

ShiningBRIGHT

ONE SPIRIT DIVERSE VOICES

JULY/AUGUST 2000

VOLUME 4 , ISSUE 2

AUD \$2.50



DEAD SEA SCROLLS



THE SOUTHERN CROSS ACADEMY OF LIGHT

A non-profit organisation offering a support network of loving service physically, emotionally and spiritually for all

THE SOUTHERN CROSS ACADEMY OF LIGHT

One Spirit, Diverse Voices

Unity through Love

**The only authority is one's heart -
the Divine in all of us**

**Mutual respect
and acceptance**

**Personal responsibility for
one's thoughts,
words and deeds**



ShiningBRIGHT is independently published by The Southern Cross Academy of Light.
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Front cover photos: Courtesy Art Gallery of New South Wales
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The opinions expressed by individual writers in Shining Bright are not necessarily those of the publishers.

from the EDITOR

'THE ACADEMY IN ACTION'

Wendy, 37, arrived on our doorstep mid-May from England. She had asked if she could stay at Narayana, our home and the Academy's Centre, for a few days. She had come to Australia for a 3-week holiday.

John and I had first met Wendy during a week's stay at the Findhorn Community in Scotland in 1994. We had 'clicked' immediately and she subsequently visited us in Australia twice over the last few years. She 'just happened' to be there at the first meeting of the Academy in 1996 and was part of the first group of people who brought the values and objectives into being.

A short holiday, full of peace and quiet was what she felt she needed. Instead she found a bustling, busy household, acting as a centre of *The Academy of Light*; people coming and going – some staying. Shari Rhodes (Medical Intuitive and Reader) from America; Robyn Simon (Ka Huna Massage and much more) from the Blue Mountains area; Joan Moylan, Psychic and Teacher, from Queensland. Each had their own clients (mine also) coming to the house – Joan alone had 30 clients in the 5 days she stayed. Wendy just missed Colin Sisson, Inca spiritual messenger Willaru Huayta, Carlos Palada and Michelle Bates. Not to forget those that come to the house and give so freely of their time to keep *The Academy* going – like Annie Castle and Narelle Green (both practitioners in their own right), Colin Wanless and Clinton Fong. Other people came to do some important work; Anna, Marianna, Tim, Peter... Plus of course, an ever-patient loving husband (a wonderful sound therapist).

So Wendy decided to throw herself into the task of



Rosemary Buttenworth

volunteering her service to *the Academy* and her 4 days stay extended to 6 weeks! Her work ranged from setting up new systems for *the Academy*, organising the files and folders on the computer, sitting down to work with the team on *Shining Bright*, to changing beds and washing, ironing and cooking. Mountains of papers were to be filed, the telephone rang and lot, flyers were needing to be folded, envelopes to be stamped, a couple of mail-outs had to get done, emails and

letters were flowing in and were needing answering etc.

Wendy's life too became abundant. She experienced her own generosity and love; she met like-minded people and formed friendships that will last a lifetime. She laughed a lot. The more she gave of herself lovingly, the happier she became and would you believe it, she put on 5 kilos while she was here. (A very hard thing for her normally to do).

Best of all, in putting her service and energy into *the Academy*, she tapped into the knowing of where her own purpose for the near future lay; she has now gone back to London to start the "Academy Abroad". The Centre will provide community space where visitors will be able to stay, work and grow. Wendy's dream is to work with the children of the Academy to create the "Children's Shining Bright". And so much more.

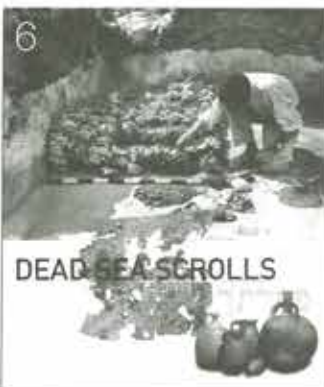
Wendy, a special thank you goes out to you for showing us that *The Southern Cross Academy of Light* is the opportunity for each and every one to experience true community, and joy through work. Because indeed, you have shown us that truly "Work is Love Made Visible."

