 years and 13 years are invited to enter for the chance to be selected as 'the face of the Angel'

Entry fee is \$10 per Child. Send your photograph, with name, age, address and contact details to:

The Angel Project
P.O. Box 12
LAMBTON NSW 2299

Entries close 30 March 2001

If you require your photograph to be returned, please include a stamped, self-addressed envelope.

The decision will be final and no correspondence will be entered into.

For further details on "The Angel Project", visit our web site www.angelproject.com.au or telephone Anne Asmus on (02) 4957 3776

(Proudly supported by the Academy)

OPENING CEREMONY OF OLYMPIC GAMES.

by Judy McConchie

Toward the end of the Opening Ceremony of the Olympic Games, a cloth descended from the top of the stand where the cauldron would be at the climax of the ceremony. As it descended, its surface was lit briefly with images of Olympic winners. Then it started to spread down over the athletes assembled on the arena. Runners holding it at its edges pulled it forward, whilst athletes beneath also moved it forward with their hands.

As it completely covered these representatives from other nations, the lighting turned the cloth to blue, with the white Dove of Peace imprinted on it. A transmission from Spirit regarding the Opening Ceremony was received by me the following day:

"Sing Praise, Sing Joy, Sing Hallelujah!"

This event was a gift from Australia to the world.

A spectacle of beauty and wonder, of creativity, of music, of imagination, of joy, of what is possible between peoples. It was an occasion that has uplifted the hearts and souls of humanity. Joy to the World.

What occurred for the symbol of Peace – The Dove – was the most appropriate message to be presented at the ceremony. For the Dove is Universal in its symbolism for Peace. It crosses language barriers, is immediately recognised and has power to move people's hearts in the most profound way. That its image was shown on the gigantic cloth under which the



Olympians were assembled was a masterstroke of genius. All had the overlay of The Dove beamed down on them from above. All nations represented by their athletes, united as one with the Dove of Peace imprinting its message upon them. That it appeared silently was the acknowledgement that its magic was working on the etheric level, that all who saw it and felt its power for good, could reflect in silence.

The Dove is also a symbol of the Olympic Games and its message is always constant – Peace – through harmony – through allowing – to recognise the beauty in each other. Be there for one another – for in so doing does the heart-beat of the world raise to an octave of Peaceful Co-existence



SPIRITUAL CONSULTATION

By using Divine Guidance from the Masters, I receive channelled messages that can be used as a pivot-point of awareness for your enlightenment. By using clairaudient and clairvoyant perceptions, I gain insights from Spirit that enable me to create art symbols especially for you that enhance your message, At the end of your session you are given your symbol and message

For an appointment Ph: 02 6286 4963



CARDS FOR SALE

\$4.00ea or 3 for \$10.00

- The Dove of Peace breaking through the veils of Illusion
- The Planet (3 images)
- Pillar of Light from the Stargate

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coming EVENTS

• LIVING LIGHT CONFERENCE 2001

Announcing the 2nd Living Light Conference to be held in January 2001. Be part of our living light circle sharing in experiential workshops and lightwork with a variety of speakers from across Australia.

When: January 24 - 30

Where: The Coastal Circle Conference Centre, 220 Albany Nth Street, Gosford

Cost: \$195.00 for full conference (early bird \$175.00) Daily cost \$50.00 Evening cost \$30.00

Enquiries: Ph: (02) 4390 4553. Email: light@fastlink.com.au

• LOUIX DOR DEMPRIEY

Louix, author of Dawn of Enlightenment lives in an ashram in Southern California which he founded in July, 1997. His message is balanced with joy, simplicity, and grace in a way that is both engaging and entertaining.

When: Wed. January 31, 2001

Fri, Sat, Sun Feb 2-4, 2001

Where: Civic Centre, 409 Victoria Ave, Chatswood; 7 - 9:30

Retreat, Civic Centre, 409 Victoria Ave, Chatswood

Cost: Suggested donation \$30.

\$500 (\$150 non-refundable deposit)

Enquiries: For more information, please contact Mary Gleig (02) 9899-6592 Email: rdglieg@netspace.net.au

• AMRITA HOBBS -WORKSHOPS - 'GIRLS GROWING UP'.