Rosemary

Love and Blessings,

THE SOUTHERN CROSS ACADEMY OF LIGHT

ShiningBRIGHT



FRONT COVER

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GOD KNOWS WHERE YOU ARE

by Ken Gaub

Do you believe that God not only loves you, but knows where you are and what you're doing every minute of the day? I certainly do after an amazing experience I had several years ago. At the time I was driving near Dayton, Ohio, with my wife and children. My wife and children went into the restaurant. I suddenly felt the need to stretch my legs, so waved them off ahead saying I'd join them later. I bought a soft drink, and as I walked toward a Dairy Queen, feelings of self pity enshrouded my mind. I loved the Lord and my ministry, but I felt drained, burdened. My cup was empty.

Suddenly the impatient ringing of a telephone nearby jarred me out of my doldrums. It was coming from a phone booth at a service station on the corner. Wasn't anyone going to answer the phone? Noise from the traffic flowing through the busy intersection must have drowned out the sound because the service station attendant continued looking after his customers, oblivious to the incessant ringing. "Why doesn't somebody answer that phone?" I muttered. I began reasoning. "It may be important. What if it's an emergency?" Curiosity overcame my indifference. I stepped inside the booth and picked up the phone. "Hello", I said casually and took a big sip of my drink.

The operator said: "Long distance call for Ken Gaub"?

My eyes widened, and I almost choked on a chunk of ice. Swallowing hard, I said, "You're crazy!" Then realizing I shouldn't speak to an operator like that, I added, "This can't be! I was walking down the road, not bothering anyone, and the phone was ringing..."

"Is Ken Gaub there?" the operator interrupted, "I have a long distance call for him."

It took a moment to gain control of my babbling, but I finally replied. "Yes, he is here." Searching for a possible explanation, I wondered if I could possibly be on Candid Camera! Still shaken, perplexed, I asked, "How



in the world did you reach me here? I was walking down the road, the pay phone started ringing, and I just answered it on a chance. You can't mean me."

"Well," the operator asked, "is Mr. Gaub there or isn't he?"

"Yes, I am Ken Gaub," I said finally convinced by the tone of her voice that the call was real.

Then I heard another voice say, "Yes, that's him operator. That's Ken Gaub." I listened dumbfounded to a strange voice identify herself.

"I'm Millie from Harrisburg, Pennsylvania. You don't know me, Mr. Gaub, but I'm desperate. Please help me."

"What can I do for you?"

She began weeping. Finally, she regained control and continued. "I was about to commit suicide, had just finished writing a note, when I began to pray and tell God I really didn't want to do this. Then I suddenly remembered seeing you on TV and thought if I could just talk to you, you could help me. I knew that was impossible because I didn't know how to reach you. I didn't know anyone who could help me find you. Then some numbers came to my mind, and I scribbled them down."

At this point she began weeping again, and I prayed silently for wisdom to help her. She continued, "I looked at the numbers and thought, 'wouldn't it be wonderful if I had a miracle from God, and He has given me Ken's phone number?' I decided to try calling it. I can't believe I'm talking to you. Are you in your office in California?"

I replied, "Lady, I don't have an office in California. My office is in Yakima, Washington."

A little surprised, she asked, "Oh really, then where are you?"

"Don't you know?" I responded. "You made the call."

She explained, "But I don't even know what area I'm calling. I just dialed the number that I had on this paper."

"Ma'am, you won't believe this, but I'm in a phone

booth in Dayton, Ohio!"

"Really?" she exclaimed. "Well, what are you doing there?"

I kidded her gently, "Well, I'm answering the phone. It was ringing as I walked by, so I answered it." Knowing this encounter could only have been arranged by God, I began to counsel the woman. As she told me of her despair and frustration, the presence of the Holy Spirit flooded the phone booth giving me words of wisdom beyond my ability. I walked away from that telephone booth with an electrifying sense of our heavenly Father's concern for each of His children. What

...the presence of
the Holy Spirit
flooded the
phone booth
giving me words
of wisdom beyond
my ability

were the astronomical odds of this happening?

With all the millions of phones and innumerable combinations of numbers, only an all-knowing God could have caused that woman to call that number in that phone booth at that moment in time.

Forgetting my drink and nearly bursting with exhilaration, I headed back to my family, wondering if they would believe my story.

Maybe I better not tell this I thought, but I couldn't contain it. "Barb, you won't believe this! God knows where I am!"



A box of kisses

The story goes that some time ago, a man punished his 3-year-old daughter for wasting a roll of gold wrapping paper. Money was tight and he became infuriated when the child tried to decorate a box to put under The Christmas Tree. Nevertheless, the little girl brought the gift to her father the next morning and said, "This is for you, Daddy."