- For mothers and daughters. We are looking for mothers with daughters 10yrs.-12yrs. This special day focuses on the exciting changes at puberty; the importance of the feminine cycle and empowering the feminine in our lives. A day of honouring, acknowledgment and celebration.. AMRITA has worked with groups for over twenty years and founded Harmony Holiday residential camps for teenagers in 1986. In 1991 she published *It Could be Different - A self-help book for teenagers* and *Sisterweb Stories* in 1998.

Enquiries regarding venues and costs. ph: Anna (02) 9498 6799 or Rosemary (02) 991 331 97

Email: rosemary@a-light.or.au.

• **WORKSHOPS ON 'MORE THAN JUST CUTTING THE TIES THAT BIND'**, based on the successful work of Phyllis Krystal. Since practising this work and sharing it with others, Rosemary Butterworth and Narelle Green have been delighted and encouraged with the fast results and freeing changes it has brought about in people's lives. They invite you during 2001 to come and experience for yourself the release of old patterns that have kept you blocked from your own Abundance.

INTRODUCTORY TALK: Thurs. 18th Jan. 8.00p.m. 9.30p.m. COST, \$10.

NEXT WORKSHOP Part 1: 20th Jan., 2001 Part 11: 3rd Feb. COST: \$175 (incl. Workbook)

For more information regarding venues and bookings. Ph.: Narelle (02) 9969 1590.

• COLIN SISSON - 'THE BENEFITS OF BEING CONSCIOUS'

International seminar leader, author of 7 books, Colin will be assisting us become more conscious and reap the benefits of conscious living.

Where: St. John's Uniting Church, Cnr. Yeo & Barry Sts., Neutral Bay

When: March 1, (Thurs.) 7.30p.m. - 9.30p.m.

Cost: \$15.00

WORKSHOP - CONSCIOUS RELATIONSHIPS 3 - 4 MARCH. (for happy relationships, true communication is a must).

WORKSHOP - YOUR RIGHTS TO RICHES 3 evenings. 6 - 8 MARCH (if you are having trouble with your finances, this workshop is for you).

WORKSHOP - BREATH INTEGRATION 10 - 11 MARCH (experience the value of breathwork and its importance in our transformation.)

Venue: T.B.A.

Cost: \$195

Enquiries: : Rosemary (02) 991 331 97 Refer to p.16 of this issue.

• BERNIE PRIOR - 'The Source of My Life' - TALK - 7.30p.m - 9.30. 23rd April.

- 'Source Healing, Mind Illumining' EVENING WORKSHOP 25th April.

A self-realised master. Bernie is in Sydney for 2 days only. We invite you to take this opportunity to reconnect with the Love & Beauty that you truly are through this unique, realised Being. Enquiries: (02) 991 331 97 Refer to p.9 of this issue.

• ACADEMY MEETINGS

When: Generally 1st Monday night of each month 7.30 to 9.30p.m. (with exception of Public Holidays)

Presenters: From Australia and overseas (see below).

continued on next page

coming EVENTS

Where: St. John's Uniting Church Hall, cnr. Barry & Yeo Sts. Neutral Bay (Sydney)

Cost: Generally \$10, sometimes more for certain speakers.

Enquiries: The Academy on (02) 991 331 97

• **Irene Mouritz** – Breath Integration.

Irene, from Queensland, was trained by Colin Sisson. She is also a Reiki Jin Kei Do Master. Irene will talk about breath-work, its benefits and the part it can play in gently releasing our fears. Irene is a fully trained nurse and for over 30 years has worked with the mentally disabled and has been a teacher and trainer of carers. We invite you to come and listen to Irene explain how Breath Integration can change your life.

When: 8th January, 2001

• **Ron & Melody Bass** – 'access life' – Introductory Evening.

A very informative evening describing what access is and how access transforms limiting beliefs, attitudes and sabotage patterns into pure positivity. Their full programme in Sydney can be seen in the ad on page.....

When: 5th February, 2001

• **Colin Sisson**

Public introductory talk on his work while in Australia. See ad on page 16 for more details.

When: 1st March, 2001

• **Still to finalise** - Michael Mitchell, Carlos Palada, Shari Rhodes and Ken Page.

Details of Michael Mitchell's visit. (See ad.)

Return of wonderful healer/teacher Carlos Palada and his gifted partner Michelle (currently on a world tour). As soon as the Academy receives details of their return, flyers will be sent out.

Shari Rhodes (U.S.A.). (Medical Intuitive and Reader). The Academy is still waiting on confirmation details of Shari's return visit to Australia. She should be here early 2001.

Ken Page. We have contacted Ken and he is proposing to visit in March 2001.

AN AMAZING MAN REVISITS SYDNEY Michael Mitchell February - March 2001



Whilst in Australia he will be doing

- 'one-on-one' sessions
- one day workshop
- a special retreat



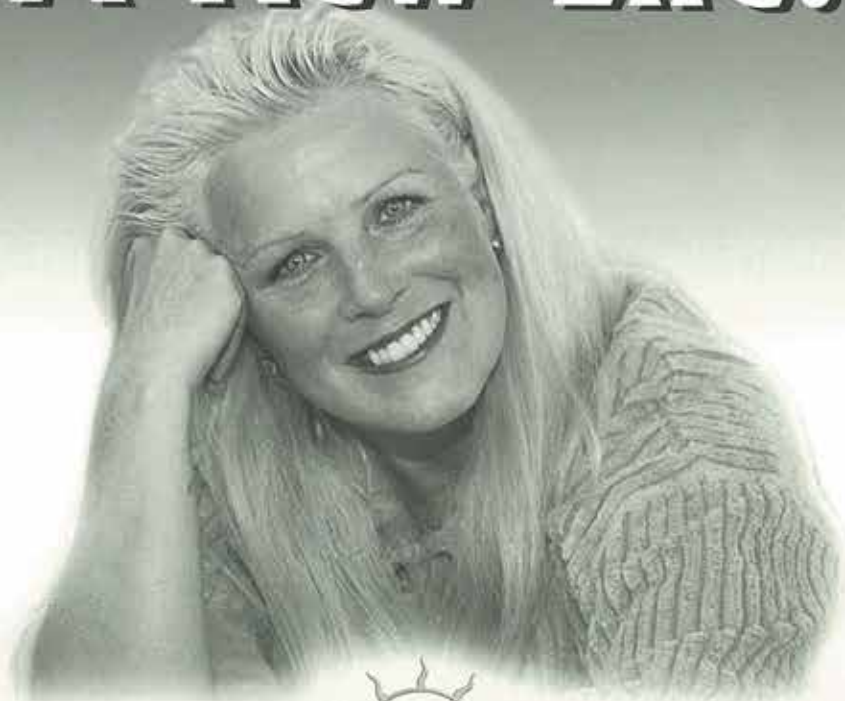
Michael's car accident in 1983, left him paralysed from the chest down, near death several times, and in a wheelchair. Since then Michael has been tested by and worked with, some of the world's most innovative movement exponents. After 17 years, Michael has learnt to use breath, balance, movement and meditation to find a place of tranquility and peace which is not dependent upon the changing conditions of the world.

His commitment to himself and others is to bring awareness to everyday actions like standing, sitting, walking, running, so that life can become a continuous meditation, a state he calls 'Living Awareness'. To live in this state is to live in peace.

"Sometimes it's necessary to 'retreat' before you can go forward. Hopefully you will see this as a timely opportunity to take a step out of a busy lifestyle. Being present, centred and at peace is the best gift you can offer yourself and others."

For further enquiries, booking etc. please ring Madeline on 9810 5527 0411 103 827 or email The Southern Cross Academy of Light: rosemary@a-light.org.au

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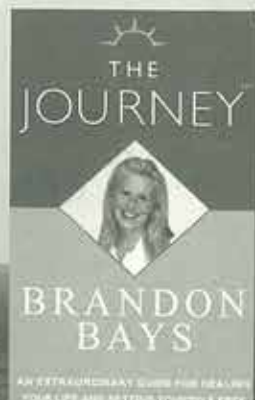
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Call us NOW on: 1800 803 714 (standard call cost)