He was embarrassed by his earlier overreaction, but this anger flared again when he found the box was empty. He yelled at her, "Don't you know when you give someone a present, there's supposed to be something inside?". The little girl looked up at him with tears in her eyes and said, "Oh, Daddy, it's not empty, I blew kisses into the box. All for you, Daddy." The father was crushed. He put his arms around his little girl, and he begged for her forgiveness.



An accident took the life of the child only a short time later and it is told that the man kept that gold box by his bed for many years and whenever he was discouraged, he would take out an imaginary

kiss and remember the love of the child who had put it there.

In a very real sense, each of us as humans, have been given a gold container filled with unconditional love and kisses from our children, friends, family and God. There is no more precious possession anyone could hold.



Rescuing Hug

This is a picture from an article called "The Rescuing Hug". The article details the first week of life of a set of twins. Apparently, each were in their respective incubators, and one was not expected to live. A hospital nurse fought against the hospital rules and placed the babies in one incubator. When they were placed together, the healthier of the two threw an arm over her sister in an endearing embrace. The smaller baby's heart rate stabilised and her temperature rose to normal.



Let us not forget to embrace those whom we love.

*"Friends are angels who lift us
to our feet when our wings have
trouble remembering how to fly."*

DEAD SEA SCROLLS



Undoubtedly the Dead Sea scrolls are the most controversial archaeological discovery of the 20th Century. The Art Gallery of the New South Wales together with the Israel Antiquities Authority is presenting an exhibition of these enigmatic manuscripts for the first time in Australia. The exhibition will subsequently travel to Melbourne to be on view at the National Gallery of Victoria (Russell St), opening in March 2001.

The initial discovery in 1947 by Bedouin shepherds in a cave on the shores of the Dead Sea revealed seven nearly complete scrolls encased in clay jars. This find initiated archeological work in the caves above the ruins of Khirbet Qumran, some eight miles south of

Jericho, that lasted nearly a decade and revealed a wealth of material dating from the 4th century BCE through the 1st century CE.

Scholars have debated issues raised by the Scrolls since their discovery. However, most scholars believe the Scrolls were created by the ESSENES, a group of sectarians who broke away from the main stream Judaism and set out to live a communal life in the desert. When the Romans invaded their community around 68CE, the sectarians hid their manuscripts in the nearby caves.

The scrolls are written in Hebrew, Aramaic and Greek and contain Biblical text in the Hebrew bible—except for the book of Esther, some apocryphal literature, prayer texts and sectar-

ian documents.

For more than forty years, only seven scholars had access to the scrolls – to work on translating and piecing together the hundreds of fragments. When scholars and researchers around the world were granted access to the photographic records of the scrolls in 1991, the pace of research and publication was greatly enhanced. Now the Dead Sea Scrolls Publication Project is finally nearing completion under the direction of Israeli editor-in-chief Emanuel Tov.

The exhibition presents a selection of Dead Sea scroll fragments together with archaeological objects including textile, stone, numismatic and leather artefacts from the Khirbet Qumran site. The presentation of this material illuminates signif-



Plates, bowls and goblets were found in one room at Qumran, with dozens of vessels piled one on top of the other; this room probably served as a crockery near the assembly room, which may have been a dining room.

icant issues about the study of these ancient texts and about their relevance for Judaism and Christianity. The scrolls can provide us with a much deeper understanding of the various approaches to Judaism current at that time, and of their relevance to the history of the religious traditions on the western world.

The exhibition of the Dead Sea Scrolls is a major part of the Sydney 2000 Arts Festival, and is a wonderful opportunity to see the most fascinating relic of our civilization.



Jugs and Juglets

On view Friday 14 July
to Sunday 15 October 2000
Art Gallery of
New South Wales

Annie Castle, who facilitates Essence workshops, had many wondrous happenings and insights at the media launch that led her to understand that all is one and that there is no separation indeed between the spiritual and corporate worlds – it is all in the eye of the beholder.



Photos by courtesy of Art Gallery of New South Wales



Early photographs of Qumran Khirbet.

Things aren't always what they seem

Two travelling angels stopped to spend the night in the home of a wealthy family. The family was rude and refused to let the angels stay in the mansion's guest room. Instead the angels were given a small space in a cold basement. As they made their bed on the cold hard floor, the older angel saw a hole in the wall and repaired it. When the younger angel asked why, the older angel replied, "Things aren't always what they seem."

The next night, the pair came to rest at the house of a very poor, but very hospitable farmer and his wife. After sharing the little food that they had, the couple let the angels sleep in their bed where they could have a good night's rest. When the sun came up the next morning the angels found the farmer and his wife in tears. Their only cow, whose milk had been their sole income, lay dead in the field. The younger angel was infuriated and asked the older angel: "How could you let this happen?"

"The first man had everything, yet you helped him, she accused. "The second family had little but was willing to share everything, and you let their cow die."

"Things aren't always what they seem," the older angel replied.

"When we stayed in the basement of the mansion, I noticed there was gold stored in that hole in the wall. Since the owner was so obsessed with greed and unwilling to share his good fortune, I sealed the wall so he couldn't find it." "Then last night as we slept in the farmer's bed, the angel of death came for his wife. I gave him the cow instead. "Things aren't always what they seem."

Sometimes that is exactly what happens when things don't turn out the way they should. If you have faith, you just need to trust that every outcome is always to your advantage. You might not know it until some time later...

Some people come into our lives and quickly go. Some people become friends and stay awhile, leaving beautiful footprints on our hearts and we aren't quite the same because we have made a good friend!

Yesterday is history. Tomorrow is a mystery.

Today is a gift. That's why it's called 'the present!' I think that is special... live and savour every moment.



WE GOT IT ALL WRONG!!!!

How wrong can you get it? We have been programmed over and over again that we came here to find love. Songs sing about it, poems speak about it, films fill you with romantic ideas that the special One is out there somewhere for you, just for you, waiting for you. And then, guess what, you will live happily ever after.

Well, that is what all the fairy stories tell us. Walt Disney brought Cinderella magically to the big screen in living colour. She delighted us all and reinforced our belief patterns that although we are all miserable now, one day Prince Charming would come along and rescue us from a life of drudgery. Snow White went even further, to awaken from a death state; we need a Prince to kiss us, to bring us into a state of well-being. So here it would seem that we have been waiting round for decades for that right person so we can be happy!! How disempowering! To disprove these rumours, just check out the lives of Princess Diana, Princess Fergie, and Princess Grace. No happy ending there! (as far as we know...)

Who started the rumour that we came from another world into this one to be loved? Who put the "d" on the end of love? To be loved signifies that we are incomplete, in need, and without love – painting us as an empty vessel waiting to be filled. "Where oh, where is that someone that will come into my life and make it complete?" It

It creates the delusion that to experience love one has to be loved first


creates the delusion that, to experience love, one has to be loved first. Whereas, to remember that we are love and that we came here to experience who we are is a whole different

story. One that needs writing, telling and perhaps a film made about it.

We all nod wisely when we read "God is Love" and that we were made in His image. So although many wise writings tell us that we are Love, we still are wait-



ing for Prince Charming to turn up and whisk us away to fulfill all our dreams of being loved. If we are already love, we only have to experience ourselves. How do we do that? Simply by being loving. Everytime we are loving or just being we experience love. It is that simple.

Let us live in the state of love we were born in. A state where we loved 6 billion people irrespective of colour, race, or creed. We were born loving the whole world! Let us return to that state and just be! 



Robyn Simon

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Positive practical parenting

by Patricia Keenlyside Registered Nurse, Midwife And Baby Health Sister

Sometimes caring for a new baby can leave you feeling quite overwhelmed.

You'll get lots of advice from, the medical profession, grandparents, your sisters, your aunts, the neighbours, and even strangers you meet in the shopping centre.

One of the things that can overwhelm is the fact that everyone seems to be giving you different advice! Well they probably are, you see. Each set of parents and each child is individual, so something that worked for your mother or your friends won't necessarily work for you.

Advice I always give to new parents I see is, listen to all this information, store it away for future reference then, **DO WHAT FEELS RIGHT FOR YOU.**

At the end of the day you are the one sitting at home with the crying baby, not anyone else.

Some new babies have an unsettled period from between six and ten pm. If you have a baby like this there are a few things you might like to try. Keeping in mind what I said earlier, some things might work for you whilst some may not.