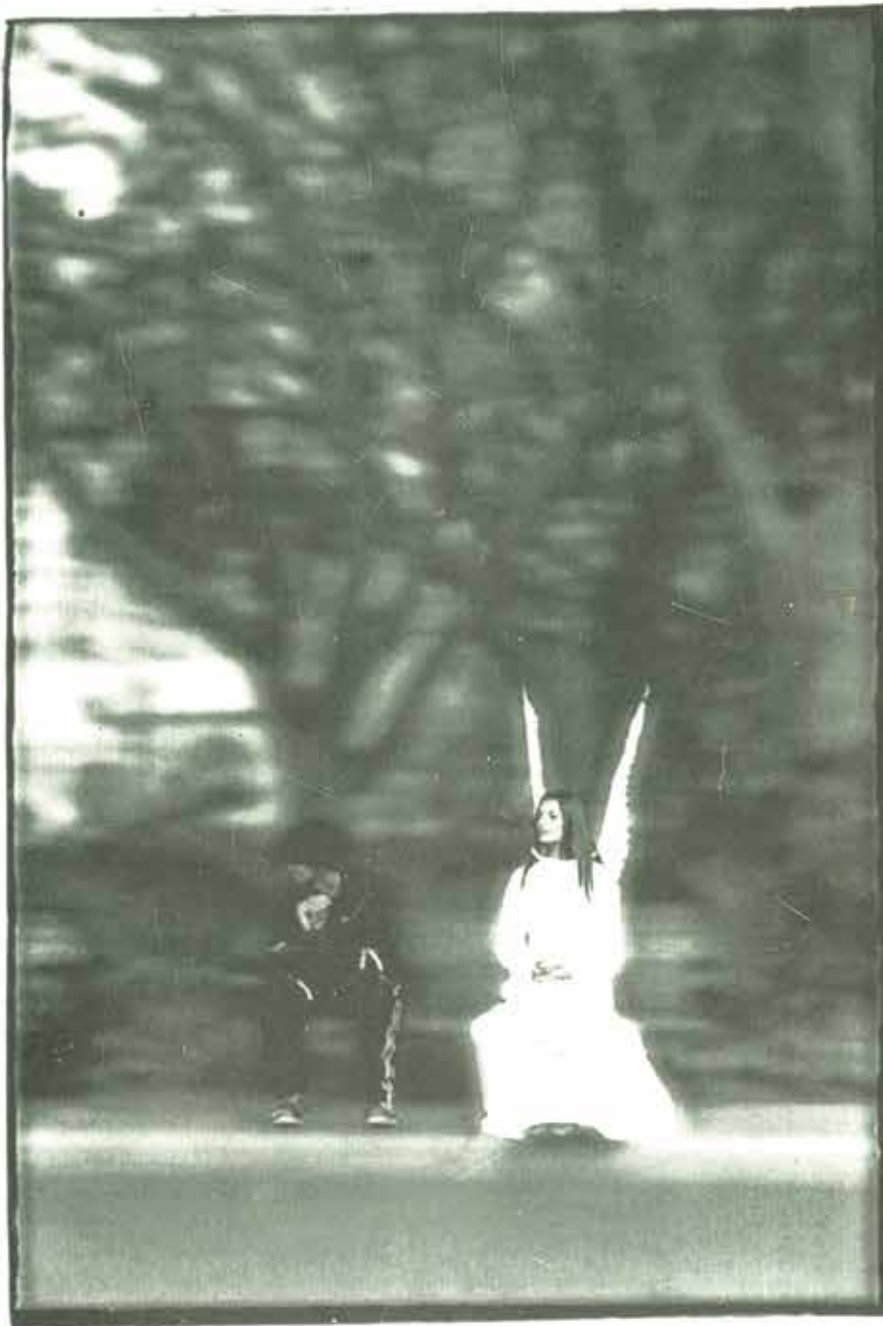
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Byron Bay	Saturday/Sunday	20/21	January	2001
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Sydney	Saturday/Sunday	3/4	February	2001

Journey Accreditation Program 2001 (details on request)



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We are currently seeking sponsorship and appearance opportunities, and are developing a full theatrical performance, website (www.peaceangelsonline.com), and a range of products designed to promote peace in our everyday lives.

Can you help us?


The Peace Angels

For further information please contact The Southern Cross Peace Angels
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