Some babies may need an extra feed at this time. Some benefit from having a bath, massage and then a feed and then will settle more easily. You could try playing some soothing music. You might like to burn some lavender oil, but please keep safety in mind if you have a toddler or an older child as they will be tempted to investigate the burning candle. Candles and oils are a potential safety hazard for young children. You might like to try carrying baby in a pouch, some babies just need that extra comfort that body contact gives.

While having an unsettled baby is very tiring, it usually resolves itself within a few weeks.

It's vitally important for Mum to take care of herself during this time. Take the opportunity of accepting any help from your partner, friends or relatives when it is offered. Minimise your housework; plan to have easily prepared meals. Take the opportunity of having a rest during the day when baby is sleeping. Allow your partner to look after baby for a few hours while you go out



and do something just for you. Or you might like to soak in a beautiful bubble bath knowing that baby is being cared for. Do not forget to ask for help when you need it.

You have all the qualities that your baby requires from you, so please enjoy and love your baby at this special time.

I hope some of these ideas work for you. Love and light to you all.

I am available to speak to groups or individuals, and can be contacted on

(02) 9918 7708 or 0419 489 103



Balance in all Things

When we allow ourselves to be **healed**
Our connection with the Earth allows her to heal also...

When we **heal** others

The healing rays penetrate

The heart of 'Mother Earth'

Filling the quote of light needed

For her Self Healing...

When we teach others to become

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eMAILS from around the World to the Academy

ISRAEL

Hi,

This is Hagit Ra'anana from Israel and Ali Abu-kumail from Palestine. We have been working together since the Mid-east Light Workers Summit in 1998 on a people-to-people peace mission between our two peoples. Given the history of the situation and many complicated factors, it has been a real challenge, but we continue to have faith in the basic goodness of the human heart and our two peoples in spite of the frustrations that we all experience.

As you are probably aware from the news, we are going through a very dark time here right now. Sometimes it feels like all of our work was in vain. With the renewed violence and building frustration with the political process, we sometimes feel overwhelmed.

We are writing to you to ask you to help us hold vision of Peace, Justice, Security and Prosperity for our two peoples and the whole Mid-east. Help us hold the vision of our living together in family harmony as the children of Abraham. If enough of us around the world can steadily hold this vision – even for just a few moments each day, then we know that we can have yearned for so long for both of our peoples. We write you in deepest appreciation for your help in holding this vision and forwarding our appeal to others. Messages of encouragement are also welcomed. Sharing these with our co-workers is sometimes the only thing that stands between us and despair.

Gratefully,

Hagit Ra'anana, Israel – h-raanan@netvision.net.il

Ali Abu-Kumail, Gaza, Palestine aligaza@hotmail.com

CANADA

Hello from Canada! My name is Joanne Turner and I had the privilege of living in beautiful Sydney for over four years and attending the Academy of Light's monthly meetings and Monday night meditation groups. While living in Australia, I was diagnosed with leukaemia. As fate would have it, I had signed up for a meditation course with Rosemary two days before I was diagnosed. I never did make it to the course due to long hospital stays, but I did learn some valuable lessons from Rosemary, John and everyone else I met at the Monday sessions.

My journey with leukaemia was a long and challenging one but I have been given many wonderful gifts as a result of it. I savour each moment I have on this lovely planet and feel I have a much better understanding of

what I am meant to do why I am here. First and foremost, I hope to help others in challenging circumstances, whether they be health related or otherwise. Nothing gives me more satisfaction, than passing on some of the wisdom that I have been lucky enough to be granted.

I now live in the beautiful coastal mountains of British Columbia, Canada and while there are no pristine white beaches nearby, I am very happy in my new home. I watch the eagles soar in the wind and look up at the highest of peaks from my back deck. I guess you could say I have found a very peaceful existence and for that I am eternally grateful.

I send heaps of my positive energy across the waves of the Pacific so all of you in Sydney and I look forward to the next time that I am there for some of Rosemary's guided meditation, John's lovely healing sounds and the friendly conversation with everyone in the group and a Tim Tam and camomile tea.

Cheers,

Joanne Turner.

POLAND

How are you? I am well and happy. Our work here in Poland has continued with last year's successes.

On the last Men and Woman's workshop I was running, my interpreter was more than interesting. He was Ukrainian, and both his English and Polish was poor, yet, he was an English teacher. So it was quite a challenge on the first day. Also, he had some very strange ideas, one which fascinated me, and I alienated him by openly disagreeing with him, which I would normally not do.

He told me that men get their power from God and that woman get their power from men. He disagreed with most of what we were teaching about. He decided not to come the next day and we asked some of the other course participants to take over. Their English wasn't much better, but the seminar improved 100%. I gave a public talk a few days later in Warsaw and quite a large number of people came. Many signed up for the following weekend seminar.

Life is going pretty good for me. Busy and exciting. I will go on to England for a couple of months and then return to Poland in October, then finally back to Australia.

I celebrate my connection with you and look forward to our next meeting.

Love Colin P Sisson.

continued on next page



shopping AROUND THE ACADEMY

Products available at Academy meetings
or by phone (02) 991 331 97

Books

Colin P. Sisson

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"The Next Step"	\$25.00
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"Winged Thoughts from the Heart"	\$15.00
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Carol Ann

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Debourah Borg-Sayer

"Orange Underpants"	\$25.00
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*NOTE as well as the book the Academy has actual orange underpants for sale: all cotton, all sizes – men's and ladies

\$15.00

continued from previous page

Colin will be returning to Sydney early January 2001 and will repeat "Rights to Riches" and will put on the workshop he is probably best known for; "Breath Integration". The Academy has asked Colin if he will run a practitioner's training course in April 2001.

For earlybird bookings for Colin's workshops please ring the Academy centre on 991 331 97.



CD'S

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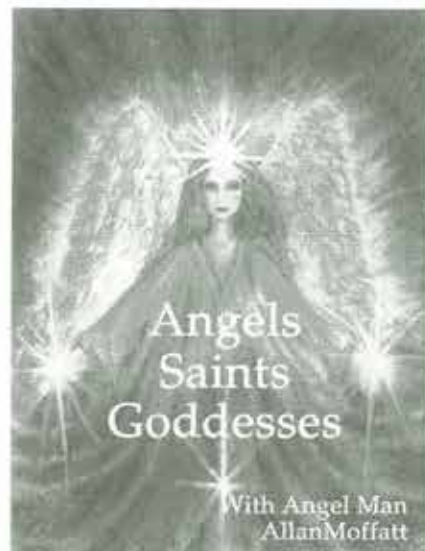
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August 18th, 2000 7.00pm

Plus •21st, 22nd October, Basic Pranic Healing

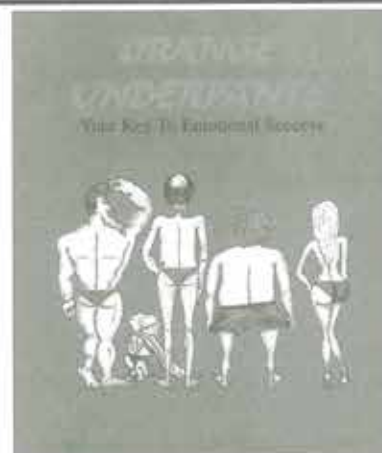
•28th, 29th October, Advanced Pranic Healing

•4th, 5th November, Pranic Psychotherapy

The Mosman Arts & Cultural Centre

Ph 9545 0170 or 9540 2679 Fax 9545 0771

Email: pranic_tachyon@bigpond.com / www.pranichealing.com.au



ORANGE UNDERPANTS

Your Key to Emotional Success

by Debourah Borg-Sayer

Colour can be your Secret Weapon in your business and personal life.

This book shows you how colour can get your message across and how Orange Underpants can become your emotional support.

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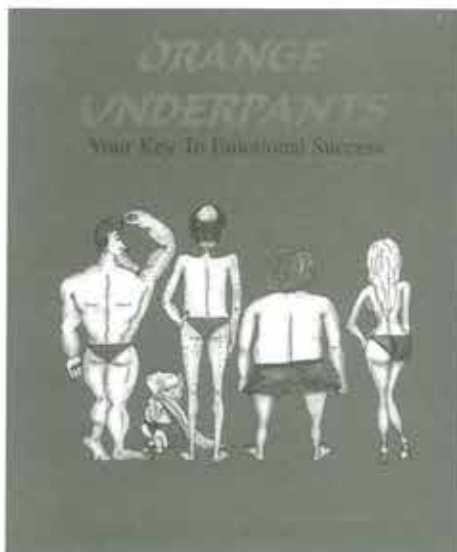
ORANGE UNDERPANTS Your Key to Emotional Success

by Debourah Borg-Sayer

Review by Glenda Arthur

I hated the colour orange. I would have avoided it at all cost. In the 70's it was the popular colour, the 'in' colour, the colour to adorn wedding gifts such as canisters and woks. There was even orange wallpaper, curtains and carpet (marvellous for Fanta spills).

It now occurs to me, that in the 60's and 70's we were really in touch with our emotions. *Orange Underpants* explains why.



The colour purple also featured strongly and we were a generation (en masse) that explored our spirituality. We had yellow curry nights and consumed copious quantities of sweet yellow beverages. After reading *Orange Underpants*, now

I know why we thought we were such clever little people.

Ever wondered why some days at the office or at a meeting go swimmingly and on other days you are in the deep end without a floatie? Maybe you are a summer person in a snow storm or a winter person in a sauna? Don't get the significance? Well *Orange Underpants* will explain all.

Bed wetting...a nightmare for parents and children alike. You won't believe how simple the solution could be. When you read *Orange Underpants*, you will realize the power of the colour orange.

Turquoise will put words in your mouth, yellow will have you sparkling on all points. But beware, you must get the right tone and intensity.

Debourah goes on to say that "Again and again, I noticed that when my clients wore their correct tone and intensity of colour, positive things started to happen.

Before you put your foot forward.... Grab a copy of *Orange Underpants* by Debourah Borg-Sayer.... Colour

your world.....find the key to your emotional success. It's a good read.

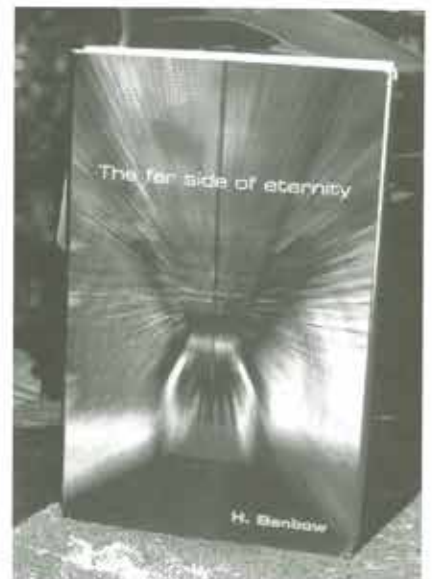
Available for \$25 through The Southern Cross Academy of Light. P.O. Box 1221, Neutral Bay 2089.

THE FAR SIDE OF ETERNITY

by Helen Benbow

The Far Side of Eternity has abundance; imaginative scope, realism, emotion, topicality and tension. This story is a fantasy that explores the nature of deities and our relationship with them; a stirring examination of the conflict between private and personal feelings and passions as against the duties of order and reason.

This work, as well as exploring moral and spiritual issues that endure into our time, is an individual and innovative piece, exploring the essential human themes of dilemma and loyalty in a style which swoops seamlessly between the earthly and the otherworldly. The world of the novel, though a fictional creation of some substance, is a dynastic arena as unpredictable and enigmatic as reality, one is populated by delicately drawn and individualised characters whose lives one quickly comes to care about.



This essential realism carries over into the body of the text itself. The writing is packed with the products of real storytelling; as in a good Hollywood epic, little insights and observations of intense human interest and colour combine with the fictional material to give the work a powerful relevance to its readers. The facts of the story are attached to images and feelings to which anyone can relate. Essential 'scene setting' details and other information are not relayed in huge indigestible chunks, but are instead woven carefully into the fabric of the plot itself. The dialogue is particularly well handled; informative and convincing.

In short, *The Far Side of Eternity* is a substantial and well-conceived piece of work that offers a deeply satisfying read.

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coming EVENTS

AN ESSENE EXPERIENCE -WALKING THE LABYRINTH, AWARENESS MEDITATION

The Academy of Light will continue to present workshops on the Essenes, which involves the practices and wisdom of the Essenes and helps teach self-healing. This workshop will also include the experience to walk the Labyrinth, which is a copy of the original on the floor of Chartres Cathedral in France. During the Middle Ages many people came to Chartres Cathedral to walk the Labyrinth as a substitute for making a pilgrimage to Jerusalem. It was an aid to prayer and meditation. During the meditation segment, new techniques involving breath will be shown and meditation practices will be discussed.

All these put together for an exciting concept for inner peace.

When: 27th August 2000

Where: Passionist Monastery, 138 Killeaton Street St Ives (city side) 9.30am – 1.00pm

Cost: \$35.00

Enquiries: please call (02)94523110 or (02)99133197

ALEXANDER EVERETT - CREATOR OF MIND DYNAMICS

Returns to Australia to teach Inward Bound and a taste of Cosmic Consciousness. A unique opportunity for spiritual empowerment. Now 79 years old, Alexander is described as the father of the Human Potential Movement and the teacher of teachers.

When: 18 - 19th November

Where: Passionist Monastery, 138 Killeaton Street St Ives (city side) 9.00am - 6.30pm

Cost: \$365 (early bird \$320 if paid by 31st October) concessions for repeat attendance, groups, pensioners and students (including high school students).

Enquiries: Robyn Simon (02) 4782 6274

ACADEMY MEETINGS

When: 1st Monday night of each month 7.30 to 9.30p.m.

Presenters: From Australia and overseas (see below).

Where: St. John's Uniting Church Hall, cnr. Barry & Yeo Sts. Neutral Bay (Sydney)

Cost: \$10

Enquiries: The Academy on (02) 991 331 97

Brian Latty – Evolution of Healing with Angelic Forces

On the 5th February, 1997, one hundred and seventeen people crammed into the hall at St. John's, Neutral Bay to hear Brian's magical story of life 'on the other side' and the gift of a healing technique the Angels had given him before he returned. Now, years later, Brian is coming back to speak at the Academy to share the latest happenings of his continuing journey.

When: 4th September, 2000

Virgil Armstrong – The New Seed of Consciousness & You.

Virgil Armstrong, 77, has been an active spiritual teacher for more than 35 years. He had positions in the US Military and CIA and was physically present at the second capture of a UFO at White Sands, New Mexico in 1948. Then he gave up everything from that life and went on a quest to find his spiritual truth. His two main sources of esoteric information are the greater American Indians and the extra-terrestrials known as the Guardian Forces. Virgil now lectures all over the world. He will be in Sydney until 19th October. For more information regarding Virgil Armstrong, his workshops and private readings phone Martha on (02) 9569 8525

When: 9th October, 2000

Judy McConchie – "Inspired and Channeled Images from Spirit."

As an artist that channels images from Spirit, the painting, "The Dove of Peace Breaking Through The Veils of Illusion" that was featured in the Millennium edition of Shining Bright, will be the focus of her talk. She is 'guided' to take this painting to many locations. Come and hear the amazing stories of this and other channeled paintings. While in Sydney, I will be available for readings that will hold specific 'messages' enhanced by 'guided' art symbols that will be created especially for you.

When: 6th November, 2000

Deborah Borg –Sayer (author of Orange Underpants) – "Psychology of Colour"

Learn how to use this very powerful tool consciously in your personal presentation, business life and environment. Colour is in our food, clothing and environment and is used constantly in advertising. The "Psychology of Colour" gives you insights into how you can use colour practically by learning what colour communicates to you and to others. You will also learn how colour vibrations influence every part of our daily lives - physically, mentally, emotionally and spiritually.

When: 6th December, 2000

Note: Meditation/Sound /Hands-on healing every other monday night

Cost: \$5

SPONSORSHIP/ADVERTISING

Shining Bright is currently circulated throughout Australia and Overseas - a circulation continually increasing in number. Hence, this is a wonderful way to network your goods, services, courses, workshops etc. to like-minded people!

SUBSCRIPTION: \$25

Shining Bright invites you to take the opportunity to advertise and/or be a sponsor. All advertisements must be in keeping with the Academy's Goal's and Objectives.

ENQUIRIES FOR ADVERTISING RATES: (02) 991 331 97 Fax: (02) 9913 3418

Mobile: 0415 48870

Costs to produce each issue are substantial, e.g., printing, postage, graphic design, stationery. All other work is voluntary. *Shining Bright* needs and welcomes your support in every way to continue Shining Brightly!!



Sayings from Sai Baba:

Today fear and restlessness are rampant all over the world. Man is haunted by fear wherever he is ; at home, in a car, in a train or in a plane! What is the reason? It is because the human mind is polluted with desire, greed, anger, etc. If man wants to enjoy peace and security, he should get rid of these bad qualities and lead his life keeping in view the welfare of the society. He should give up selfishness and develop unity.

BABA

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